**EDUCATION**

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| Degree  | Institution | Dates | Majors |
| PhD | National and Kapodistrian University of Athens School of Health Sciences, Department of Nursing, Greece | 2003-2005 | Nursing |
| MSc | University of Manchester, Faculty of Medical and Human Sciences, School of Nursing, Midwifery and Social Work, United Kingdom | 1994-1996 | Nursing |
| BSc | Panteion University of Social and Political Sciences, Department of Public Administration, Athens Greece | 1988-1992 | **Public Administration** |
| Diploma | School of Nursing and Midwifery, Ministry of Health, Nicosia, Cyprus | 1985-1986 | Nursing Administration |
| Diploma | School of Nursing and Midwifery, Ministry of Health, Nicosia, Cyprus | 1972-1975 | General Nursing |

**RESEARCH**

Dr Papastavrou research experience focuses on two main directions of scientific inquiry: a) the aspect of care as a multidimensional and complex phenomenon and b) the effects of care of chronically ill patients on their family carers, especially in the case of dementia care.

As regards the first direction of research, studies focused on nurse caring behaviours and individualised care as related to patient outcomes through 2 international projects, the Care Project and the Individualised Care Project. This was followed by looking on other elements influencing the concept, organization and delivery of care, such as: the environment of care, inter-professional collaboration and issues influencing the delivery of care such (e.g. perceptions of the professional environment, the ethical climate, organizational culture, the clinical learning environment, critical thinking and decision making processes). The current interest on the aspect of care is nursing care rationing and care prioritization as a multidimensional and international problem (e.g. from the organisational, decision-making, clinical, ethical and moral aspect) through a project that was funded by EU COST Action (CA15208). The second direction of research is related to carers and combines the effects of care of chronically ill patients on their families, with phenomena like caregiver burden, psychiatric morbidity, quality of life and coping with care. Caregiver burden has been studied in families of patients with cancer, schizophrenia and dementia. Additionally, dementia caregiver burden is explored in relation to the social capital, to health literacy, nurses’ knowledge and attitudes and efficacy of care.

**TEACHING**

**Course delivery in BSc Program** (Course leader and responsible for the course design, teaching and evaluating students of nursing at the undergraduate level of **NUR 123, 151, 152, 251, 369 and NUR333).**

* Fundamentals of Nursing I, 2007-today: (1stSemester, 5 ECTS, 3 hours/week, include theory and tutorials)
* Fundamentals of Nursing II, 2008-today: (2nd Semester, 7 ECTS, 10 hours/week, include theory, laboratory teaching and teaching in the clinical area.
* Fundamentals of Nursing III, 2008-today: (3rd Semester, 5 ECTS, 4 hours/week, include theory and laboratory teaching.)
* Introduction to the Science of nursing, 2007-today: (1st Semester, 3 ECTS, 2 hours/week)
* The multidimensional nature of Alzheimer’s disease and related dementias, 2015: (Elective, 6th semester, 3 ECTS, 2 hours per week)
* Nursing Ethics and legal issues, starting 2018 (3 ECTS, 2 hours/week)

**Master Degree Program (Participation in several branches of the Master of Advanced Nursing degree of the Cyprus University of Technology as follows: ΝUR 528, 516, 504, 532, 539)**

* Scientific Writing and presentation (6 hours)
* The concept of caring in nursing: a philosophical approach (3 hours)
* The challenges of international research projects (3 hours)
* Diagnostic instruments used in Community Nursing (6 hours)

**PhD program**

Teaching at this level consists of workshops about research in Health sciences (NUR808) but mainly it consists of personal guidance and supervision of PHD students as the senior supervisor or as a member of the supervisory team. This includes Individualized Tutorials to PhD students for research methodology and for themes around the subject been investigated.

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| **1.** | **Project title:** | **RANCARE: Rationing – Missed Nursing care: An international and multidimensional problem** |
|  | Aims/Objective: | To facilitate a debate on the conceptualization of rationing and the methodological challenges in investigating and monitoring the phenomenon and the development and evaluation of intervention methods. It will also facilitate stakeholders to develop a responsive research agenda that identifies challenges and innovative cost-effective and patient-centered solutions associated with care rationing. It will enable research and policy synergies by drawing out the implications of nursing rationing across countries and identify innovative delivery models and strategies with an overall aim to address patient needs. The Memorandum of Understanding can be retrieved from the <http://www.cost.eu/COST_Actions/ca/CA15208> |
|  | Funding body: | EU, COST  |
|  | Amount: | 600.000 EU approximate amount |
|  | Period: | 2016-2020 |
|  | Main Proposer and Chair: | Evridiki Papastavrou |
|  | Parties | Belgium, Croatia, Cyprus, Czech Republic, Finland, Germany, Greece, Ireland, Israel, Lithuania, Norway, Slovakia, Switzerland, United Kingdom, Spain, Portugal, Latvia, Netherlands, Italy, Portugal. |
|  | Team of secondary proposers: | **Australia** (Dr Luisa Toffoli, Dr Lily Xiao, Prof Eilieen Willis), **Belgium** (Prof Walter Sermeus), **Canada** (Dr Christian Rochefort), **Switzerland** (Dr Maria Schubert, Prof Michael Simon), **Cyprus** (Dr Panayiota Andreou, Dr Georgios Efstathiou, Mr Ioannis Leontiou, Mr Stavros Vryonides, Mrs Maria Dimitiradou, Ms Maria Seleari, MrTheodoros Petelis), **Czech Republic** (Ms Renata Zelenicova, Dr Darjia Jarosova), **Spain** (Prof Pilar Fulster), **Finland** (Prof Helena Leino-Kilpi, Prof Riitta Suhonen), **United Kingdom** (Prof Ann Scott), **Greece** (Prof Elisabeth Patiraki), **Italy** (Prof Alvisa Palese, Dr Dietemar Ausserhofer), **Lithuania** (Olga Riklikienė), **New Zeeland** (Dr Clare Harvey) **Portugal** (Prof Raul Cordeiro), **Poland** (Beata Babiarczyk), **Slovakia** (Elena Gurkova, Katarina Ziakova), **Turkey** (Prof Rengin Acaroglou), **USA** (Dr Terry Jones, Prof Sean Clarke, Dr Patti Hamilton). |
| **2.** | **Project title:** | **APPs for carers – APPS4CARERS** |
|  | Aims/Objectives: | To contribute to the wellbeing of informal carers by overcoming barriers which limit them and their care recipients from benefiting fully by learning, information and social participation opportunities offered via ICTs and especially mobile devices. |
|  | Funding body: | Erasmus Plus |
|  | Main Proposer: | LINNEUNIVERSITETET |
|  | Coordinator: | LINNEUNIVERSITETET |
|  | Team:Cyprus Coordinator | LINNEUNIVERSITETET, ANZIANI E NON SOLO SC, ISTITUTO NAZIONALE DI RIPOSO E CURA PER ANZIANI INRCA, SINGULARLOGIC ANONYMI ETAIRIA PLIROFORIAKON SISTIMATON KAI EFARMOGON PLIROFORIKIS, Virtual Campus Lda, CYPRUS UNIVERSITY OF TECHNOLOGY (E. Papastavrou)Dr Evridiki Papastavrou |
| **3.** | **Project title:** | **Joint Job Burnout Interventions for Beginner Nurses, Nurse Students and Care Workers: JOBIS** |
|  | Aims/Objectives: | To develop interactive training material for the blended-learning burnout prevention and coping training course adapted for nurses, nurse students and care workers. Project activities are addressing on diversity in education and training: new created curriculum contents and ICT materials and develop an innovative and transferable blended-learning training methodology aimed to increase awareness of the target groups on burnout syndrome, to provide tools for attitudes changes towards own job and health, for burnout prevention and coping. |
|  | Funding body: | Erasmus Plus |
|  | Main Proposer: | ROMANIA |
|  | Cyprus Coordinator  | Romania, Italy, Lithuania, Cyprus (CUT, E. Papastavrou)Dr Evridiki Papastavrou |
|  | Coordinator: | Ordinul Asistentilor Medicali Generalisti, Moaselor si Asistentilor Medicali din Romania Filiala Iasi. |
| **4.** | **Project title:** | **Empowering learning environments in nursing education (EleneIP)** |
|  | Aims/ | To prepare future nurse teachers |
|  | Funding body: | Life Long Learning Programme, EU |
|  | Amount: | 148.000 Euro |
|  | Period: | June 2013 |
|  | Coordinator:  | L. Salminen (University of Turku) |
|  | Team: | E. Papastavrou (Cyprus University of Technology) L. Salminen (University of Turku), P. Fulster, UniversitatInternacional de Catalunya, Barcellona, Spain) N. Istomina Klaipeda University, Lithuania. |
|  | Host Organ: | University of Turku |
| **5.** | **Project title:** | **ICProject: Individualised care from the patient's point of view**[www.med.utu.fi/hoitotiede/tutkimus/tutkimusprojektit/ic\_project/index](http://www.med.utu.fi/hoitotiede/tutkimus/tutkimusprojektit/ic_project/index) |
|  | Aims/Objective: | An international study aimed to explore the perceived individualization of care in orthopedic and surgical patients in seven European countries. Cyprus joined the group in 2007 |
|  | Funding body: | University of Turku |
|  | Period: | 2002-2010 |
|  | Coordinator: | Riitta Suhonen |
|  | Team: | (Professor Helena Leino-Kilpi, Professor SannaSalanterä, Heli Virtanen and Mirkka Rantanen Department of Nursing Science) University of Linköping, Sweden(Professor Mitra Unosson) Klaipeda University Lithuania (Natalja Istomina, Darius Kyrlus) National and Kapodistrian University of Athens Greece (ChryssoulaLemonidou, Panagiota Copanitsanou, Panagiota Sourtzi), Cyprus University of Technology, Department of Nursing, School of Health Studies (Evridiki Papastavrou and Andreas Charalambous) International University of Catalonia, Spain (Professor Adela Zabalequi, Esther Cabrera, Elisabeth Argemi) |
|  | Host Organ.Cyprus Coordinator | University of TurkuDr Evridiki Papastavrou |
| **6.** | **Project title:** | **Empowering patients through education: A European Study** [**http://www.med.utu.fi/hoitotiede/epe/index**](http://www.med.utu.fi/hoitotiede/epe/index) |
|  | Aims/ Objective: | To explore patients’ families’ and nurses’ perceptions about patient education for osteoarthritis. |
|  | Funding body: | University of Turku, Finland |
|  | Period: | 2009-2012 |
|  | Coordinator: | Kirsi Valkeapää (ex. Johansson), Docent, RN, University of Turku |
|  | Team: | Finland (Professor Helena Leino-Kilpi, Professor Sanna Salantera, Heli Virtanen and Mirkka Rantanen Department of Nursing Science) University of Linkoping, Sweden (Professor Mitra Unosson) Klaipeda University Lithuania (Natalja Istomina, Darius Kyrlus) National and Kapodistrian University of Athens Greece (ChryssoulaLemonidou, Panagiota Copanitsanou, Panagiota Sourtzi), Cyprus University of Technology, Department of Nursing, School of Health Studies (Evridiki Papastavrou and Andreas Charalambous) International University of Catalonia, Spain (Professor Adela Zabalequi, Esther Cabrera, Elisabeth Argemi) |
|  | Host Organ.Cyprus Coordinator | University of Turku, Department of Nursing ScienceDr Evridiki Papastavrou |
| **7.** | **Project title:** | **RN4CAST-CY, a replication study,** [**http://rn4castcyprus.org/team.htm**](http://rn4castcyprus.org/team.htm) |
|  | Aims/ Objective: | To replicate the RN4 CAST study in order to describe the Cyprus nursing workforce and compare with the other European countries. |
|  | Funding body: | Cyprus Nurses Association |
|  | Amount: | 10.000 Euros |
|  | Period: | 2013-2016 |
|  | Coordinator: | Dr Evridiki Papastavrou |
|  | Team: | Walter Sermeus (University of Leuven), Evridiki Papastavrou, Anastasios Merkouris, Andreas Charitou, Christos Andreou, Maria Dimitriadou (Cyprus University of Technology) Maria Prodromou (European University of Cyprus), Despo Constandinou (Nicosia General Hospital), Stavros Vryonides (Limassol Hospital), HaritiniTsangari, (University of Nicosia), Georghios Efstathiou (Nursing Services, Ministry of Health).  |
|  | Host Organ. | Cyprus University of Technology |
| **8.** | **Project title:** | **The effect of an education program for registered nurses related to the management of patients with acute confusion in hospitals -**  |
|  | Aims/ Objectives: | To apply an educational intervention in the Cyprus hospitals that will increase knowledge and change attitudes of nurses towards patients with acute confusion states. |
|  | Funding body: | Doctoral research project funded by the Cyprus State Scholarship Foundation |
|  | Amount: | 12.000, Euros |
|  | PHD Student: | Maria Papaioannou - applicant  |
|  | Period: | 2014-2017 |
|  | Coordinator: | Dr E. Papastavrou |