

Angelos Kassianos BSc, MSc, PGCert, PhD, MBPsS, HCPC Reg., FHEA

[Scopus h-index: 15/Google Scholar citations: 1568]

D.O.B. 10 June 1983 (Nicosia – Cyprus)

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Research Interests

Health psychology and behavioral medicine applied in public health: psycho-oncology, digital health interventions, health behavior change, vaccination hesitancy, social contagion, diagnostic delays, palliative care, patient-report outcomes

Education

- Jul 2015 **Post Graduate Certificate in Health Psychology Practice**, University of Surrey, Guildford, UK (*supervisor: Dr Victoria Senior*)
- Modules:* Preparing to Teach, Research in Organizational Settings, Ethics and Professional Competence. Portfolio of practice submitted and evaluated.
- Feb 2014 **PhD in Health Psychology**, University of Surrey, Guildford, UK
- Thesis:* Understanding life-style related psychological processes after prostate cancer diagnosis (main supervisor: Dr Monique Raats).¹
- Oct 2008 **Master of Science (MSc) in Health Psychology** (with Merit), University of Surrey, Guildford, UK
- Modules:* Research Methods and Data Analysis, Conducting Health Psychology Research, Chronic Conditions, Epidemiology, Psychological Aspects of Health Care, Transport and the Environment – Analysis and Assessment, Maintaining Health throughout the Lifespan,

¹ PhD Thesis has received attention beyond academia, e.g. in a national German newspaper (Die Zeit)

Research and Professional Skills

Dissertation: Management of food in families with children aged 5-6 (supervisor: Prof. Jane Ogden)

Sep 2007 **Ptychion (BSc) in Psychology** (with Merit), Pantion University of Social and Political Sciences, Athens, GREECE

Overall mark: 6.8/10, *Dissertation:* Quality of Life among Women with Breast Cancer (supervisor: Dr. T. Georgiou)

Jul 2001 **Apolytirion (Baccalaureate)**, Archbishop Makarios III Lyceum, Nicosia, CYPRUS

Overall mark: 16 8/12 / 20

Work experience (Academic) – current positions in grey

Current Positions

Jan 2022-present **Lecturer in Health Psychology**, Cyprus University of Technology, Department of Nursing, Limassol, Cyprus

Teaching and Research

- Teaching (a) Introduction to Medical Sociology (1st year), Introduction to Psychology (1st year), Health Psychology (3rd year), Mixed Research Methods (MSc and PhD), Psychology in Motherhood (MSc in Obstetric Nursing)
- Supervising BSc, MSc and PhD students
- Leading research programs including those in the Cyprus Institute of Public Health.

Jul 2022-present **Tutor**, University of Cambridge, Institute of Continuing Education (ICE), Cambridge, UK²

Teaching

- Teaching the Health Psychology course (blended online and f-f) for Pre-Med students

Jan 2022-present **Special Scientist for Research (part time)**, University of Cyprus, Department of Psychology, Nicosia, Cyprus *Research duties:*

Research

- Coordinating the SAFEST project (funded by the Cyprus Research and Innovation Foundation (- Sep 2022) and the CARE project (funded by the Cyprus Cancer Research Institute (-Jul 2024)

Jan 2021-present **Research Coordinator/Consultant**, Pancyprian Federation of Cancer Patients and Friends (PASYKAF), Nicosia, Cyprus

Research

Research duties:

- Local Scientific Coordinator of EU Horizon funded project 'SMART LIVING HOMES – WHOLE INTERVENTIONS DEMONSTRATOR FOR PEOPLE AT HEALTH AND SOCIAL RISKS (GATEKEEPER)'. The Cyprus pilot mainly focuses on the early detection of the condition worsening of cancer and dementia patients by monitoring whether the use of technology can trigger appropriate management, thereby reducing the need for higher acuity care, and even, at times, improving survival by supporting demand-driven solutions through high-quality health mobile systems.

Jun 2012-present **Assistant Examiner**, International Baccalaureate

Teaching

Duties: Marking remotely the Psychology HL/SL Paper 1 for the International Baccalaureate Diploma Programme.

Previous Positions

² <https://www.ice.cam.ac.uk/about-us/staff-profiles/tutor/dr-angelos-p-kassianos>

<p>Jan 2019- Jan 2022</p> <p>Teaching and Research</p>	<p>Research Fellow/Marie Skłodowska-Curie Fellow, University of Cyprus, Department of Psychology, Nicosia, Cyprus</p> <p><i>Research duties:</i></p> <ul style="list-style-type: none"> - Primary Investigator (PI) of a project funded by the Research Promotion Foundation (2019-2021) aiming to develop and pilot a web platform helping patients adhere to prescribed medication (StayOnTrack). - Fellow of a Marie Curie fellowship (PRICE, 2019-2021) aiming to develop and pilot a nurse-led web tool helping cancer patients cope with pain and collect Ecologically Momentary Assessment (EMA) data. - Primary Investigator (PI) of a project funded by the Union for International Cancer Control (2019-2021) aiming to develop and pilot an online avatar-based tool to help women with breast cancer develop coping skills and support them throughout the treatment pathway (GIFTED). - Primary Investigator of a project funded by the Research and Innovation Foundation (2020-2022) aiming to understand the social contagion of anti-vaccination attitudes and beliefs (SAFEST). <p>Teaching duties: Supervising research projects of students participating in the ACT Healthy laboratory (smoking and e-cigarette smoking, breast cancer imaging).</p>
<p>Jul 2015 – May 2022</p> <p>Teaching and Research</p>	<p>Senior Research Fellow (Jul 2019 – May 2022), Postdoctoral Research Associate (Jul 2015-Jul 2019), University College London (UCL), Department of Applied Health Research, London, UK</p> <p><i>Research Duties:</i> Managing two large projects: a) Developing and testing an electronic Clinical Reasoning Skills Educational Simulation Tool (eCREST) for medical students and b) A clinical trial investigating COPD patients' medication adherence. Other duties include supervising a PhD, an MSc and a BSc student and four GP trainees, teaching, data collection and analysis, manuscript writing, R&D and ethics applications, tendering web developers etc. The UK Department of Health's Policy Research Unit (PRU) in Cancer Awareness, Screening and Early Diagnosis funds the project (PIs Prof Rosalind Raine and Dr Jessica Sheringham).</p> <p><i>Teaching Duties:</i> As part of my Research post a UCL, I lecture on Theory of Measurement (psychometrics) to Population Health BSc students, health inequalities/social determinants of health to 1st year MBBS medical students and on research methods to healthcare professionals on the NIHR Collaborations for Leadership in Applied Health Research and Care (CLAHRC) Academy. I am also developing online teaching materials for the UCL Medical School aiming to improve their consultation/clinical skills and decision-making.</p>
<p>Jan-Apr 2015</p> <p>Research</p>	<p>Fulbright Visiting Postdoctoral Research Scholar, Harvard Medical School, Dana Farber Cancer Institute, Department of Psychosocial Oncology and Palliative Care, Boston, MA, USA</p> <p><i>Duties:</i> Used statistical models to investigate life priorities during end-of-life care. The study is part of a larger cluster randomised control trial named 'Serious Illness Communication Project' which aims to evaluate the impact of implementing a "Serious Illness Communication Checklist" to guide patient/family-clinician discussions and planning about end-of-life care decisions.</p>
<p>Oct 2013-Dec 2014</p> <p>Research</p>	<p>Research Associate, University of Cambridge, Primary Care Unit, Department of Public Health and Primary Care, Cambridge, UK</p> <p><i>Duties:</i> Coordinated a project called "MelaTools" aiming to optimize the recognition of skin cancer melanoma. Duties included coordinating two studies: a national assessment of a Melanoma Decision Support Tool for GPs, and the development and assessment of tools for patients at higher risk of melanoma to assess their pigmented skin lesions. Other duties included applying for NHS ethics and R&D-Governance, recruiting participants, using mixed methods to analyse data and writing papers for peer-review publication. The National Institute of Health Research (NIHR) funded the project (PI Prof Fiona Walter).</p>

- Apr-Oct 2013
Research
Research Assistant/Research Design Services (RDS) Consultant, Imperial College London, Department of Primary Care and Public Health, School of Public Health, London, UK
Duties: Provided high-quality research advice to medical staff and students in the Faculty of Medicine and across NHS institutions in NW London specialising in medical statistics and mixed methods research. Provided support to medical researchers preparing grant applications to NIHR and other research granting bodies. Contributed to departmental projects, such as the evaluation of local health services (Integrated Care Pilot) using qualitative methods.
- Feb-Aug 2013
Research
Senior Research Assistant (part-time), University of Southampton, Faculty of Medicine, Department of Primary Care and Population Sciences, Southampton, UK
Duties: Worked on 2 projects: a) designed an intervention to manage prostate cancer patients' distress using group relaxation techniques and an e-intervention (PI Prof George Lewith) and b) designed a proof-of-concept trial to improve the Elicitation of Patients' Concerns in Primary Care Consultations (EPaC) (PI Dr Geraldine Leydon).
- Feb-May 2013
Teaching
Associate Lecturer (part-time), University of Chichester, Department of Psychology and Counselling, Chichester, UK
Duties: Taught, marked and conducted practical seminars for the PSY106 Perspectives on Psychology Module (1st undergraduate year) covering the history of psychology. Also provided additional marking for a Research Methods module.
- Jul-Aug 2012
Research
Research Assistant, University of Surrey, Department of Psychology, Guildford, UK
Duties: Worked with Dr Almuth McDowall on a pilot project: "Return to work after long-term sickness absence: pilot to prepare a research bid for a controlled trial of an accessible intervention". Planned, conducted and analysed 10 pilot interviews; contacted participants/ built up database, liaised with Faculty of Arts and Human Sciences (FAHS) technician to put survey online; generated data (N = 50); and analysed data, prepared draft notes for report.
- May-Jul 2012
Research
Intern, World Health Organization (WHO), Department of Mental Health and Substance Abuse, Geneva, SWITZERLAND
Duties: Contributed to the development of the *Global Status Report on Alcohol and Health* (Led by Alexandra Fleischmann). (1) I collated information on topics related to Substance Abuse and compiling and verifying country profiles and related indicators; (2) I conducted literature searches and other technical input to the process of development, publishing and dissemination of technical reports; and (3) I contributed to projects and activities on the day-to-day basis.
- Oct 2009-May 2012
Teaching
Teaching Assistant and Coursework Marker, University of Surrey, Department of Psychology, Guildford, UK
Duties: First and second Marker of undergraduate students' essays, posters and lab reports on various modules (Research Methods – Cognitive, Social Psychology, Bio Bases of Psychology, Developmental Psychology) and also Teaching Assistant and Demonstrator (Research Methods-Cognitive). Finally teaching about Cancer to MSc students in Health Psychology (module PSY M004 Chronic Conditions)

Invited Visits

- Jan – May 2018
Teaching
Special Scientist (visiting), Frederick University, Department of Psychology, Nicosia, Cyprus
Duties: Taught the 'Health Psychology' module to undergraduate students.
- Sep 2017-May 2018
Special Scientist (visiting), Cyprus University of Technology, Nursing School, Nicosia, Cyprus
Duties: Taught the 'Qualitative research methods' module to MSc and PhD students.

Teaching

- Feb-May 2017 **Visiting Professor**, University of Turin, Department of Psychology, Turin, Italy
Teaching *Duties:* Taught the 'Research methods and techniques in clinical social psychology' lab for psychology students (master). The lab covered research design and analyses (in SPSS) aspects of research.
- Sep-Dec 2014 **Special Scientist (visiting)**, University of Cyprus, Department of Psychology, Nicosia, Cyprus
Teaching *Duties:* Taught the postgraduate module Psychopharmacology (PSY 711) to doctoral and master psychology students.
- Oct-Dec 2013 **Special Scientist (visiting)**, University of Cyprus, Department of Psychology, Nicosia, Cyprus
Teaching *Duties:* Taught 1st-year undergraduate medical students a module on "Psychology in Medical Practice (PSY 206)".

Clinical and other experience

- Jan-Jun 2010 **Health Psychology Trainee** (134 hours), Queen Elizabeth's Foundation Independent Living Services, Leatherhead, UK
Duties: Provided support to people with learning disabilities and brain injuries under the supervision of a Chartered Health Psychologist; Developed, conducted and evaluated a consultancy project (Men's Health Group); and worked on one-to-one sessions with clients on various aspects of their health (healthy eating, behaviour change etc).
- Apr-Jun 2007 **Assistant Psychologist** (450 hours), Children Psychiatric Clinic of "Ayia Sofia" Children Hospital, Athens, GREECE
Duties: Provided counselling and support to diverse child patients under the supervision of a clinical psychologist.
- Aug 2006 **Student Visitor** (47 hours), Mental Health Services, Cyprus Ministry of Health, Nicosia, CYPRUS
Duties: Study visits to be briefed about the role of Clinical Psychologists at the various units and general functions of Mental Health Services in Cyprus and observe discussions of the Multidisciplinary Teams.
- Jul 2001 - Aug 2003 **Army Service**, served the Cypriot Army Forces as a Second Lieutenant (appointed after passing the written and physical exams)

Major Invited Talks

Kassianos A.P. (2022, November). Panel Discussion. **Workshop EIT Health i-Days 2022** organised by Junior Achievement (JA) Cyprus, **Scientific Panel**, Nicosia, Cyprus.

Kassianos, A.P. (2022, October). Developing novel methods to measure and assess quality of life of patients with cancer. **Seminar** (virtual) for National Quality of Life and Cancer Platform by CHRU Nancy.

Kassianos, A.P. (2022, June). *Developing and evaluating evidence-based digital health interventions: case studies and good practices [η ανάπτυξη και αξιολόγηση παρεμβάσεων υγείας με τη χρήση της τεχνολογίας: παραδείγματα και καλές πρακτικές].* **Topic:** eLily2 project **Seminar**, Limassol, Cyprus.

Kassianos, A.P. (2022, May). *Developing innovative tools for assessing health-related quality of life of cancer patients [ανάπτυξη καινοτόμων εργαλείων για την αξιολόγηση της ποιότητας ζωής ογκολογικών ασθενών].* **Topic:** Mediskin **Seminar Series** 'perspectives on skin side effects of cancer therapy'. Limassol, Cyprus.

Kassianos, A.P. (2022, April). *Developing and evaluating evidence-based digital health interventions.* **Topic:** European Federation for Psychology Students Associations (EFPSA) **Congress**, Agros, Cyprus.

Karekla, M and **Kassianos A.P. (2022, March)**. **Topic:** 5th Annual Bedford VAMC Social Work **Symposium**, Hindsight is 2020: Perspectives on Race, Reality & the Pandemic (virtual).

Kassianos, A.P. (2022, February). *Hesitancy towards vaccinations: Lessons learnt from local and international studies*. **Topic:** Cyprus University of Technology Department of Nursing **PhD Seminar**, Limassol, Cyprus.

Kassianos, A.P. (2021, September). *Moving beyond traditional methods of identifying and overcoming negative attitudes towards vaccinations (ACTION team)*. **Topic:** **Fellows Seminar** presentation at the Montpellier Advanced Knowledge Institute of Transitions (MAKiT), Montpellier, France.

Kassianos, A.P. (2021, April). *Tensions in caring for patients with chronic conditions in terms of medication adherence: Evidence from interviews with medical doctors in Cyprus*. **Topic:** Understanding Health through Qualitative Methods: Perspectives from Clinical, Social and Health Psychology, **Virtual Symposium** organised by the University of Cyprus, Social Psychology Committee and the Cyprus Psychologists' Association.³

Kassianos, A.P. (2019, November). *Journey to become an academic/researcher in Health Psychology*. **Topic:** **Invited Lecture** at St Mary's University, London, UK.

Kassianos, A.P. (2018, October). *The impact of Specialized Palliative Care on cancer patients' Health-Related Quality of Life: A systematic review and meta-analysis*. **Topic:** Psychology and Health: Best Practices in Practice **Conference**, Nicosia, Cyprus.⁴

Kassianos, A.P. (2018, February). *Using online simulations to teach medical students clinical reasoning applied to tasks faced in primary care*. **Topic:** Cyprus University of Technology Nursing School **Research Seminar**, Limassol, Cyprus.

Kassianos, A.P. (2016, December). *'Get Together Case': Use by KUSOM IMED students*. **Topic:** Koç University School of Medicine **Faculty Meeting**, Istanbul, Turkey.

Kassianos, A.P. (2016, October). *Tackling Europe's key health challenges: From treating disease to preventing disease*. **Topic:** **Public Hearing** at the European Parliament: 'Towards an mHealth framework for Europe', Brussels, Belgium⁵.

Kassianos, A.P. (2015, June). *[Οι επιπτώσεις της οικονομικής κρίσης στην υγεία και στα συστήματα υγείας – Ευρήματα και διδάγματα για την Κύπρο] The impact of economic crisis in health and health systems: findings and evidence for Cyprus*. **Topic:** **Invited talk** at Promitheas Institute Conference in memory of Rolandos Katsiaounis, Nicosia, Cyprus.

Kassianos, A.P. (2015, April). *Psychosocial Oncology*. **Topic:** **Invited Lecture** at the Hellenic College (Health Psychology Module), Boston, USA.

Kassianos, A.P., Coyle, A., Raats, M (2014, July). *Perceived influences on post-diagnostic dietary change among a group of men with prostate cancer*. **Topic:** **Qualitative Research Forum**, University of Cambridge, Primary Care Unit in Cambridge, UK.

International and National Committees and Panels

Sep 2022-present	Committee Member of Cyprus University of Technology Working Group on research procedures
Aug 2022-present	Ordinary member of the European Health Psychology Society (EHPS) Executive Committee (EC)
Jan 2022-present	Council Member of the Cyprus University of Technology's Department of Nursing Council
Nov 2021 - present	Head of the Research and Innovation and Digital Transformation Bureau of the Cyprus Progressive Party of Working People (AKEL)
Oct 2020 - present	Member of ISOQOL's working group on PROs in clinical practice and real-world data.
Jun 2020 - present	Member of the NIHR-MRC Trials Methodology Research Partnership (TMRP) Outcomes Working Group.
Nov 2019 - present	Committee Member at the Parallel Parliament's Committees of Civil Society and of

³ <https://ucy.ac.cy/qualmethodshealthpsy/programme>

⁴ <https://www.cypsa.org.cy/psychology-health-best-practices-in-practice-en/>

⁵ <http://www.i-prognosis.eu/?p=1329> / <http://www.europarl.europa.eu/cmsdata/109034/1.%20A.%20Kassianos.pdf>

	Environment, Ecology and Health and Vice Chair of the Committee of Public Health, Cyprus Parliament
Sep 2019 - present	Special Interest Group member of EHPS SIG Digital Health & Computer Tailoring
Sep 2018 – Sep 2023	COST Action Management Committee Member , Towards an International Network for Evidence-Based Research in Clinical Health Research
Aug 2018 - present	Task Force Member of the European Health Psychology Society to examine Health Psychology as an applied profession.
Apr 2018 - present	Quality of Life Group Member of the European Organization for Research and Treatment of Cancer (EORTC) (Meetings: Brussels, Oslo)
Oct 2017 - present	Board Member of Prevention and Intervention , European Federation of Psychologists' Association (EFPA)
Jan 2017 - present	National Editor of the Practical Health Psychology initiative http://practicalhealthpsychology.com/editorial-board/
Aug 2015 - present	National Delegate (ND) of Cyprus at the European Health Psychology Society (EHPS)
Apr 2020 – Sep 2021	Member of the Health Psychology Exchange , a collaboration between a group of health psychology professionals, who are sharing practice, research and publications to support each other's response to the COVID pandemic.
Sep 2021 – Jan 2022	Member of the Cyprus University of Technology's scientific committee on COVID-19 University Community Empowerment
Jan 2020 – Oct 2021	Board Member of eHealth Project Group , European Federation of Psychologists' Association (EFPA). http://ehealth.efpa.eu/members/
Sep 2017 – Sep 2020	'Proxy Task Force' Member ('Best Practices for the Collection, Analysis and Reporting of Proxy Data for Patient-Reported Outcomes in Adults') for the International Society for the Quality of Life Research (ISOQOL)
Jan 2016 – Jan 2020	Research Committee Member of the International Psycho-Oncology Society (IPOS)
Feb 2012	Organizing Committee Member of the University of Surrey Postgraduate Research Conference, Guildford, UK
May 2011-May 2012	Student Representative at the Academic Board for the PhD Programme & Stage 2 PG Certificate in Health Psychology Practice, University of Surrey
Jul 2006	Organizing Committee Member of the 26th International Congress of Applied Psychology, Athens, Greece

Accreditation

Jan 2019	UCL Arena Open / HEA Assessor , UK Trained as a UCL Arena Open assessor and in this role supporting other UCL staff to obtain HEA Fellowship.
Sep 2017	UCL Arena Open Fellow , UK The Fellowship is awarded on the basis of successful experience of teaching, supporting students' learning and leading an aspect of education at UCL
May 2017	Fellow of the Higher Education Academy (FHEA) , UK The Fellowship is awarded to professionals who apply and meet the UK Professional Standards Framework (UKPSF) for teaching and supporting learning in higher education. Portfolio of teaching submitted and evaluated.
Apr 2017	Accreditation as Health Psychologist by the UK Health & Care Professions' Council (HCPC), registration number: PYL34305
Jun 2011	General Certificate in Psychotraumatology , European Society for Traumatic Stress Studies (ESTSS)
Aug 2009 – May	Associate Fellow of the Higher Education Academy , UK – recognition ref.: 38111.

Funding Awards (grants)

Current Funding

Project title: **Baby Buddy Communicators: A socially interactive cross-sectoral communication skills-building training for competent antenatal educators who "make every contact count".**

Funding body: Erasmus+ small-scale partnership (PI: Prof Nicos Middleton, Cyprus University of Technology)

Amount: 20,000 €

Period: Oct 2022-Oct 2024

Role: **Co-Investigator**

Project title: **Developing a digital intervention with a virtual coach for frontline healthcare workers treating COVID-19 patients.**

Funding body: Charities Aid Foundation (CAF) Resilience and Recovery Fund.

Amount: £49,940

Period: Sep 2022-Sep 2023

Role: **Principal Investigator**

Project title: **Collective dynamics of health opinion contagion: the COVID19 infodemic and its effects on decision-making processes (DCODES) [DINÁMICAS COLECTIVAS DE CONTAGIO DE OPINIONES SOBRE SALUD: LA INFODEMIA DE COVID19 Y SUS EFECTOS SOBRE LOS PROCESOS DE TOMA DE DECISIÓN (DCODES)].**

Funding body: National Research Plan in Spain. (PI: Javier Alvarez-Galvez, University of Cadiz).

Amount: 163,246€

Period: Sep 2021-Sep2023

Role: **Collaborator**

Project title: **Development of novel medical-grade skincare products for oncology patients (MEDISKIN).**

Funding body: SEED Grant (Development of internationally competitive innovative products and services by startups) funded by the Cyprus Research and Innovation Foundation. (PI: Marianna Prokopi-Demetriades, German Oncology Centre).

Amount: 498,505€ (Subset 19,500€)

Period: June 2021-June 2023

Role: **Co-Investigator**

Description: The proposal brings together a group of highly motivated SME startups and several leading research and clinical institutions in Cyprus, putting together a multidisciplinary consortium with substantial resources and expertise in biomaterials, skin health, cancer medicine, finance, and marketing, in order to develop and commercialize novel skincare products that will be able to successfully compete on the international market⁶.

⁶ <https://ygeia-news.com/synedria/epistimonikes-ekdiloseis/enarktiria-synantisi-toy-diktyoy-synergiasias-toy-ergov-mediskin/>

Project title:	Cancer, allostatic load, and regulation of emotions: How stress and emotion regulation impact mental and physical health of breast and testicular cancer patients (CARE). ⁷
Funding body:	Bridges in Research Excellence grant scheme funded by the Cyprus Cancer Research Institute (CCRI). (PI: Maria Karekla, University of Cyprus).
Amount:	200,000€
Period:	Jun 2021-Jun 2024
Role:	Co-Investigator
Description	The CARE project aims to examine a wide range of biological and psychological stress markers in breast and testicular cancer patients: how their levels change throughout the first year after cancer diagnosis and how these biomarkers interact with patients' emotion regulation ability and psychological flexibility. We will study the impact of these markers on physical and mental health and on cancer progression and treatment response using biochemical, epigenetic, and behavioral techniques. We will also assess how these stress-related changes can be managed using a modern, brief, easy and accessible eHome-care, self-delivered intervention, via momentary ecological assessment of emotions and health indices, to enhance emotion regulation skills, functionality, and wellbeing.

Project title:	Smart Living Homes – Whole Interventions Demonstrator for People at Health and Social Risks (GATEKEEPER).
Funding body:	EU Horizon 2020 (Research and Innovation) Grant (PIs: German Gutierrez, Medtronic Iberica).
Period:	Sep 2019- Jun 2023
Role:	Local Scientific Coordinator representing Cyprus Association of Cancer Patients and Friends.
Description	GATEKEEPER is a European Multi Centric Large-Scale Pilot on Smart Living Environments. The main objective is enabling the creation of a platform that connects healthcare providers, businesses, entrepreneurs, and elderly citizens and the communities they live in, in order to originate an open, trust-based arena for matching ideas, technologies, user needs and processes, aimed at ensuring healthier independent lives for the ageing populations. https://www.gatekeeper-project.eu/

Project title:	Tackling anti-vaccination: mapping the social transmission of beliefs and attitudes (SAFEST)
Funding body:	EXCELLENCE Grant (Life Sciences) funded by the Cyprus Research and Innovation Foundation
Amount:	247,204€
Period:	Sep 2020-Feb 2023
Role:	Principal Investigator
Description	The project will use Social Network Analysis (SNA) methods to investigate the social contagion of vaccination attitudes of parents of primary school children and experimentally test contagion using 'intervention ambassadors'. http://safest.3ahealth.com/#about

Project title:	Moving beyond traditional methods of identifying and overcoming negative attitudes towards vaccinations (ACTION team)
Funding body:	Constructive Advanced Thinking (CAT) award
Period:	Feb 2020-Feb 2023
Role:	Team Coordinator Team: Javier Alvarez-Galvez (University of Cadiz), Ilaria Montagni (University of Bordeaux), Antonio Rojas-Garcia (Imperial College London), Ourania Kolokotroni (University of

⁷ <https://www.ccri.org.cy/2021/04/grants-announcement/?fbclid=IwAR18gJniLKYbXmCmcHLorch1iYwIwF4P2HLHZ8gr7i5fEStobpv3u93-pnc>

Nicosia), Catharina Margaretha Reynen-de-Kat (WHO Europe).

Description http://netias.science/project_constructive-advanced-thinking

Project title: **The development of population health and associations with social networks: The case of Germany**

Funding body: EUROLAB Grant funded by the EUROLAB Grant competition, GESIS Leibniz Institute for the Social Sciences.

Period: Feb-Nov 2022

Role: **Principal Investigator**

Previous Funding

Project title: **Testing and Evaluating the Collection of Patient Reported Outcomes In Cancer CarE Using Innovative Approaches: The ePROM Digital Health Tool (PRICE)**

Funding body: Marie Skłodowska-Curie Fellowship funded by the Cyprus Research and Innovation Foundation (2nd Chance/Young Researchers)

Amount: 150,000€

Period: Sep 2019 – Sep 2022

Role: **Fellow**

Description The PRICE project aims to develop and evaluate a digital health tool (ePROM), collecting PROMs at the clinic and additional Ecological Momentary Assessment (EMA) of pain using a mobile application.

Project title: **Exploring the needs of medical education providers to scale up the uptake of a novel simulation-based online learning tool**

Funding body: Funded by UCL Knowledge exchange and innovation funding

Amount: £14,997

Period: Jun-Dec 2021

Role: **Principal Investigator**

Description The aim of this Knowledge Exchange (KE) project is to partner with medical education providers so to invest on scaling up an online tool for teaching clinical reasoning (eCREST) with non-university settings and other professional groups beyond medical students and decide on the business model and costing strategies.

2020 **Member of a series of international project teams in response to the COVID-19 pandemic crisis:**

a) Coping Mechanisms and Behaviours Related to COVID-19 (COVID-19 IMPACT study) **Co-PI (with Maria Karekla and Andrew Gloster)**

<https://ucy.ac.cy/acthealthy/en/covid-19-impact-survey#Top>

An international prospective survey study looking into coping mechanisms and related behaviours. Led by University of Cyprus ACT Healthy laboratory and University of Basel.⁸

b) Investigating Feelings and Behaviors Related to COVID-19 (PSACR). **International Partner**

An international study investigating compliance with health promoting behaviors and/or managing negative feelings associated with the pandemic and led by the Psychological Science

⁸ International attention: https://www.psicologo-melzo.com/psicologia-coronavirus-emozioni-comportamento-ricerca.html?fbclid=IwAR1c9OeJ12T42aHRw7veNVkk85fM6MT1aKH1ihHxJbmECGTY_c5ctAKtKB8

Accelerator.

c) Your COVID-19 Risk study. **Cyprus Team Chair**⁹

<https://your-covid-19-risk.com/>

An international study initiated through EHPS members and aiming to develop a behavioral risk calculator for COVID-19.

d) International COVID-19 Awareness and Responses Evaluation (iCARE) study. **International Partner**¹⁰

<https://mbmc-cmcm.ca/covid19/>

An international survey study to assess awareness, attitudes, and adherence to local prevention measures related to hygiene, social distancing and self-isolation in both a global convenience sample (which will include Canada) and a Canadian nationally representative sample. Led by the Montreal Behavioral Medicine Centre.

e) EUCLID-Project Risk perceptions & behavior in the context of the current Coronavirus outbreak. **International Partner**

<https://euclid.dbvis.de/home>

In response to the ongoing public health emergency due to the Coronavirus (SARS-CoV-2 and the associated disease COVID-19) outbreak worldwide, the University of Konstanz developed an online survey "EUCLID" to track: 1. Subjective health & symptoms, 2. Perceived risk & outbreak related perceptions, 3. Protection motivation & behavior, 4. Expected future developments of the current outbreak.

f) Will the Future Never be the Same? Letters from a Post-Corona Future. **Collaborator**

Part of the analysis team with Dr Miltos Hadjiiosif (UWE) of a qualitative study exploring how do people envision their future lives and the future world once the current coronavirus outbreak led by University of Twente.

Project title: **Psychosocial factors related to the use of electronic cigarettes [Ψυχοκοινωνικοί παράγοντες που σχετίζονται με τη χρήση ηλεκτρονικού τσιγάρου].**

Funding body: Grant funded by the Cyprus Anti-Drugs Council (PI: Dr. Maria Karekla, University of Cyprus).

Amount: 5,000€

Period: Feb 2020-Feb 2021

Role: **Co-Investigator**

Project title: **Guiding metastatic breast cancer women after diagnosis to meet unmet needs: an avatar-based web platform (GIFTED)**

Funding body: SPARC Metastatic Breast Cancer Challenge Grant funded by the Union for International Cancer Control (UICC)

Amount: 24,000 \$

Period: Oct 2019 – Feb 2021

Role: **Principal Investigator**

Description: <https://www.uicc.org/case-studies/guiding-metastatic-breast-cancer-women-after-diagnosis-avatar-based-platform>

The aim of the project is to develop/pilot an avatar-based online tool to guide women with metastatic breast cancer through their treatment pathway and help with coping.

⁹ Local outreach: <https://dialogos.com.cy/analysis-i-molynsi-apo-ton-io-epireazei-ti-symerifora-mas/>

¹⁰ Local outreach: <https://paideia-news.com/ekpaideysi/2020/12/04/pagkosmia-ereyna-gia-pandimia-gia-covid-19/?fbclid=IwAR31AY6JFRHRuLvEHudnowa0p2FN3PMK6IRO4AioIyYhB3mSxLwKyodTbto>

Project title: **Understanding the contribution of physician associates to referral and recognition of cancer in primary care using online patient simulations**

Funding body: Grant funded by the UK National Institute of Health's Policy Research Unit (PRU) in Cancer Awareness, Screening and Early Diagnosis

Amount: £64,000

Period: Sep 2019 – Dec 2020

Role: **Co-Principal Investigator** (with Dr. Jessica Sheringham)

Description The aim of the project is to understand how Physician Associates (PAs) might contribute to cancer recognition and referral in primary care by: (a) Characterising the landscape into which PAs will support recognition and referral of cancer in primary care through a rapid review of relevant literature and policy; (b) examining the clinical reasoning styles of final year student PAs using online patient simulations of possible cancer; and (c) developing and convening an expert workshop to identify implications for policy and practice

Project title: **Using online patient simulations to improve the clinical reasoning skills of medical and nursing students in Cyprus [Χρησιμοποιώντας διαδικτυακές προσομιώσεις ασθενών για τη βελτίωση των δεξιοτήτων κλινικής συλλογιστικής των φοιτητών ιατρικής και νοσηλευτικής στη Κύπρο].**

Funding body: Funded by the Youth Board of Cyprus (76/2018)

Amount: 4,150€

Period: Apr 2019-Oct 2021

Role: **Principal Investigator**

Description The aim of this project is to adapt and pilot an online patient simulation tool for teaching clinical reasoning with medical and nursing students in Cyprus.

<https://www.med.unic.ac.cy/2019/09/06/e-crest-project-an-evaluation-of-an-online-patient-simulation-training-tool-e-crest-to-improve-the-clinical-decision-making-skills-of-medical-students/>

Project title: Multiple health behaviour development in a transitional society: The case of Estonia.

Funding body: **Funded by the Estonian Archimedes Foundation.**

Amount: 750€

Period: Feb – Nov 2019

Role: **Principal Investigator**

Description The study's objective is to explore how alcohol intake, smoking and physical activity engagement are developed in a cohort in Estonia (Estonian Children Personality Behaviour and Health Study) and how these health behaviours impact biological and self-report health outcomes.

Project title: **Stay on Track: a web platform to help with adhering to prescribed medication.**

Funding body: Social Innovation Grant (SOCIALINNO/0617/0014) funded by the Cyprus Research Promotion Foundation (programme RESTART 2016-2020)

Amount: 99,900€)

Period: Dec 2018 – Dec 2021

Role: **Principal Investigator**

Description The project's objective is to design, develop and promote a web platform and smartphone application to (a) help patients to adhere to their medication (patient interface), and (b) help clinicians prescribing medication to more accurately monitor their patients' adherence (clinician interface).

<http://www.stay-on-track.3ahealth.com/>

Project title: **Changing how the brain responds when making healthy decisions: Translating neuroscience into population health**

Funding body: Frontiers Pilot Award (ULI TR002366) funded by Kansas University Medical Centre (KUMC), (PI L. Martin, Kansas University)

Amount: \$20,000

Period: Sep 2018-Jun 2019

Role: **Co-Investigator**

Description: Pilot study to examine brain activation, temporal discounting, and food demand and food choices related to positive affect and episodic future thinking guided imagery. This is the neuroscience part of the project.

Project title: **'Stay Healthy After Baby': A cross-national study to support smoking abstinence and inter-related cancer prevention behaviours among postpartum women.**

Funding body: International Innovation Grant: Reference: C54889/A25592 funded by Cancer Research UK Population Research Committee - BUPA Foundation Fund, (PI C. Notley, University of East Anglia)

Amount: £40,000

Period: Aug 2017-Mar 2019

Role: **Co-Investigator**

Description: The project aims to develop a prototype intervention to target continued abstinence from smoking, combined with increased rates of breastfeeding and physical activity among postpartum women.

<https://www.uea.ac.uk/medicine/research/addiction/project-hatch>

Project title: **Changing how people think and feel about cancer prevention behaviours: Translating neuroscience into population health.**

Funding body: International Innovation Grant (Reference: C63941/A25647) funded by Cancer Research UK Population Research Committee - BUPA Foundation Fund (PI N. Mdege, University of York)

Amount: £39,597

Period: Aug 2017-Mar 2019

Role: **Co-Investigator**

Description: Pilot study to examine brain activation, temporal discounting, food demand and food choices related to positive affect and episodic future thinking guided imagery.

<https://www.york.ac.uk/healthsciences/research/public-health/projects/cancer-prevention-behaviours/>

Project title: **Increasing clinical reasoning capacity in future doctors in Turkey: Adapting a UCL training tool in respiratory diagnosis using online simulation methods for different contexts**

Funding body: Funded by the UCL Global Engagement Funds

Amount: £500

Period: Nov 2016

Role: **Principal Investigator**

Description: Adapting and piloting an online medical tool (eCREST) in Turkey with students at Koc University School of Medicine.

Project title: **StayInTrack start-up**

Funding body: Scholarship by SignalGenericX IoT Innovation Challenge in collaboration with the Founder

Amount: Institute Cyprus
Period: Nov 2015
Role: **Co-founder**

Project title: **StayInTrack start-up**
Funding body: Award for top-6 start-ups at the Cyprus Entrepreneurship Competition 2015.
Amount: 200€
Period: Oct 2015
Role: **Co-founder**

Grants pending review

Project title: **Using health behavioral innovations to improve the quality of life of patients and the public (HEALTH INNOVATIONS)**

Funding body: Cyprus SEEDS
Amount: 29,848 €
Period: Jan 2023-Jun 2024
Role: **Principal Investigator**

Description: Health Innovations will accelerate TRL4 prototypes of evidence-based technological solutions targeting patients' behavior change or collecting patient reported outcome measures. This can lead to reductions of healthcare costs, improve patient outcomes, and help with delivering patient-centred care.

Prizes/Fellowships (personal)

Nov 2020 **Visiting Researcher Scholarship** by the EUROLAB Grant competition, GESIS Leibniz Institute for the Social Sciences to perform secondary data analyses on the development of population health and associations with social networks in Germany. **Scholar**

Sep 2019 – Sep 2021 **Marie Skłodowska-Curie Individual Fellowship** by the Research and Innovation Foundation (2nd Chance/Young Researchers). **Fellow** (150,000€).

Feb-Nov 2019 **Visiting Researcher Estophilus Scholarship** by the Estonian Archimedes Foundation to perform 2 study visits at the University of Tartu and perform secondary data analyses on the Estonian Children Personality, Behaviour and Health Study. **Scholar** (750€)
<http://www.ecpbhs.ee/en/estophilus-scholarship/>

Dec 2018-Oct 2021 **Scholarship** by the Youth Board of Cyprus to perform a study on 'Using online patient simulations to improve the clinical reasoning skills of medical and nursing students in Cyprus'. **Scholar** (4,150€)

May 2017 **Bursary** by Cancer Research UK and National Cancer Institute to attend the 2017 Sandpit on Knowledge Integration Across Health Domains, Professions, and Nations to Advance Cancer Prevention in Pottomac, USA. **Scholar**
<https://cancercontrol.cancer.gov/brp/events.html#past-event-4>

December 2016 **Global Engagement Strategy Leadership Fund** by the UCL Global Engagement Office for a study visit at Koc Medical School, Istanbul, Turkey. **Scholar** (£500)
<https://www.ucl.ac.uk/global/news/2017/apr/fostering-innovative-european-collaborations>

Aug 2016	Bursary by the National Centre for Research Methods (NCRM) to attend the Autumn School 'The use of biomarkers in social science research'. <u>Scholar</u>
Jan-Apr 2015	Fulbright Visiting Research Scholarship to make a 4-month visit to the Dana Farber Cancer Institute, Harvard Medical School, Boston, USA. <u>Visiting Scholar</u> (\$ 12,850)
Apr 2013	Bursary by the British Psychological Society (BPS) – Qualitative Methods in Psychology Section to present at the 2013 European Health Psychology Society Conference. <u>Presenter</u> (£250)
Nov 2012	Postgraduate Study Visit Scheme Award by the British Psychological Society (BPS) to visit the Department of Biological Psychiatry, Medical University of Innsbruck, Austria. <u>Scholar</u> (£400)
Nov 2009, 2012, 2017	Travel Award by the European Organization for Research and Treatment of Cancer (EORTC) to attend the 1 st and 3 rd Conference and Course, Brussels, Belgium. <u>Scholar</u>

Awards

Dec 2020	2020 Young Researcher Award (Social Sciences and Humanities) at the annual Research Awards Cyprus of the Research Innovation Foundation. <u>Awardee</u> ¹¹
Aug 2018	2018 Early Career Award of the European Health Psychology Society (EHPS) which recognises outstanding research excellence, contributions made to the EHPS and/or contributions to professional practice made by EHPS members within 5 years of their PhD <u>Awardee</u>
Mar 2017-Mar 2018	2017 Young Transatlantic Innovation Leader Initiative (YTILI) Fellow , a programme of the U.S. Department of State in partnership with the German Marshall Fund of the United States (including a 2-week placement at the Centre for Entrepreneurial Innovation at Phoenix, USA: http://blog.ceigateway.com/blog/ytili-pitch-2017). <u>Fellow</u>

Grant Reviewer

Nov 2021-present	External Evaluator for the Marti-Franques COFUND Fellowship programme, Universitat Rovira I Virgili
Aug 2021-present	External Evaluator for University of Malta Internal Funding Scheme in 'Arts, Humanities & Social Science'
Jul 2020	Grant Reviewer for FAST Healthcare Networks (UK) for a Call for Initiator Projects in Early Cancer Detection. Project Title: Early detection of skin cancer by using mobile devices at point of care

Publications

Full-length articles in peer-reviewed journals *

2022

Joyal-Desmarais, K., Stojanovic, J., Kennedy, E.B., Enticott, J.C., Gosselin Boucher, V., Vo, H., Košir, U., Lavoie, K.L., Bacon, S.L. on behalf of **iCARE Study Team (2022)**. How well do covariates perform when adjusting for sampling bias

¹¹ Local attention: <https://inbusinessnews.reporter.com.cy/business/services/article/264845/dr-angelos-kassianos-brabeio-erevvas-sti-thematiki-enotita-koinonikes-kai-anthropistikes-epistimes>
<https://www.research.org.cy/kypriaka-vraveia-kainotomias-kai-erevvas-oi-fetinoi-megaloi-nikites/>
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in online COVID-19 research? Insights from multiverse analyses. *European Journal of Epidemiology* <https://doi.org/10.1007/s10654-022-00932-y> IF: 12.434

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Gökçen, A., **Kassianos, A.P.**, Karekla, M., Gloster, A. (2022). COVID-19 Pandemisinde Stres ve Bireylerin Pandemi Sonrasında Yapacakları İlk Etkinlikler [Perceived stress in COVID-19 and the first post-lockdown activities]. *Trakya Journal of Education*, 12(3): 1372-1385.

Hughes, S., **Kassianos, A.P.**, Everitt, H., Stuart, B., Band, R. (2022). Planning and developing a web-based intervention for Active Surveillance in prostate cancer: An integrated self-care programme for managing psychological distress. *Pilot and Feasibility Studies*, 8:175 <https://doi.org/10.1186/s40814-022-01124-x>

Koller, J.E., Villinger, K. Lages, N.C., Absetz, P., Bamert, M., Branquinho, C., Chaves-Avilés, L., Dimitropoulou, P., Fernández-Fernández, A.L., Gaspar de Matos, M., Griskevica, I., Gutiérrez-Doña, B., Hankonen, N., Inauen, J., Jordanova Peshevska, D., **Kassianos, A.P.**, Kolsenikova, J., Lavrič, M., Mitankovska, T., Neter, E., Poštuvan, V., Trups-Kalne, I., Vargas-Carmioli, J., Schupp, H.T., Renner, B. (2022). Individual and collective protective responses during the early phase of the COVID-19 pandemic in 10 different countries: Results from the EUCLID online-survey. *International Journal of Infectious Diseases*, 122, 356–364. IF: 3.623

Psychological Science Accelerator Self-Determination Theory Collaboration¹² (2022). A global experiment on motivating social distancing during the COVID-19 pandemic. *Proceedings of the National Academy of Sciences*. 19(22), e2111091119, DOI: 10.31234/osf.io/n3dyf IF: 11.205

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Kyprianidou, M.*, Konstantinou, P.*, Alvarez-Galvez, J., Ceccarelli, L., Gruszczynska, E., Loumba, N., Mierzejewska-Floreni, D., Montagni, I., Tavoschi, L., Karekla, M., **Kassianos, A.P.** (2022). Profiling hesitancy to COVID-19 vaccinations in six European countries: Behavioral, attitudinal and demographic determinants. *Behavioral Medicine* <https://doi.org/10.1080/08964289.2022.2071198> * joint first authors IF: 3.104

Matsangidou, M.*, **Kassianos, A.P.***, Papaioannou, D., Solomou, T., Krini, M., Karekla, M., Pattichis, C.S. (2022, April). Virtual painkillers: Designing accessible virtual reality experiences for helping cancer patients at home. In CHI Conference on Human Factors in Computing Systems Extended Abstracts (pp. 1-9). *joint first authors

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Rus, C.L., Otoi, C., Baban, A.S., Vajaeian, C., **Kassianos, A.P.**, Karekla, M., Gloster, A.T. (2022). Working as a healthcare professional and well-being during the COVID-19 pandemic: Work recovery experiences and need for recovery as mediators. *Frontiers in Psychology*. 13:718422. doi:10.3389/fpsyg.2022.718422 IF: 2.99

Haller, E., Lubenko, J., Presti, G., Squatrito, V., Constantinou, M., Nicolaou, C., Papacostas, S., Aydın, G., Chong, Y.Y., Chien, W.T., Cheng, H.Y., Ruiz, F.J., García Martín, M.B., Obando Posada, D.P., Segura-Vargas, M.A., Vasiliou, V.S., McHugh, L., Höfer, S., Baban, A., Neto, D.D., da Silva, A.N., Monestès, J-L., Alvarez-Galvez, J., Paez-Blarrina, M., Montesinos, F., Valdivia-Salas, S., Ori, D., Kleszcz, B., Lappalainen, R., Ivanović, I., Gosar, D., Dionne, F., Merwin, R.M., Karekla, M. *, **Kassianos, A.P. ***, Gloster, A.T. * (2022). To help or not to help? Prosocial behavior, predictors thereof,

¹² "The byline contains the group name ('Psychological Science Accelerator Self-Determination Theory Collaboration') but no named individual authors due to journal space constraints. Everyone in the group is a full author, and this list can be found in the SI Appendix."

and well-being during the COVID-19 pandemic. *Frontiers in Psychology*, 12:775032. doi:10.3389/fpsyg.2021.775032 IF: 2.99 *shared last authors

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¹³ The work from the review has been translated to guidelines for the British Psychological Society (BPS): <https://www.bps.org.uk/coronavirus-resources/professional/effective-public-health-campaigns>

¹⁴ International attention: <https://www.fox7austin.com/news/study-reappraisal-can-ease-anxiety-depression-amid-covid-19-pandemic>
<https://www.vox.com/science-and-health/22641291/global-mental-health-covid-19-cognitive-reappraisal-study>

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2016

Kassianos, A.P. (2016). *Adherence with Prescription Directions*. In S. Boslaugh (Ed.) *The SAGE Encyclopedia of Pharmacology and Society*. SAGE Publications Inc.

Kassianos, A.P. (2016). *Quality of Life Research*. In S. Boslaugh (Ed.) *The SAGE Encyclopedia of Pharmacology and Society*. SAGE Publications Inc.

Kassianos, A.P. (2016). *History of Pharmacological Treatments for Mental Health*. In S. Boslaugh (Ed.) *The SAGE Encyclopedia of Pharmacology and Society*. SAGE Publications Inc.

Kassianos, A.P. (2016). *Substance Abuse and Mental Health Services Administration (SAHMSA)*. In S. Boslaugh (Ed.) *The SAGE Encyclopedia of Pharmacology and Society*. SAGE Publications Inc.

Kassianos, A.P. (2016). *Behavioural Pharmacology and Substance Abuse*. In S. Boslaugh (Ed.) *The SAGE Encyclopedia of Pharmacology and Society*. SAGE Publications Inc.

2014

Kassianos, A. (2014). *Understanding Lifestyle-Related Psychosocial Processes After Prostate Cancer Diagnosis*. Unpublished Doctoral Thesis, University of Surrey, Guildford, UK. Available at: <http://epubs.surrey.ac.uk/805144/>

World Health Organization. Management of Substance Abuse Unit. (2014). *Global status report on alcohol and health, 2014*. World Health Organization. [Contributed as part of WHO internship in 2012 – **acknowledged**]

* For further information on publications please refer to: https://www.researchgate.net/profile/Angelos_Kassianos

Editorial duties *

Jul 2019-present **Associate Editor** of the Quality of Life Research journal (IF: 2.392).

Jan 2018 **Guest Editor** of a Special Issue of the *European Health Psychologist* journal (title: 'Health

Psychology Practice in Europe and other EHPS member-countries: A first step to moving forward together’)

- Feb 2016-present **Review Editor** of the Editorial Board of Frontiers in Applied Mathematics and Statistics and Psychology (Section: Quantitative Psychology and Measurement)
- Sep 2015-present **Member** of the International Editorial Reviewer Board for the International Journal of Healthcare (IJH)
- Aug 2014-present **Ad-hoc Reviewer** for European Journal of Cancer Care, Archives of Public Health journal, Journal of Health Psychology, Quality of Life Research journal, BMJ Open, Journal of Patient Reported Outcomes, New England Journal of Medicine

* For further information on reviews please refer to: <https://publons.com/author/437672/angelos-kassianos#profile>

Contribution to conferences

As presenter

2022

Kassianos, A.P., Matsangidou, M., Stavrinaki, M., Papaioannou, D., Solomou, T., Antoniadou, M., Pattichis, C., Karekla, M. (2022, November). *Designing digital health tools for helping metastatic breast cancer patients manage symptoms at home and optimize quality of life: PRICE and MET-GUIDE*. **Poster presentation:** 13th European Breast Cancer Conference (EBCC), Barcelona, Spain.

Kassianos, A.P., Christodoulou, A., Konstantinou, P., Antoniou, A., Boda, Z., Iasonides, M., Kyprianidou, M., McHugh, L., Michaelides, M.P., Karekla, M. (2022, August). *Examining the social contagion of attitudes towards childhood vaccination in parental networks: Work in Progress*. **Poster presentation:** European Health Psychology Society (EHPS) Conference, Bratislava, Slovakia.

Kassianos, A.P., Kyprianidou, M., Konstantinou, P., Alvarez-Galvez, J., Ceccarelli, L., Gruszczyńska, E., Mierzejewska-Floreani D., Loumba, L., Montagni, I., Tavošchi, L., Karekla, M. (2022, August). *Profiling hesitancy to COVID-19 vaccinations in six European countries: Behavioral, attitudinal and demographic determinants*. **Oral presentation:** European Health Psychology Society (EHPS) Conference, Bratislava, Slovakia.

Kassianos, A.P., Kyprianidou, M., Konstantinou, P., Alvarez-Galvez, J., Ceccarelli, L., Gruszczyńska, E., Mierzejewska-Floreani D., Loumba, L., Montagni, I., Tavošchi, L., Karekla, M. (2022, July). *Profiling hesitancy to COVID-19 vaccinations in six European countries: Behavioral, attitudinal and demographic determinants*. **Oral presentation:** European Congress of Psychology (ECP), Ljubljana, Slovenia.

Kassianos, A.P., Inauen, J., Clarke, A., Dimitropoulou, P. (2022, July). *Governmental response to promote wellbeing related to COVID-19 pandemic: Results from the EFPA Board on Prevention and Intervention Expert Survey*. **Oral presentation:** European Congress of Psychology (ECP), Ljubljana, Slovenia.

Dimitropoulou, P. & Kassianos A.P. (2022, July). *First Phase of COVID-19 Outbreak: The Case of Greece and Cyprus as Reported by the EUCLID Project* in Symposium Health and Mental Health Issues During the COVID-19 Pandemic: The Experience of EFPA's Board of Promotion and Prevention. **Oral presentation:** European Congress of Psychology (ECP), Ljubljana, Slovenia.

Dimitropoulou, P., Gaspar de Matos, M., Inauen, J., **Kassianos, A.P.**, Clarke, A., Postuvan, V. (2022, July). *Promotion and Prevention during COVID 19 Pandemics: The Impact of Behavioural Sciences in Public Policies*. **Roundtable:** European Congress of Psychology (ECP), Ljubljana, Slovenia.

Hart, J., Karekla, M., Hoefler, S, Csabai, M., **Kassianos, A.P.** (2022, July). *Should we develop European standards of competencies for health psychology?* **Pro-contra debate:** European Congress of Psychology (ECP), Ljubljana, Slovenia.

2021

Kassianos, A.P. (2022, April). *Developing and evaluating evidence-based digital health interventions*. **Oral presentation:** European Federation for Psychology Students Associations (EFPSA) Congress, Agros, Cyprus.

Kassianos, A.P., Farooqi, M. (co-presenter), Plackett, R., Shernigham, J. (2021, September). *Being a medical educator from the 'outside' -the value of the medical registrar's 'insider' perspective*. **Oral presentation:** Behavioural and Social Sciences Teaching in Medicine (BeSST) Virtual Conference.

Kassianos, A.P., Kasinopoulos, O., Konstantinou, P., Kadianiaki, I., Michael, C., Papageorgiou, A., Karashiali, C., Karekla, M. (2021, August). *Healthcare providers' views on medication adherence across chronic health conditions: A Qualitative Study*. **Oral presentation:** European Health Psychology Society (EHPS) Annual Conference (virtual).

2019

Kassianos, A.P., Anjuman, T., Demakakos, P. (2019, November). *Subjective wellbeing as predictor of participation in a national colorectal cancer screening programme in the UK*. **Oral presentation:** 1st European Congress of Clinical Psychology and Psychological Treatment of EACLIPT, Dresden, Germany.

Plass, A.M., **Kassianos, A.P.**, on behalf of the EHPS task force to moving forward health psychology, McElvaney, R., on behalf of EFPA, Karademas, V., on behalf of EHPS EC. (2019, September). *The future of Health Psychology: A movement towards societal visibility, global consensus and international mobility*. **Oral presentation** (roundtable discussion): European Health Psychology Society (EHPS) Annual Conference, Dubrovnik, Croatia.

2018

Kassianos, A.P., Ioannou, M., Koutsantoni, M., Charalambous, H. (2018, October). *The impact of Specialized Palliative Care on cancer patients' Health-Related Quality of Life: A systematic review and meta-analysis*. Oral presentation: Psychology and Health: Best Practices in Practice Conference, Nicosia, Cyprus.

Kassianos, A.P., Ward, E., Rojas-Garcia, A., Kurti, A., Mitchell, F., Nostikasari, D., Payton, J., Saadi, J-P, Spears, C.A., Notley N. (2018, August). *A systematic review of breastfeeding interventions among postpartum women, using the Behaviour Change Techniques taxonomy* **Poster presentation:** European Health Psychology Society (EHPS) Annual Conference, Galway, Ireland.

Plass, A.M., McSharry, J., Hamilton K., Nieuwenboom, W., **Kassianos A.P.** (2018, August). *Health psychology practice in Europe and other countries represented in the EHPS: Moving forward together* **Oral presentation** (roundtable discussion): European Health Psychology Society (EHPS) Annual Conference, Galway, Ireland.

Kassianos, A.P., Plackett, R., Bertelsen, N., Bayram, H., Gönenli, G., Zeybel, M., Sheringham, J. (2018, July). *Adapting UK medical e-learning resources to middle-income settings: A pilot study of 'eCREST'* **Poster presentation:** Health Services Research UK Annual Conference, Nottingham, UK.

2017

Andersson S.I., Gruszczynska, E., **Kassianos, A.P.**, Plass, A.M. (2017, August). *Health psychology: part of behavioural medicine to produce strategic big-data medical research?* **Oral presentation** (roundtable discussion): European Health Psychology Society (EHPS) Annual Conference, Padua, Italy.

2016

Swanson, V., Byrne, M., McSharry, J., Mullen, B., **Kassianos, A.P.**, Schoberberger, R. (2016, August). *Health psychology practice in Europe: Taking stock and moving forward together*. **Oral presentation** (roundtable discussion): European Health Psychology Society (EHPS) Annual Conference, Aberdeen, Scotland.

Sherringham, J., Sequeira, R., Myles, J., Hamilton, W., **Kassianos, A.P.**, McDonnell, J., Offman, J., Duffy, S., Raine, R. (2016, June). *What influences GPs' decisions to investigate suspected lung cancer? A factorial experiment using multimedia vignettes*. **Poster presentation:** 1st European Diagnostic Error in Medicine Conference, Rotterdam, The Netherlands. <https://www.degruyter.com/downloadpdf/j/dx.2016.3.issue-2/dx-2016-0015/dx-2016-0015.pdf>

Iniatis, G., Georgiou, G., **Kassianos, A.P.**, Nicolaou, S., Papaconstantinou, E. (2016, February). *Using new technologies for improving psychotropic medication adherence*. **Poster presentation:** 2nd Behaviour Change Conference: Digital Health and Wellbeing, London, UK. Frontiers Public Health. doi: 10.3389/conf.FPUBH.2016.01.00114

2015

Kassianos, A.P., Ioannou, M., Koutsantoni, M., Charalambous, H. (2015, September). *The impact of palliative care on cancer patients' health-related quality of life: a systematic review and meta-analysis*. **Poster presentation:** European Health Psychology Society (EHPS) Annual Conference, Limassol, Cyprus.

Georgiou, G., **Kassianos, A.P.**, Iniatis, G., Nicolaou, S. (2015, September). *Development of an mHealth application for adherence to psychotropic medication*. **Poster presentation:** European Health Psychology Society (EHPS) Annual Conference, Limassol, Cyprus.

Kassianos, A.P., Marengo, P., Mareva, S., Muñoz, V., Ott, C., Schmidt, B., Thomson, D., & Wingen, T. (2015, July). *Ecological Momentary Assessment of University Students' Health-Related Quality of Life using a Smartphone Application: a Modality Testing*. **Oral presentation:** 9th JRP European Summer School, Escorial, Spain.

2014

Kassianos, A.P., Coyle, A., Raats, M (2014, July). *Perceived influences on post-diagnostic dietary change among a group of men with prostate cancer*. **Oral presentation:** Qualitative Research Forum, University of Cambridge, Primary Care Unit in Cambridge, UK.

2013

Kassianos, A.P. and Raats M. (2013, July). *An underlying mechanism of change: how prostate cancer patients make sense of dietary changes*. **Oral presentation:** European Health Psychology Society (EHPS) Annual Conference, Bordeaux, France. *Psychology and Health*, Vol. 28 (pp112-3).

2012

Kassianos, A.P., Raats, M. and Gage, H. (2012, December). *Association between Health-Related Quality of Life and dietary changes among cancer patients: a systematic review*. **Poster presentation:** UK Society for Behavioural Medicine Annual Conference, Manchester, UK.

Kassianos, A.P., Raats, M., Rayman, M. and Gage, H. (2012, August). *Information needs and information-seeking behaviour*. **Poster presentation:** 26th Annual European Health Psychology Society (EHPS) Annual Conference, Prague, Czech Republic. *Psychology and Health* Vol. 27 (pp241-2).

2011

Kassianos, A.P., Raats, M., Rayman, M. and Gage, H. (2011, October). *Information needs and information-seeking behaviour*. **Poster presentation:** Prostate Cancer Charity National Research Conference "From laboratory to life: progress in prostate cancer", London, UK.

2010

Kassianos, A.P., Raats, M., Rayman, M. and Gage, H. (2010, April). *Information needs and information-seeking behaviour related to prostate cancer*. **Oral presentation:** 11th Annual Psychology Research Student Conference at the University of Surrey, Guildford, UK.

2009

Kassianos, A.P., Raats, M. and Gage, H. (2009, February). *An investigation on the impact of dietetic and nutritional changes on the psychological well-being and quality of life of post-diagnosis prostate cancer patients*. **Poster presentation:** 10th Annual Psychology Research Student Conference at the University of Surrey, Guildford, UK.

Other conference presentations as non-presenter

Alvarez-Galvez, J., Kassianos, A.P., Rojas-Garcia, A., Kolokotroni, O., Montagni, I. (2022, October). *Social contagion of health behaviours through complex networks: The case of vaccination decision-making during the COVID-19 pandemic*. 2022 International Conference on Social Informatics.

Mersiha Mahmić-Kaknjo, Vicko Tomić, Moriah E. Ellen, Barbara Nussbaumer-Streit, Raluca Sfetcu, Eduard Baladia, Nicoletta Riva, Angelos P. Kassianos, Ana Marušić (2022, October). *Which steps of systematic review production and updating should be prioritized for methods development and automation - preliminary results of a Delphi study*. 3rd Evidence-Based Research Conference (virtual).

Karekla, M., Konstantinou, P., Georgiou, K., Kumar, N., Kyprianidou, M., Nicolaidis, C., Kassianos, A.P. (2022, August). *Transmission of vaccination attitudes and uptake based on Social Contagion Theory: A scoping review*. European Health Psychology Society Conference.

Karekla, M., Konstantinou, P., Georgiou, K., Kumar, N., Kyprianidou, M., Nicolaidis, C., Kassianos, A.P. (2022, July). *Transmission of vaccination attitudes and uptake based on Social Contagion Theory: A scoping review*. European Congress of Psychology.

Matsangidou, M.*, Kassianos, A.P.*, Papaioannou, D., Solomou, T., Krini, M., Karekla, M., Pattichis, C.S. (2022, April). Virtual painkillers: Designing accessible virtual reality experiences for helping cancer patients at home. In New Orleans '22: ACM CHI Conference on Human Factors in Computing Systems, April 30 – May 06, 2022, New Orleans, LA. ACM, New York, NY, USA, 10 pages. *shared first authors

Rousta P, Coens C, Pe M, Bottomley A, Abaza H, Cardoso Borges F, Eller Y, Kassianos A.P., Rogge A, Shrestha S, Grønvold M, Sprangers M, King M, Brandberg Y, Eggermont A, Holzner B, Velikova G, Reijneveld J, Flechtner H, Greimel E, Pogoda K, Dirven L, Musoro J. (2022, October). Minimal Important Differences (MID) by Anchoring to Patients' Rating of Change in Oncology: A Systematic Review. ISOQOL Conference.

Motrico E., Le H-N., Conejo-Cerón, A., Bina, R., Oztekin, D., Kassianos, A., Mateus, V., Rodriguez-Muñoz, M.F., Moreno-Peral. P., Lambregtse-van den Berg. M., Wilson, C., Valverde, T., Djatche, J., Moyer, S., Kinser, P. (2022, April). Theoretical and conceptual perspectives in the prevention of perinatal mental health disorders. Marce Conference.

Matsangidou, M.*, Kassianos, A.P.*, Papaioannou, D., Solomou, T., Krini, M., Karekla, M., Pattichis, C.S. (2022, April). Virtual painkillers: Designing accessible virtual reality experiences for helping cancer patients at home. In New Orleans '22: ACM CHI Conference on Human Factors in Computing Systems, April 30 – May 06, 2022, New Orleans, LA. ACM, New York, NY, USA, 10 pages. *shared first authors

Aneza Pervez, Emily Parker, Angelos P. Kassianos, Ruth Plackett, Maria Kambouri and Jessica Sheringham. (2022, March). Clinical Reasoning Education Beyond Medical School: Adapting the electronic Clinical Reasoning Educational Simulation Tool (eCREST). UCL Education Conference.

Sonia Conejo-Cerón, Huynh-Nhu Le, Deniz Oztekin, Rena Bena, Vera Mateus, Angelos Kassianos, Patricia Moreno-Peral, M^a Fe Rodríguez Muñoz, Catarina Barata, Emma Motrico (2021, September). Effectiveness of interventions for the prevention of perinatal depression: A systematic review of systematic reviews and meta-analyses. 41st Society for Reproductive and Infant Psychology (SRIP) International Conference.

Christiana Nicolaou, Joanna Menikou, Andrew Gloster, Maria Karekla, Angelos Kassianos (2021, September). Mental health status of health care workers during the COVID-19 outbreak: An International Study. World Congress of Epidemiology.

Karekla, M., Konstantinou, P., Georgiou, G., Panayides, A., Papageorgiou, A., Wozniak, G., Kassianos, A.P. (2021, August). Medication adherence in chronic conditions: A scoping review of barriers, facilitators and interventions. European Health Psychology Society (EHPS) Annual Conference (virtual).

Konstantinou, P., Kasinopoulos, O., Karashiali, C., Georgiou, G., Panayides, A., Papageorgiou, A., Wozniak, G., Kassianos, A.P., Karekla, M. (2021, August). A scoping review of methods used to assess medication adherence in patients with chronic conditions. European Health Psychology Society (EHPS) Annual Conference (virtual).

Karekla, M., Kassianos, A.P., Gloster, A. (2021, February). Have the COVID-19 pandemic governmental measures impacted smoking behaviour? A study of 21 countries. SRNT Annual Conference.

Sagui-Henson, S. J., Martin, L. E., Baldwin, A. S., Cooperman, N. A., Kassianos, A. P., Mdege, N. D., Trucco, E. M., & Levens, S. M. (2020, April). Effects of a pilot guided imagery intervention on temporal discounting and food demand among overweight and obese adults. Poster accepted for presentation at the 41st Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.

Karekla, M., Konstantinou, P., Georgiou, G., Panayides, A., Papageorgiou, A., Wozniak, G., Kassianos A.P. (2020, April). Medication adherence in chronic conditions: A scoping review of barriers facilitators and interventions. Poster accepted for presentation at the 41st Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.

Plackett, R., Kassianos, A.P., Kambouri, M., Duffy, S., Raine, R., Sheringham, J., (2019, November). Supporting clinical reasoning teaching using online patient simulations: A feasibility randomised controlled trial. Oral presentation at the UK Clinical Reasoning in Medical Education Group Conference, York, UK.

Andersson, S. I., Kassianos, A., Paschali, A., Nieuwenboom, W., & Plass, A. M. (2019). Moving forward Health Psychology practice: Aims and work of a European Health Society (EHPS) Task Force. In XVI EUROPEAN CONGRESS OF PSYCHOLOGY (pp. 1180-1180). Moscow, Russia.

Notley, C., Kassianos, A.P., Nostikasari, D., Muirhead, F., Spears, C., Kurti, A., Payton J., (2019, February). PROJECT HATCH – Staying Healthy after Childbirth: Developing the evidence base for supporting smoking relapse

prevention postpartum alongside other cancer preventative behaviours. Oral presentation at the 25th Annual Meeting of the Society for Research on nicotine and tobacco (SRNT), San Francisco.

Plackett, R., Sheringham, J., Kassianos, A., Duffy, S., Raine, R. (2018, June). Novel approaches to reducing diagnostic errors in future doctors: Feasibility trial of an online learning tool. Poster presentation at the Health Services Research UK Conference, Nottingham, UK.

Plackett, R., Kassianos, A.P., Sheringham, J., Schartau, P., Bennett, S., Valerio, C., Hopwood, J., Kay, N., Mylan, S., Hamilton, W., Duffy, S., Raine, S. (2018, April). Teaching medical students clinical reasoning tasks faced in primary care using theory-informed online simulation approach: design, development and early evaluation of the electronic Clinical Reasoning Skills Educational Simulation Tool (eCREST). Oral presentation at the UCL Education Conference, London, UK.

Sheringham, J., Kassianos, A.P., Plackett, R., Schartau, P., Bennett, S., Valerio, C., Hopwood, J., Kay, N., Mylan, S., Hamilton, W., Duffy, S., Raine, R. (2018, January) electronic Clinical Reasoning Skills Educational Simulation Tool (eCREST): Using online simulations to teach medical students clinical reasoning applied to tasks faced in primary care. Oral presentation at the Society for Academic Primary Care Conference, Madingley, UK.

Woringer, M., Jones-Nielsen, J., Zibarras, L., Evason, J., Kassianos, A., Harris, M., Majeed, A., Soljak, M. (2017, February). Development and validation of the Attitudes & beliefs about Cardiovascular Disease (ABCD) risk survey. Poster presentation at the NHS Health Check Conference, Leeds, UK.

As Chair

- **22nd October 2022, Europa Donna Cyprus Scientific Conference** ‘The Right to be Forgotten’, chaired an oral session.
- **23rd-27th August 2022, European Health Psychology Society (EHPS) Annual Conference 2022 (Bratislava)**, chaired a poster session
- **05th -07th July 2022, European Congress of Psychology (ECP) 2022 (Ljubljana)**, chaired an oral session: ‘The COVID-19 Pandemic: Psychological Support and Governmental Responses’
- **22nd – 27th August 2021, European Health Psychology Society (EHPS) Annual Conference 2021 (virtual)**, chaired 5-minute oral session: Coping and adjustment to chronic disease’

As Committee Member

- April 2022, EORTC Quality of Life Group Spring Meeting 2022, Limassol, Cyprus, **member of the local Organizing Committee.**
- Jan 2012, University of Surrey Postgraduate Research Conference, Guildford, UK, **volunteer.**
- July 2006, 26th International Congress of Applied Psychology, Athens, Greece, **volunteer.**

Entrepreneurial Activities

Nov 2018 – Jun 2019	EDUCATE training programme (7th cohort) , selected as project manager of the eCREST project UCL, Institute of Education EDUCATE is a flagship programme for EdTech entrepreneurs promoting excellence and aiming to advance efficacy of EdTech. Training includes research training, a product development workshop, research & business clinics, business model and sustainability workshops and pitching.
Mar 2017-Mar 2018	2017 Young Transatlantic Innovation Leader Initiative (YTILI) Fellow , a programme of the U.S. Department of State in partnership with the German Marshall Fund of the United States (including a 2-week placement at the Centre for Entrepreneurial Innovation at Phoenix, USA: http://blog.ceigateway.com/blog/ytili-pitch-2017 . Fellow
Nov 2015	StayInTrack start-up. Scholarship by SignalGenericX IoT Innovation Challenge in collaboration with the Founder Institute Cyprus. Co-founder

Oct 2015 StayInTrack start-up. **Award for top-6 start-ups** at the Cyprus Entrepreneurship Competition 2015. **Co-founder** (200€)

External engagement / Appearances on media

20th Oct 2021 Podcast interview, University of Cyprus 'Science Talks' podcast series (episode 33), <https://anchor.fm/ucy-science-talks/episodes/33-e191rhe>

29th Jul 2021 Invited appearance, Astra radio, Mesimvrini Ekdosi on COVID-19 vaccination hesitancy

26th Jul 2021 Invited appearance, ERT radio, Athens Calling on COVID-19 vaccination hesitancy and impact

21st Jul 2021 Invited appearance, RIK (CYBC), Apo mera se mera on vaccination hesitancy

16th Jul 2021 Article, SciNews blog [re-printed in Phileleftheros, Politis, Haravgi newspapers] – 'Διστακτικότητα προς τους εμβολιασμούς: τι γνωρίζουμε και τι μπορούμε να κάνουμε' [Vaccine hesitancy: what do we know and what can we do] https://scinews.eu/arthrografia/66-scitalks/2820?fbclid=IwAR3FQ1iD1A5O1f5VPDiJrTSNTLIUz8i9TuxHDBc-gD5uiRSBzXI_Dq67D-w

08th Jul 2021 Invited appearance, Alpha TV, Alpha Enimerosi on COVID-19 vaccine hesitancy

01st Jul 2021 Invited appearance, RIK (CYBC), Prokliseis on COVID-19 vaccination hesitancy

May 2021 Video Spot AKEL on Health

14th Mar 2021 Article, Haravgi newspaper - 'Ένας χρόνος πανδημίας, διδάγματα και αδικίες' [One year of COVID-19 pandemic, lessons learnt and injustices]

25th Feb 2021 Interview, NEOLAIA newspaper

20th Feb 2021 Invited appearance, Alpha TV, Alpha news on the increase of smoking in Cyprus due to COVID-19

19th Feb 2021 Press Release for COVID-19 IMPACT publication (POLITIS newspaper)

19th Feb 2021 Interview, ISOQOL Mixed Methods Special Interest Group Newsletter

19th Feb 2021 Announcement, European Federation of Psychologists' Associations (EFPA) Newsletter – 'Announcement for Young Researcher Award 2020'

03rd Feb 2021 Invited appearance, RIK (CYBC) radio talk show 'Λόγος και Αντίλογος' [Logos kai Antilogos] with Maria Karekla

19th Jan 2021 Web interview, Astra Web TV on psychological aspects of COVID-19

18th Jan 2021 Invited appearance, POLITIS Radio on 'Psychological aspects of COVID-19'

08th Jan 2021 Invited appearance, RIK (CYBC), TV news show 'Από μέρα σε μέρα' [Apo mera se mera] on how to deal with pandemic fatigue

03rd Jan 2021 Interview, Haravgi newspaper – 'Σημαντικές ψυχολογικές επιπτώσεις από την πανδημία και τα μέτρα' [Important psychological aspects of the COVID-19 pandemic and the measures]

	taken]
21 st Dec 2020	Press Conference, Cyprus National Broadcast Television (RIK1) – ‘Presenting COVID-19 IMPACT research to AKEL’
16 th Dec 2020	Invited appearance, RIK CYBC), TV news show ‘Πρωινή Ενημέρωση’ [Proini Enimerosi], on psychological aspects of COVID-19
30 th May 2020	Interview, Alltogethercy online blog – ‘Ο Κύπριος ερευνητής που συμμετέχει στην ανάπτυξη του εργαλείου Your COVID-19 Risk’ [The Cypriot researcher who is involved in developing the tool Your COVID-19 Risk] https://www.alltogethercy.com/tag/dr-aggelos-kassianos/
23 rd Oct 2019	UCY press release, UICC SPARC grant
Aug 2018	Articles on EHPS Early Career Award (Economy Today, Signalive etc.)
Mar 2017	Interview, German newspaper Die Zeit – for PhD work
Nov 2016	Correspondence on study visit to Koc Medical school through Global Engagement Fund, UCL website

Academic Supervision

Current Supervision

2020-	Marianna Zacharia (PhD student)	<p>Role: Member of PhD Supervisory Board</p> <p>Title: ‘Efficacy of Brief Interventions for female breast Cancer based on Acceptance and Commitment Therapy (I-CAN-ACT) for depression and physical pain’</p> <p>Institution: University of Cyprus, Department of Psychology</p>
2020-2024	Irene Smoleski (PhD student)	<p>Role: PhD Supervision Committee</p> <p>Title: ‘Understanding social contagion and vaccination hesitancy among parents in Cyprus through mapping the social transmission of beliefs, attitudes and health literacy around vaccines’</p> <p>Institution: Cyprus University of Technology, Nursing Department (external)</p>

Past Supervision

2020-2022	Andronikos Strouthou (MSc student)	<p>Role: MSc Dissertation Co-Supervisor</p> <p>Title: The psychosocial parameters of electronic cigarette utilization among middle and high public-school students in Cyprus</p> <p>Institution: University of Cyprus, Department of Psychology</p>
2021 (7 months)	Emily Parker (PhD student)	<p>Role: SPARC (NIHR Short Placement for Research Collaboration) Co-Supervisor</p> <p>Title: A qualitative exploration of uncertainty tolerance amongst student physician associates whilst using eCREST (electronic Clinical Reasoning Educational Simulation Tool). Funded by NIHR</p> <p>Institution: UCL, Department of Applied Health Research</p>

2020-2021	Christos Ioannou (BSc student)	Role: BSc Dissertation Co-Supervisor Title: Psychological impact of COVID-19 Institution: University of Cyprus, Department of Psychology
2020-2021	Afroditi Kkamari (BSc student)	Role: BSc Dissertation Co-Supervisor Title: The positive effect of technology on chronic disease Institution: University of Cyprus, Department of Psychology
2020-2021	Marianna Chrysanthou (BSc student)	Role: BSc Dissertation Co-Supervisor Title: Data Collection of Cancer Patients Reported Outcomes using a digital tool Institution: University of Cyprus, Department of Psychology
2019-2021	Polyxeni Michael-Vargiamidou (MSc student)	Role: Member of MSc Supervisory Board Title: '[Η διερεύνηση του συμπεριφορικού προφίλ των ασθενών που παρουσιάζουν χρόνιο πόνο μετά από μαστεκτομή] Investigating the Behavioural Profile of Patients with Chronic Pain after Mastectomy' Institution: University of Cyprus, Department of Psychology
2019-2020	Sabrina Lingeman (MSc student)	Role: MSc Dissertation Co-Supervisor (Population Health) Title: 'Acceptability and feasibility of interventions promoting Breastfeeding: A systematic review of qualitative studies' Institution: UCL, Department of Applied Health Research
2019-2020	Nicola Stewart (MSc student)	Role: MSc Dissertation Co-Supervisor (Population Health) Title: 'Behaviour Change Techniques (BCT) used in interventions for HPV vaccination' Institution: UCL, Department of Applied Health Research
2019-2020	Ioannis Almas (BSc student)	Role: BSc Dissertation Co-Supervisor Title: 'Psychosocial factors related to the use of electronic cigarettes' Institution: University of Cyprus, Department of Psychology
2016-2019	Dr Natasha Kay, Dr Sophie Mylan, Dr Jenny Hopewood, Dr Patricia Schartau, Dr Shani Gray, Dr Jessica Timmis, Dr Agalya Ramanathan (GP trainees)	Role: GP Trainee's Public Health Placement Supervisor Institution: UCL, Department of Applied Health Research
2018-2019	Christiana Karashali (MSc student)	Role: MSc Health Psychology placement Supervisor Title: 'Factors associated with Chronic Obstructive Pulmonary Disease (COPD) medication non-adherence: A systematic review'

		Institution: UCL, Department of Applied Health Research
2018-2019	Melissa Grantham (MSc student)	Role: MSc Dissertation Co-Supervisor (Health Psychology) Title: 'A systematic review on the use of technology-based interventions for promoting self-management of diabetes.' Institution: UCL, Department of Applied Health Research
2018-2019	Verity Hailey (MSc student)	Role: MSc Dissertation Co-Supervisor (Population Health) Title: 'A systematic review of behaviour change techniques in physical activity interventions for women breast cancer survivors.' Institution: UCL, Department of Applied Health Research
2015-2019	Ruth Plackett (PhD student)	Role: PhD Tertiary Supervisor Title: 'The development and evaluation of an online patient simulation training tool to improve the clinical decision-making skills of medical students.' Institution: UCL, Department of Applied Health Research
2017-2018	Dheena Rizmie (MSc student)	Role: MSc Dissertation Supervisor (Health Psychology) Title: 'Is there a relationship between Quality of Life, emotional intelligence, depression and Facebook use?' Institution: UCL, Department of Applied Health Research
2017-2018	Robyn Webb (MSc student)	Role: MSc Dissertation Co-Supervisor (Population Health) Title: 'Evidence in innovation: an exploration of the evidence standards for digital health application adoption in England' Institution: UCL, Department of Applied Health Research
2017-2018	Thamina Anjuman (MSc student)	Role: MSc Dissertation Supervisor (Health & Society: Social Epidemiology) Title: 'Subjective wellbeing measures as predictors of participation in a national colorectal cancer screening programme among men and women aged 60-74 in the UK' Institution: UCL, Department of Applied Health Research
2017-2018	Haotong Sun (MSc student)	Role: MSc Dissertation Co-Supervisor (Health & Society: Social Epidemiology) Title: 'The role of medical students' clinical reasoning in suspect lung cancer investigation: a vignette-based study' Institution: UCL, Department of Applied Health Research
2017	Monika Bidzan, Xin Jie 'Ashley' Hoh (MSc students)	Role: Research Internship Supervisor Title: 'Changing how people think and feel about cancer prevention behaviours: Translating neuroscience into population health' Institution: UCL, Department of Applied Health Research
2017	Stephen Grant, James Greenan-Barrett & Tasneem	Role: PALS Project Supervisor Title: 'Developing qualitative research skills to explore clinical

	Modan (Medical undergraduate students)	reasoning ' Institution: UCL Medical School PALS (Peer-Assisted Learning Skills) where final year medical students participate in peer-learning.
2017	Yixiao Cao (MSc student)	Role: MSc Health Psychology placement Supervisor Title: 'Early palliative cancer care: systematic review and meta-analysis' Institution: UCL, Department of Applied Health Research
2017	Aida Bonham (MSc student)	Role: MSc Health Psychology placement Supervisor Title: 'Factors associated with Chronic Obstructive Pulmonary Disease (COPD) medication non-adherence: A systematic review' Institution: UCL, Department of Applied Health Research
2017	Arianna Lane (BSc student)	Role: BSc Supervisor (Affiliate Psychology Programme) Title: 'Factors associated with Chronic Obstructive Pulmonary Disease (COPD) medication non-adherence: A systematic review' Institution: UCL, Department of Applied Health Research
2016-2017	Angel Sze (MSc student)	Role: MSc Dissertation Supervisor (Population Health) Title: 'Effect of tobacco smoking on Chronic Obstructive Pulmonary Disease: A systematic review' Institution: UCL, Department of Applied Health Research
2015-2016	Tobias Wingen, Sylvana Mareva, Pietro Marengo, Caroline Vintergaard-Ott, David Thomson, Barbara Schmidt, Victor Estal Munoz (BSc students)	Role: Research Supervisor Title: 'Ecological Momentary Assessment of University Students' Health Related Quality of Life Using a Smartphone Application: A Modality Testing' Institution: Junior Researcher Programme (JRP), a research-oriented service in collaboration with the University of Cambridge where students in different countries are supervised to conduct a year-long project starting with a Summer School (Madrid, July 2015).
2015	Maria Woringer (PhD student)	Role: PhD External Advisor Title: 'Evaluating the Efficacy and User Perceptions of a Preventive CVD Risk Assessment' Institution: Imperial College London, Department of Primary Care & Public Health
2015	Andreas Sotiriou, Naomi Tomlinson, Anna Burn-Murdoch (Medical undergraduate students)	Role: PALS Project Supervisor Title: 'Case of the Month to Develop Clinical Reasoning Skills' Institution: UCL Medical School PALS (Peer-Assisted Learning Skills) where final year medical students develop a case of the month for Y5 students.

Tutoring and Student Support

2020-21	Kufre Josoph Okop	The African Academy of Sciences Mentoring Scheme ²⁰
2018-19	Jessica Gerard	BSc in Population Health (UCL)
2018-19	Ben Bezuidenhout	MSc in Population Health (UCL)
2018-19	Renee Elias Pereyra	MSc in Social Epidemiology (UCL)
2018-19	Hannah Burrows	MSc in Population Health (UCL)

Membership of Societies

Mar 2014 - present	Member of the International Psycho-Oncology Society (IPOS)
Mar 2014 - present	Member of the Society for Academic Primary Care (SAPC)
May 2013 - present	Member of the British Association for Cancer Research (BACR) and the European Association for Cancer Research (EACR)
Jun 2012 - present	Member of the European Health Psychology Society (EHPS) and the EHPS - United Nations sub-committee
Jun 2009 - present	Graduate Member of the British Psychological Society - MBPSs (since June 2008) – membership no.: 226562
Sep 2009 - present	Member of the British Psychosocial Oncology Society
Oct 2008 - present	Member of the United Kingdom Psychological Trauma Society and the European Society for Traumatic Stress Studies
Nov 2006 - present	Member of Pancyprian Association of Cancer Patients and Friends
Nov 2006 - present	Member of Cyprus Anti-Cancer Society
Sep 2006 - present	Member of Cyprus Psychologists' Association (and the Committee of Clinical and Health Psychologists)
2005-2007	Member of Greek Psychology Students' Association

Continuous professional development

Jul 2015 - today	<p>UCL Continuous Professional Development (selection of training)</p> <ul style="list-style-type: none"> - Harassment prevention workshop (mandatory) (Nov 2018, 0.5 day) - Recruitment, selection and right to work HR Policy briefing (Mar 2018, 0.5 day) - Unconscious bias training to participate in interview panels (Nov 2017, 1 day) - Time for research, take control of your time (Nov 2016, 1 day) - Setting up and supporting a lay panel (Jun 2016, 1 day) - Effective Research Student Supervision (May 2016, 1 day)
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²⁰ <https://aasciences.sfgmentonet.com/Profile/Profile/1822> The AAS Mentorship Scheme is designed to enable African early career researchers to learn how to articulate their career and life goals, pursue them, and reflect upon their growth and impact.

	- Introduction to Research Student Supervision (Jan 2016, 0.5 day)
May – Sep 2020	<p>Seeding Progress and Resources for the Cancer Community (SPARC) online Master Course on metastatic breast cancer</p> <p>Union for International Cancer Control</p> <p>The learning objectives of the SPARC Master Course are to provide participants with:</p> <ul style="list-style-type: none"> • Technical knowledge related to clinical aspects of metastatic breast cancer • Essential skills to ensure project's success, such as monitoring and evaluation, advocacy and fundraising. <p>There is a total of five modules:</p> <ol style="list-style-type: none"> 1. An overview of core concepts for metastatic and advanced breast cancer 2. Monitoring and evaluation, advocacy and fundraising for MBC projects 3. Locally advanced breast cancer: treating with curative intent 4. Metastatic breast cancer and palliative surgery 5. Supportive and palliative care for advanced breast cancer patients
Nov 2018 – Jun 2019	<p>EDUCATE training programme (7th cohort), selected as project manager of the eCREST project</p> <p>UCL, Institute of Education</p> <p>EDUCATE is a flagship programme for EdTech entrepreneurs promoting excellence and aiming to advance efficacy of EdTech. Training includes research training, a product development workshop, research & business clinics, business model and sustainability workshops and pitching.</p>
Jan 2017	<p>Breaking bad news, course to become a clinical tutor</p> <p>St George's Medical School/University of Nicosia, Cyprus.</p>
Jan 2017	<p>Talking about cancer, online course Certificate in:</p> <p>How to talk about cancer accurately and with the confidence needed to help others make good decisions</p> <p>https://www.futurelearn.com/statements/k0tnqjj</p> <p>Cancer Research UK</p>
Aug 2016	<p>Autumn School 'The use of biomarkers in social science research' (received Scholarship to attend)</p> <p>National Centre for Research Methods (NCRM), Manchester, UK</p>
Dec 2015	<p>Harnessing technology to detect cancer earlier 3-day sandpit workshop, Cancer Research UK in Oxford.</p>
Jan-Apr 2015	<p>Visiting Research Scholarship Training in</p> <ol style="list-style-type: none"> a) Biostatistics (courses in 'Intermediate Biostatistics for Medical Researchers', 'Predictive Modelling', 'Propensity Score Analysis', 'Creating Databases', 'Causal Mediation Analyses', 'Model Selection and Model Building') b) Introduction to Genetics ('The Genomic Era of Medicine', 'From genotype to phenotype', 'Gene mapping') c) Grant writing d) Neuroscience Imaging Techniques ('Connectivity', 'PET', 'NIRS', 'MEG', 'EEG',

'Informatics', 'MRI')

Harvard Medical School & Harvard School of Public Health, Boston, USA

- Nov 2013 Certificate in **"Good Clinical Practice and Regulatory Requirements for Clinical Trials"**, Addenbrooke's Hospital, Cambridge
- May 2013 **Introduction to Statistics Using STATA** (5 CPD credits by the Royal College of Physicians) Statistical Advisory Service (SAS), Imperial College London, UK
- Nov 2012 **Quality of Life, Symptom Research and Patient Reported Outcomes (PROBE) in Cancer Clinical Trials** (received Scholarship to attend) European Organization for Research and Treatment of Cancer (EORTC) Course, Brussels, BELGIUM
- Apr 2011 **The Brain, Memory and Trauma** (3hours) and **Compassion-focused for Shame Based Memories in PTSD** (3 hours) workshops United Kingdom Psychological Trauma Society (UKPTS) Conference, Oxford, UK
- Oct 2010 CPD Programme in **Paediatric Neuropsychology: Introduction to Developmental Cognitive Neuroscience** UCL Institute of Child Health, London, UK
- Nov 2009 **Quality of Life, Symptom Research and Patient Reported Outcomes (PROBE) in Cancer Clinical Trials** (received Scholarship to attend) European Organization for Research and Treatment of Cancer (EORTC) Course, Brussels, BELGIUM
- Jun 2009 **Quality of Life Assessment in Cancer Clinical Research and Clinical Practice**; International Psycho-Oncology Society (IPOS) Psychosocial Academy (IPOS Conference 2009 workshop), Vienna, AUSTRIA
- Mar 2009 **The evolution of Psychological Trauma Treatment: a 100 years perspective**; United Kingdom Psychological Trauma Society (UKPTS) two days training, Edinburgh, SCOTLAND
- Nov 2006-Mar 2007 **Introduction to Psychological Evaluation** Open Psychotherapeutic Centre of Athens, GREECE
- Dec 2006 **Counselling Skills Workshop** City University, London, UK
- Jul 2006 **"Family interventions following a child's death"**, **"Feed forward First, feedback later"** and **"Neuropsychological rehabilitation for people with non-progressive brain injury"** workshops (5 days) 26th International Congress of Applied Psychology, Athens, GREECE
- May 2006 "Athena Test" for **Learning Disabilities** Certificate, University of Athens
- Sep 2005-Jun 2006 **Personal Development and Social Skills** Workshop Psychotherapeutic Centre of Piraeus, GREECE

Sep 2005-Jun
2006

Introduction to Psycho Educational Approaches – II
Psychotherapeutic Centre of Piraeus, GREECE

Languages

- Mother Language: Greek
 - Fluent in English (TOEFL – December 2006 Score: 104/120, GCE – June 1999 Grade: A)
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Other skills

- Excellent knowledge of Microsoft Office (Word, Excel, Power Point, Access etc).
- Excellent knowledge of statistical analysis software (SPSS, STATA).
- Excellent knowledge of qualitative data analysis software (NVivo).
- Trained at Data Col software system at WHO, Geneva (May 2012).

References available upon request