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| PERSONAL INFORMATION | Christina Mitsiopoulou |
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| [c.mitsiopoulou@cut.ac.cy](mailto:c.mitsiopoulou@cut.ac.cy) |
| Sex Female | Date of birth 28/03/1990 | Nationality Greek |
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CURRICULUM VITAE

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| WORK EXPERIENCE |  |

September 2021- Special teaching staff

Current: Cyprus University of Technology

February- Wynnstay (Wales,) as part of H2020-MSCA-RISE-2017 project CowficieNcy

June 2019:

October 2016- Hellenic Agricultural Insurance Organization

January 2017:

[September](https://open.spotify.com/track/5nNmj1cLH3r4aA4XDJ2bgY) 2013 - Call Centre Representative

July 2014:

April - May 2011: Participation in "General Inventories of Buildings & Population-Housing 2011", conducted by the Hellenic Statistical Authority

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| EDUCATION AND TRAINING |  |

June 2016- PhD student December 2020: Department of Nutritional Physiology and Feeding Agricultural University of Athens, Greece

November 2014 - Postgraduate Diploma of Specialization (Grade 8,95 «Excellent»)

June 2016: «Integrated Production Management of Milk and Dairy Products»

Agricultural University of Athens, Greece

September 2008- Bachelor studies (Grade 8,09 «Very Good»)

December 2013: Faculty of Animal Science and Aquaculture Agricultural University of Athens, Greece

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| PERSONAL SKILLS |  |

English (Test of English for International Communication)

ECDL – European Computer Driving Licence, “ECDL Core Certificate”.

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| ADDITIONAL INFORMATION |  |
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Publications in International Tsiplakou E., Chatzikonstantinou Μ., **Mitsiopoulou C.**, Karaiskou C., Mavromatis A.,

Scientific Journals Sotirakoglou K., Labrou N. and G. Zervas. Effect of soya bean and fish oil inclusion in diets on milk and plasma enzymes from sheep and goat related with oxidation. *Journal of Animal Physiology and Animal Nutrition*. 2016. DOI: 10.1111/jpn.12516.

Τsiplakou Ε., **Mitsiopoulou C.**, Mavromatis A., Karaiskou C., Chronopoulou E.G., Mavridis G., Sotirakoglou K., Labrou N. and G. Zervas. Effect of under-and over-feeding on sheep and goat milk and plasma enzymes activities with oxidation. *Journal of Animal Physiology and Animal Nutrition.* 2017. DOI: 10.1111/jpn.12741.

Τsiplakou Ε., Pappas A.C., **Mitsiopoulou C.**, Georgiadou M., Georgiou C.A. and Zervas G., Evaluation of different types of calcined magnesites as feed supplement in small ruminant. *Small ruminant research*. 2017. DOI: 10.1016/j.smallrumres.2017.02.016.

Kotsampasi Β., Christodoulou C., Tsiplakou E. Mavrommatis, A., **Mitsiopoulou C.**, Karaiskou C., Dotasa V., Robinson P.H., Bampidis V.A., Christodoulou V., Zervas G., Effects of dietary pomegranate pulp silage supplementation on milk yield and composition, milk fatty acid profile and blood plasma antioxidant status of lactating dairy cows. *Animal Feed Science and Technology.* 2017. DOI: 10.1016/j.anifeedsci.2017.08.017.

Kotsampasi Β., Tsiplakou E., Christodoulou C., Mavrommatis A., **Mitsiopoulou C.**, Karaiskou C., Sossidou E., Fragioudakis N., Bampidis V.A., Christodoulou V., Zervas G., Effects of dietary orange peel essential oil supplementation on milk yield, composition and fatty acid profile, and blood and milk antioxidant status of lactating dairy ewes. *Animal feed Science and Technology*. 2018. DOI: 10.1016/j.anifeedsci.2018.08.007.

Pappas A. C., Tsiplakou E., Papadomichelakis G., **Mitsiopoulou C.**, Sotirakoglou K., Mpekelis V., Haroutounian S. A., Fegeros K., Zervas G. Effects of olive pulp addition to broiler diets on performance, selected biochemical parameters and antioxidant enzymes. Journal of the Hellenic Veterinary Medical Society. 2019. DOI: 10.12681/jhvms.21793.

Buffa G., Tsiplakou E., **Mitsiopoulou C.**, Zervas G., Pulina G., Nudda A. Supplementation of byproducts from grape, tomato and myrtle affect antioxidant status of dairy ewes and milk fatty acid profile. *Journal of Animal Physiology and Animal Nutrition*. 2020. DOI: 10.1111/jpn.13315

**Mitsiopoulou C.**, Karaiskou C., Simoni M., Righi F., Pappas A.C., Sotirakoglou K., Tsiplakou E. Influence of dietary sesame meal, vitamin E and selenium supplementation on milk production, composition, and fatty acid profile in dairy goats. *Livestock Science*. 2020. DOI: 10.1016/j.livsci.2020.104336.

Tsiplakou E., **Mitsiopoulou C.**, Skliros D., Mavrommatis A., Flemetakis E. Feeding level regulates the expression of some genes involved with programed cell death and remodeling in goat and sheep mammary tissue. *Journal of Dairy Research*. 2020. DOI: 10.1017/S002202992000103X

Mavrommatis A., Mitsiopoulou C., Christodoulou C., Karabinas D., Nenov V., Zervas G., Tsiplakou E. Dietary Supplementation of a Live Yeast Product on Dairy Sheep Milk Performance, Oxidative and Immune Status in Peripartum Period. *Journal of Fungi*. 2020. DOI: 10.3390/jof6040334

Kotsampasi Β., Christodoulou C., Mavrommatis A., Mitsiopoulou C., Bampidis V.A., Christodoulou V., Chronopoulou E.G., Labrou N.E., Tsiplakou E. Effects of dietary pomegranate seed cake supplementation on performance, carcass characteristics and meat quality of growing lambs. *Animal Feed Science and Technology*. 2021. DOI: 10.1016/j.anifeedsci.2021.114815

Tsiplakou E., Mitsiopoulou C., Karaiskou C., Simoni M., Pappas A.C., Righi F., Sotirakoglou K., Labrou N.E. Sesame Meal, Vitamin E and Selenium Influence Goats’ Antioxidant Status. *Antioxidants*. 2021. DOI: 10.3390/antiox10030392.

Mitsiopoulou C., Sotirakoglou K., Labrou N.E., Tsiplakou E. The effect of whole sesame seeds on milk chemical composition, fatty acid profile and antioxidant status in goats. *Livestock Science*. 2021. DOI: 10.1016/j.livsci.2021.104452.

Mitsiopoulou C., Sotirakoglou K., Skliros D., Flemetakis E., Tsiplakou E. The Impact of Whole Sesame Seeds on the Expression of Key-Genes Involved in the Innate Immunity of Dairy Goats. *Animals*. 2021. DOI: 10.3390/ani11020468.

Mavrommatis A., Mitsiopoulou C., Christodoulou C., Kariampa P., Simoni M., Righi F., Tsiplakou E. Effects of Supplementing Rumen-Protected Methionine and Lysine on Milk Performance and Oxidative Status of Dairy Ewes. *Antioxidants*. 2021. DOI:10.3390/antiox10050654.

Tsiplakou E., Pitino R., Manuelian C.L., Simoni M., Mitsiopoulou C., De Marchi M., Righi F. Plant Feed Additives as Natural Alternatives to the Use of Synthetic Antioxidant Vitamins in Livestock Animal Products Yield, Quality, and Oxidative Status: A Review. *Antioxidants*. 2021. DOI:10.3390/antiox10050780.

Christodoulou C., Mavrommatis A., Mitsiopoulou C., Symeon G., Dotas V., Sotirakoglou K., Kotsampasi B., Tsiplakou E. Assessing the Optimum Level of Supplementation with Camelina Seeds in Ewes’ Diets to Improve Milk Quality. *Foods*. 2021. DOI:10.3390/foods10092076.

Full publication in International Τsiplakou Ε., Mavromatis A., **Mitsiopoulou C.**, Zervas G. The effect of dietary

Conferences supplementation with rumen protected methione and lysine on dairy sheep performance KEMIN Seminar at Lisbon, Portugal. 2017

Christodoulou, C., Kotsambasi, B., Tsiplakou, E., Mavrommatis, A., **Mitsiopoulou, C.**, Karaiskou, C., Dotas, D., Bampidis, V., Christodoulou,V., Zervas, G., 2017. Pomegranate pulp silage inclusion on lactating dairy cows diets and its effects on milk yield, antioxidant status and milk fatty acid profile. XII Kabrt’s Dietetic Days International Conference. Abstracts p. 181-187. Brno, Czech Republic, 20 April 2017.

**Mitsiopoulou C.,** Mavrommatis A., Tsiplakou E., Zervas G., Pacchioli M.T. Dietary nitrogen efficiency in dairy small ruminants under different farming systems (F-29). 1st International Symposium on Climate-Resilient Agri-Environmental Systems (ISCRAES) 04-06 November 2020.

Mavrommatis Α., **Μitsiopoulou C.,** Bartzanas T., Tsiplakou Ε., Zervas G., Pacchioli M.T. Evaluation of the greenhouse gases emitted by different sheep and goat farming systems in Greece (O-32). 1st International Symposium on Climate-Resilient Agri-Environmental Systems (ISCRAES) 04-06 November 2020.

Tsiplakou E., Mavrommatis A., **Mitsiopoulou C.** The rumen-protected amino acids affect sheep milk chemical composition and antioxidant capacity. 71st Annual Meeting of EAAP, Virtual Event on 1th -4th December 2020.

Full publication in National **Mitsiopoulou C.**, Τsiplakou Ε., Κaraiskou C., Labrou N. Ζervas G. Effect of soya bean and

Conferences fish oil inclusion in diets on milk and plasma enzymes from goat related with oxidation. [Hellenic Society of Animal Production](http://www.eze.gr/uk/pup.html), 2014 (No 40, 67)

Karaiskou C., Τsiplakou E., **Mitsiopoulou C.**, Labrou N., Ζervas G. Effect of soya bean and fish oil inclusion in diets on milk and plasma enzymes from sheep related with oxidation.[Hellenic Society of Animal Production](http://www.eze.gr/uk/pup.html), 2015 (No 42, 69-70)

**Mitsiopoulou C.**, Τsiplakou Ε., Pappas Α.C., Georgiadou Μ., Georgiou C.Α., Ζervas G. The determination of bioavailability in different types of calcined magnesites. [Hellenic Society of Animal Production](http://www.eze.gr/uk/pup.html), 2015 (No 42, 71-72)

**Mitsiopoulou C.**, Tsiplakou Ε., Karaiskou Χ., Pappas Α.C., Sotirakoglou Κ., Zervas G. Effect of sesamemeal, vitamin E and se supplementation in qualitative and quantitative characteristics of goat milk. [Hellenic Society of Animal Production](http://www.eze.gr/uk/pup.html), 2016 (No 44, 99-100).

Karaiskou Χ., Τsiplakou E., **Mitsiopoulou C.**, Pappas Α.C., Sotirakoglou Κ., Labrou Ν., Ζervas G. Effect of sesame meal supplementation in combination with vitamin E and Se on milk and plasma antioxidant status. [Hellenic Society of Animal Production](http://www.eze.gr/uk/pup.html), 2016 (No 44, 91-92).

Christodoulou C., Κοtsampasi Β., Τsiplakou Ε., Bampidis Β., Μavrommatis Α., **Mitsiopoulou C.**, Καraiskou C., Christodoulou V., Gervas G., Dotas D. Effects of dietary pomegranate pulp silage supplementation on milk yield and composition of lactating dairy cows. [Hellenic Society of Animal Production](http://www.eze.gr/uk/pup.html), 2016 (No 44, 107-108)

**Mitsiopoulou C.**, Tsiplakou Ε., Zervas G. Effect of sesame seeds supplementation in

qualitative and quantitative characteristics of goat milk. [Hellenic Society of Animal Production](http://www.eze.gr/uk/pup.html), 2018 (No 48, 87-88).

**Mitsiopoulou C.,** Mavrommatis A., Kyriakaki P., Lagonikou M., Zervas G., Tsiplakou E. Use of nitrogenous substances in sheep and goats’ diet of different production systems. Hellenic Zootechnical Society, 2019 (No 49, 42-43).

**Mitsiopoulou C.,** Lambrou N., Zervas G. Tsiplakou E. The effect of sesame seeds in goat diet on antioxidant activity of milk and blood plasma. Hellenic Zootechnical Society, 2019 (No 49, 50-51).

Mavrommatis A., **Mitsiopoulou C.,** Lagonikou M., Kyriakaki P., Bartzanas Th., Tsiplakou E., Zervas G. Evaluation of the amount of greenhouse gases emitted by different breeding systems of our country. Hellenic Zootechnical Society, 2019 (No 49, 83-84).

Participation in national HORIZON 2020: Marie Sklodowska-Curie Actions Research and Innovation Staff Exchange

and international research (RISE). H2020-MSCA-RISE-2017. «CowficieNcy» Upgrading and implementing

programs mathematical models to increase nitrogen efficiency of lactating dairy cows. No.777974

LIFE 2016: Forage systems for less greenhouse gas emission and more soil carbon sink in continental and Mediterranean agricultural areas. Νο. 08.0065

«Alfalfa hay evaluation for the determination of the optimal cultivation and processing conditions for quality products», principal investigator I. Hadjigeorgiou, AssociateProfessor, private agreement 15/01/2016-15/2/2016

«Evaluation of different types of calcined magnesites as feed supplement in small ruminants», principal investigator E. Tsiplakou, Associate Professor, private agreement 30/05/14- 28/02/15.

«Recharging Greek youth to revitalize the agriculture and feed sector of the Greek economy. New Agriculture for a new generation», principal investigator M. Kapsokefalou AssociateProfessor, private agreement (12/10/15- 30/11/15).



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| Honours and awards |  |  |

Scholarship for the academic year 2010-2011 by the State Scholarship Foundation (Grade 8,54 "Excellent")

Scholarship by Foundation «Panagiotis Triantafyllidis» for my postgraduate studies

Scholarship by Foundation «Panagiotis Triantafyllidis» for the first year of my PhD studies

Scholarship by the State Scholarship Foundation for my PhD studies

Award from the Dairy Industry FrieslandCampina Hellas in the competition «Idea challenge 2019»