



Investing for sustainable health and well-being #EUPHW
Daily theme: Aligning all policies with Public Health

Health FOR All Policies: Health Co-Benefits from a European and National perspective

European Public Health Week 2026

Monday 4 May 2026, 14:00–15:30 (EET)

Co-organised by:

Cyprus Epidemiology and Public Health Association (CyEPHA)

European Public Health Association (EUPHA)

Cyprus Ministry of Health, Directorate of Medical and Public Health Services

WHO Regional Office for Europe

Global Network for Health in All Policies

Under the auspices of the Cyprus Presidency of the European Council



European Public Health Week
Investing for sustainable health and well-being

Aligning all policies with public health
Monday 4 May 2026

Hybrid: Cyprus University of Technology (embedded in the 11th International Conference of the European Transcultural Nursing Association -ETNA) & **Online** (Zoom, via prior [Registration](#) only)





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**Health is not only an outcome –
it is a driver of progress across all sectors!**

PART A: European Perspective

Registration required [HERE](#). (open online participation)

14:00–14:10 Welcome & Introduction (10 min)

Assoc. Prof. Nicos Middleton, CyEPHA *Welcome & Introduction:
Health IN & FOR All Policies*

14:10–14:35 Short Interventions (6–7 min each)

Julian Fisher,
Global Network for Health in All Policies *Health IN and FOR All Policies for Transboundary and
Cross-Sectoral Collaboration in a Changing World*

Dr Natasha Azzopardi-Muscat,
Director, Health Systems, WHO Europe *Healthy Children and Adolescents: The foundation
for healthy societies*

Prof. Tit Albreht,
President EUPHA *Bridging evidence with policy and practice: Capacity-
building for intersectoral action*

Polly Michaelidou,
Cyprus Ministry of Health *National Strategy for Improving Quality of Life
through Healthy Diet & Physical Activity, 2025-2030*

14:35–15:05 Panel Discussion (30 min)

Panelists: All speakers.
Moderator: Dr. Christiana Demetriou,
WHO Cyprus Office *From concept to practice: enabling cross-sectoral
collaboration for health co-benefits*

15:05–15:25 Q&A with Audience (20 min)

Moderated by CyEPHA *Hybrid participation (in-room + online)*

15:25–15:30 Wrap-up & Key Takeaways

Assoc. Prof. Nicos Middleton, CyEPHA *Summary and closing remarks*

PART B: National Perspective

Registration required [HERE](#). (closed event among invited stakeholders)

16:00–17:30 National Dialogue (closed event; by invitation only)

No formal speakers. Facilitated by
CyEPHA & WHO Cyprus Office *Facilitated discussion among national stakeholders
(representatives of government departments,
competent authorities, professional bodies, scientific
societies, and patient/citizen organizations)*





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Dr Natasha Azzopardi-Muscat, Director, Division of Health Systems, WHO Regional Office for Europe

Dr Natasha Azzopardi-Muscat is a medical doctor and a specialist in public health medicine. Following her qualification as a medical doctor from the University of Malta in 1995, Dr Azzopardi-Muscat worked in various clinical specialties, including maternal and child health, mental health, and primary care. Having successfully completed a Master's Degree in Health Services Management at the London School of Hygiene and Tropical Medicine and the London School of Economics and Political Science she returned to work at the Ministry of Health in Malta.

Between 2001 and 2013, she occupied various senior positions in the Ministry including Director for EU and International Affairs, Director General for Strategy and Chief Medical Officer.

In 2016 she obtained her PhD from the University of Maastricht having successfully defended her transdisciplinary research on *"The Europeanisation of health systems: a small state perspective"*. She is the author of several publications in public health and European health policy.

Between 2016 and 2020 she served as the President of the European Public Health Association (EUPHA) where she was actively involved in health advocacy at the European level.

In 2020, Dr Azzopardi-Muscat joined WHO/Europe and was appointed Director of the Division of Country Health Policies and Systems. She served continuously in that position until her re-appointment as Director of Health Systems in June 2025.

She is an associate professor at the University of Malta and a visiting scholar at the University of Maastricht.

In 2024 she was awarded the Andrija Stampar medal by the Association for Public Health Schools of the European Region (ASPHER) and in 2025 she was awarded an Honorary Fellowship by the Faculty of Public Health of the United Kingdom in recognition of her important contributions to public health.

Dr Azzopardi-Muscat is married to Dr Conrad Azzopardi and has three children Aidan, Sereena and Nathan.

Prof. Tit Albreht, President, European Public Health Association (EUPHA)

Prof. Tit Albreht, M.D., Ph.D. in Health Services Research at the University of Amsterdam, Senior Researcher at the Centre for Health Care at the National Institute of Public Health of Slovenia, Senior Researcher in the field of health services research, health policy and health systems research, member of the Scientific Committee of EUPHA.

He served as President of the Slovenian Preventive Medicine Society between 2016 and 2022, and he is currently President of the European Public Health Association (EUPHA) for the term 2024-2026.

He was the scientific coordinator of four EU cancer policy projects, Joint Actions, currently WP co-leader in JA on the EU Network of Comprehensive Cancer Centres. He is Associate Professor of public health at both Slovenian faculties of medicine as well as at the Faculties of Health Sciences in Maribor and Jesenice.

Julian Fisher, Global Network for Health in All Policies (GNHiAP)

Julian Fisher is a policy advisor and educator with expertise in social and environmental determinants of health, health in all policies and multisectoral action, health security, and capacity development for sustainable development. He is Director of German-registered non-governmental organization Zero Water Day Partnership (ZWDP) which is a member of the UN Mountain Partnership.





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His work covers a diverse range of professional domains including international public health policy and advocacy (consultancies for UN agencies, WHO, UNESCO & UNEP), health profession management, health workforce undergraduate and post-graduate education, as well as primary and secondary school education.

He is co-editor of the WHO publication “Integrating the social determinants of health into health workforce education and training”. He leads international HiAP and SDH summer schools at universities around the world. He is the lead author and coordinator of the GNHIAP commentary *'Health in All Policies in a Changing World'* which supports the EUPHA course *“Health in All Policies and Human Security for Resilience, Preparedness and Security in a Changing World: Time to Train”*.

Polly Michaelidou, Cyprus Ministry of Health

Polly Michaelidou is a Clinical Dietitian. She holds a BSc in Nutrition and a Postgraduate Diploma in Dietetics from King’s College London, as well as a Master’s degree in Healthcare Management from the Cyprus Open University. With over 23 years of clinical experience in hospital settings, she has extensive expertise in assessing patients’ nutritional needs, providing evidence-based dietary advice, and developing individualized nutrition care plans.

She began her career at Queen Elizabeth Hospital NHS Trust in London, and later worked in Limassol and Paphos Hospitals as well as the Bank of Cyprus Oncology Centre. For the past 17 years, she has been based at Nicosia General Hospital, supporting patients undergoing gastrointestinal or head and neck surgery, those with conditions requiring enteral feeding, as well as individuals living with diabetes, cardiovascular and renal diseases, and eating disorders. Over the last year, she has been serving in the Medical and Public Health Services at the Ministry of Health, contributing to public health promotion and the advancement of nutrition-related initiatives.

Assoc. Prof. Nicos Middleton, Chair, Governing Board, CyEPHA

Dr Middleton, BSc, MSc, PhD, is Associate Professor in *Health Research Methodology* at the School of Health Sciences, Cyprus University of Technology. He has served as Dept Nursing Chair (2014-2016) and Dean of the School of Health Sciences (2016, 2018-2020). His core interests are on socio-environmental determinants of health, as well as health services research within a participatory research and learning framework.

During 2016-2020, he served as Government Representative in the Board of Directors of the Health Insurance Organization. He was a Founding member, Vice-President (2022-2024) and currently President elect of the Governing Board of the Cyprus Epidemiology and Public Health Association, national representative of Cyprus in EUPHA and affiliated member of the International Epidemiological Association.

Dr Christiana Demetriou, WHO Country Office, Cyprus

Dr Demetriou is a Public Health Officer at the WHO Country Office in Cyprus. Her work supports population health through evidence-informed approaches, health promotion, and collaboration across sectors to strengthen public health systems. She provides technical support to national authorities on health systems strengthening, rights-based, patient-centered mental health services, health security and emergency preparedness. In parallel, she is a visiting Associate Professor for Epidemiology and Public Health, at the University of Nicosia Medical School and has extensive experience in epidemiology, public health research at national and international levels, and academic leadership.

