

Curriculum Vitae

Nicos Middleton

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NICOS MIDDLETON

Associate Professor in
Health Research Methodology & Biostatistics



Department of Nursing, Faculty of Health Sciences
Cyprus University of Technology
15, Vragadinou Str, 3041 Limassol, Cyprus

Date/Place of Birth:

16 Nov 1974
Paphos, Cyprus

Family status:

Married to Katriona Ishbel Mackay
Two children (Sophia aged 9 & Michael aged 5)

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1. Education

PhD**Epidemiology**

Thesis: "An investigation into the spatial epidemiology of suicide mortality in England & Wales".

Advisors: David Gunnell, Prof Epidemiology & Jonathan Sterne, Prof Medical Statistics and Epidemiology

Title awarded: March, 2005

Division of Epidemiology,
Dept Social Medicine (*now* School of Social & Community Medicine),
Faculty of Medicine & Dentistry,
University of Bristol, Bristol, UK

Nov 2000 –
Oct 2004

MSc**Health Care Decision Analysis**

Thesis: "Investigation and modelling of waiting times for elective admission to hospital: A system dynamics modelling approach"

Advisors: Colin Sanderson, Prof Operational Research in Health Care & Gwyn Bevan, Prof Policy Analysis

Dept Operational Research,
London School Economics and
Political Science (LSE)
joint with
Dept Public Health & Policy,
London School of Hygiene and
Tropical Medicine, London, UK

Sept 1997 –
Sept 1998

BSc

(1:1 Hons)

Statistics and Operational Research

Dept Statistical Science
University College London, UK

Sept 1994 –
June 1997

2. Academic Posts, Roles & Affiliations

Department Vice Chair

Department of Nursing, Faculty of Health Sciences,
Cyprus University of Technology, Limassol, Cyprus

July 2017 –
currently

Faculty Dean

Faculty of Health Sciences
Cyprus University of Technology, Limassol, Cyprus

Mar 2016 –
Jan 2017

Department Chair

Department of Nursing, Faculty of Health Sciences,
Cyprus University of Technology, Limassol, Cyprus

Jan 2015 –
Jan 2017

Associate Professor in <i>Health Research Methodology & Biostatistics</i> Assistant Professor	Department of Nursing, Faculty of Health Sciences, Cyprus University of Technology, Limassol, Cyprus	Nov 2014 – present
	Department of Nursing, Faculty of Health Sciences, Cyprus University of Technology, Limassol, Cyprus	Mar 2009 – Nov 2014
Affiliated Faculty	Cyprus International Institute for Environmental and Public Health (CII) <i>in association with</i> Harvard School Public Health, Cyprus University of Technology, Limassol, Cyprus	Sept 2012 – present
Associate Teaching Staff	School of Management, Open University of Cyprus MSc programme in <i>Health Services Management</i>	Sept 2008 – July 2009
Visiting Fellow & Instructor in <i>Epidemiology</i>	Cyprus International Institute for Environmental and Public Health (CII) <i>in association with</i> Harvard School Public Health, Nicosia, Cyprus	Sept 2006 – June 2008
Post-doctoral Research Fellow in <i>Environmental Epidemiology</i>	Harvard School Public Health, Dept Environmental Health, Exposure, Epidemiology & Risk Program, Boston, USA	Nov 2005 – June 2008
Honorary Research Associate	Dept. Social Medicine, University of Bristol, Bristol, UK	Nov 2005 – Nov 2006
Lecturer in <i>Medical Statistics</i>	Dept. Social Medicine, University of Bristol, Bristol, UK	Mar 2005 – Oct 2005
Research Associate & <i>Data manager for Boyd Orr cohort</i>	Dept. Social Medicine, University of Bristol, Bristol, UK	Nov 2003 – Feb 2005
PhD candidate	Dept. Social Medicine, University of Bristol, Bristol, UK <i>jointly funded by the Overseas Research Scheme, UK (ORS) & Faculty of Medicine & Dentistry, Univ Bristol (2000-2003)</i>	Nov 2000 – Oct 2004
Research Assistant/ Medical Statistician	Dept. Social Medicine, University of Bristol, Bristol, UK	Mar 1999 – Oct 2000
MSc thesis placement	London Health Economics Consortium and Trauma & Orthopaedics Department, Milton Keynes General Hospital, London, UK	Jun 1998 – Sept 1998

3. Citation overview *(Date accessed – Jan 2017)*

<https://scholar.google.com/citations?user=baFhQggAAAAJ&hl=en&authuser=1>

	Google Scholar (since 2012)
Number of citations (since 2012)	2008 (1249)
h-index (since 2012)	21 (19)
i10-index (since 2012)	38 (36)
Cited ≥ 1	65
Item with highest number of citations	256
Average citations per item	25.4
Citations per year (16-year period 2000-2017)	112

4. Publications

A. MSc and PhD Theses

- (A2) **Middleton N.** *An investigation into the spatial epidemiology of suicide in England & Wales.* [Volume I] PhD thesis. Department of Social Medicine, University of Bristol, March, 2005.
- Middleton N.** *An investigation into the spatial epidemiology of suicide in England & Wales: Atlas of suicide mortality and its socioeconomic determinants in England & Wales.* [Volume II]. PhD thesis. Department of Social Medicine, University of Bristol, March, 2005.
- (A1) **Middleton N.** *Waiting times for elective admission to hospital: A system dynamics modelling approach.* Unpublished MSc thesis. Dept Operational Research, London School of Economics & Political Sciences and Dept Public Health & Policy, London School of Hygiene & Tropical Medicine, September, 1998.

B. Books, Chapters and Edited volumes

- (B4) **Middleton N**, Ellina P Zannoupas G, Lamnisis D, Kouta C.: *Socioeconomic inequality in health: individual- and area-level measures of socioeconomic position.* In Uskul AK & Oishi S. (Eds). *Social Environment and Human Psychology*, Open University Press, 2017 [in press].
- (B3) Lamnisis D and **Middleton N**. Spatial hierarchical models for summarizing area-level deprivation indices from census-data. In Dimitra Sifaki-Pistolla & Georgia Pistolla (Eds). *Geographic Information Systems for Mapping Epidemiology Trends*. IGI Press, 2017 [forthcoming]
- (B2) **Middleton N**, Christiana K (Eds) *Translation & scientific editing in Greek* of Whitehead M & Dahlgren G (2006). Concepts and principles for tackling social inequities in health. Levelling up. WHO Regional Office for Europe [In Greek: Έννοιες και αρχές στην αντιμετώπιση των κοινωνικών ανισοτήτων στην υγεία – Εξίσωση προς τα άνω]. Cyprus University of Technology, Limassol, 2013.
- (B1) **Middleton N** (Ed) *Translation & scientific editing in Greek* of Bowers D. *Medical statistics from scratch. An introduction for health professionals* [In Greek: Μετάφραση-Επιμέλεια – Μίτλεπτον Ν. Θεμελιώδεις Έννοιες στη Βιοστατιστική. Εισαγωγή για Επαγγελματίες Υγείας]. Paschalides Medical Publications, Athens, 2011. ISBN: 978-960-489-033-0.

C. Articles in peer-reviewed journals

- (C79) **Middleton N**, Andreou P, Kouta C, Karanikola M, Kolokotroni O, Papastavrou E.. Investigation into the construct validity of the Workplace Social Capital questionnaire and its association with self-rated health and mental distress Submitted to *Social Science & Medicine*
- (C78) Economou M, Paphiti-Demetrioi I, Kolokotroni O, Kouta C, Lambrinou E, Hadjigeorgiou E, Hadjiona V, Tryfonos F, Filippou E, **Middleton N**. Prevalence of breastfeeding and exclusive Breastfeeding at 48 hours after birth and up to the 6th month in Cyprus: the BrEaST start in life project. *Public Health Nutrition* 2017 [in press]
- (C77) Kouis P, Hadjisavvas A, **Middleton N**, Papatheodorou SI, Kyriacou K, Yiallouros PK. The effect of l-Arginine on Ciliary Beat Frequency in PCD patients, non-PCD respiratory patients and healthy controls. *Pulmonary Pharmacology & Therapeutics*. 2017 [in press].

- (C76) Papathanassoglou E, **Middleton N**, Benbenishty J, Williams G, Christofi MD, Hegadoren K. Systematic Review of Gender-dependent outcomes in sepsis. *Nursing in Critical Care*. 2017 [in press]
- (C75) Iordanou S, **Middleton N**, Papathanassoglou E, Raftopoulos V. Surveillance of device associated infections and mortality in a major intensive care unit in the Republic of Cyprus. *BMC Infectious Diseases*. 2017; 17(1): 607.
- (C74) Christodoulou-Fella M, **Middleton N**, Papathanassoglou ED, Karanikola MN. Exploration of the Association between Nurses' Moral Distress and Secondary Traumatic Stress Syndrome: Implications for Patient Safety in Mental Health Services. *BioMed Research International*. 2017 [in press].
- (C73) Kouis P, Yiallourous PK, **Middleton N**, Evans JS, Kyriacou K, Papatheodorou SI. Prevalence of Primary Ciliary Dyskinesia in consecutive referrals of suspect cases and the Transmission Electron Microscopy detection rate: A systematic review and meta-analysis. *Pediatric Research* 2017 [in press].
- (C72) Papathanassoglou ED, Mpouzika MD, Giannakopoulou M, Bozas E, **Middleton N**, Tsiaousis G, Karabinis A. Association between lymphocyte expression of the apoptotic receptor Fas and pain in critically ill patients. *Journal of pain research*. 2017; 10: 175.
- (C71) Gabriel E, Middleton N, Papastavrou E, Merkouris A. Mapping organizational culture in the hospital setting. *Archives of Hellenic Medicine [in Greek]* 2017; 34(3): 295-302
- (C70) Yiallourous PK, Kouis P, Kolokotroni O, Youhanna S, Savva SC, Dima K, Zerva A, Platt D, **Middleton M**, Zalloua P. Shared genetic variants between serum levels of high-density lipoprotein cholesterol and wheezing in a cohort of children from Cyprus. *Italian Journal of Pediatrics* 2016; 62(1) :67.
- (C69) Philippou E, **Middleton N**, Pistos C, Andreou E, Petrou M. The impact of nutrition education on nutrition knowledge and adherence to the Mediterranean Diet in adolescent competitive swimmers. *Journal of Science and Medicine in Sport*. 2017; 20(4): 328-32.
- (C68) Georgiou M, Papathanassoglou E, **Middleton N**, Papalois A, Xanthos T. Combination of chest compressions and interposed abdominal compressions in a swine model of ventricular fibrillation. *American Journal of Emergency Medicine* 2016; 34(6): 968-974.
- (C67) Hadjiona V, **Middleton N**, Kouta C, Hadjigeorgiou E, Lambrinou E, Kolokotroni O. Cyprus mothers' breast feeding self-efficacy and their perceptions about the implementation of the '10 steps' in the first 48hours after birth. *Midwifery* 2016; 36: 43-52.
- (C66) Rousou E, Kouta C, **Middleton N**. Association of social support and socio-demographic characteristics with poor self-rated health and depressive symptomatology among single mothers in Cyprus: a descriptive cross-sectional study. *BMC Nursing* 2016; 15(1): 1.
- (C65) Karanikola MN, Giannakopoulou M, Kalafati M, Kaite CP, Patiraki E, Mpouzika M, Papathanassoglou EDE, **Middleton N**. Anxiety symptoms and quality of interaction among oncology nurses: a correlational, cross-sectional study. *Revista da Escola de Enfermagem da USP*. 2016; 50(5): 800-807
- (C64) Stylianides C, **Middleton N**, Kouta C, Raftopoulos V. The Role of Emotional Intelligence and Postpartum Depression in Predicting Mothers' Satisfaction with Quality of Co-Operation with Obstetricians and Midwives. *International Journal of Caring Sciences* 2016; 9(1): 22.

- (C63) Papastavrou E, Andreou P, **Middleton N**, Merkouris A, Lambrou P, Lemonidou C. Translation and Validation of the Revised Professional Practice Environment Questionnaire in the Greek Language. *Journal of Nursing Measurement*. 2015; 23(3): 112E-27E.
- (C62) Papastavrou E, Andreou P, **Middleton N**, Tsangari H, Papacostas S. Dementia caregiver burden association with community participation aspect of social capital. *Journal of Advanced Nursing*. 2015; 71(12):2898-910.
- (C61) Kolokotroni O, **Middleton N**, Kouta C, Raftopoulos V, K Yiallourous P. Association of serum vitamin D with asthma and atopy in childhood: review of epidemiological observational studies. *Mini reviews in medicinal chemistry*. 2015; 15(11): 881-99.
- (C60) Papadopoulou A, Kouis P, **Middleton N**, Kolokotroni O, Karpathios T, Nicolaidou P, Yiallourous PK. Association of vitamin D receptor gene polymorphisms and vitamin D levels with asthma and atopy in Cypriot adolescents: a case–control study. *Multidisciplinary respiratory medicine*, 2015; 10(1): 1
- (C59) Nicolaou C, Kouta C, Papathanasoglou E, **Middleton N**. Perceived Social Support among Greek-Cypriot Mothers of Children with Cancer and Mothers of Healthy Children. *International Journal of Caring Sciences* 2015; 8(2): 241.
- (C58) Pericleous S, Smith LI, Karim MA, **Middleton N**, Musbahi A, Ali A. Endoscopic retrograde cholangiopancreatography in Ayrshire, Scotland: a comparison of two age cohorts. *Scottish Medical Journal* 2015; 60(2): 95-100.
- (C57) Papathanassoglou ED, Mpouzika MD, Giannakopoulou M, Bozas E, Middleton N, Boti S, Karabinis A. Pilot Investigation of the Association Between Serum Stress Neuropeptide Levels and Lymphocyte Expression of Fas and Fas Ligand in Critical Illness. *Biological research for nursing* 2015; 17(3): 285-94.
- (C56) Lambrinou E and **Middleton N**. Measures of self-care in heart failure: How methodological queries are translated into clinical ones? *Heart & Lung* 2015; 44(1): 83-85.
- (C55) Lambrou P, Papastavrou E, Merkouris A, Middleton N. Professional environment and patient safety in emergency departments. *International emergency nursing*. 2015; 23(2):150-155.
- (C54) Yiallourous PK, Economou M, Kolokotroni O, Savva SC, Gavatha M, Ioannou P, Karpathios T, **Middleton N**. Gender differences in objectively assessed physical activity in asthmatic and non-asthmatic children. *Pediatric pulmonology*. 2015; 50(4): 317-326.
- (C53) Yiallourous PK, Kouis P, **Middleton N**, Nearchou N, Adamidi T, Georgiou A, Eleftheriou A, Ioannou P, Hadjisavvas A, Kyriacou K. Clinical features of primary ciliary dyskinesia in Cyprus with emphasis on lobectomized patients. *Respiratory Medicine* 2015; 109 (3): 347-356
- (C52) Papathanassoglou EDE, **Middleton M**, Hegadoren K. Sex-dependent disparities in critical illness: methodological implications for critical care research. *Nursing in critical care* 2015; 20(2): 58-62.
- (C51) Kolokotroni O, Papadopoulou A, Yiallourous D, Kouta C, Raftopoulos V, Lamnisis D, Nicolaidou P, **Middleton N**. Association of vitamin D with adiposity measures and other determinants in a cross-sectional study of Cypriot adolescents. *Public Health Nutrition* 2015: 18(1): 112-121
- (C50) Kolokotroni O, Papadopoulou A, **Middleton N**, Kouta C, Raftopoulos V, Nicolaidou P, Yiallourous P. Vitamin D levels and status amongst asthmatic and non-asthmatic adolescents in Cyprus: a comparative cross-sectional study. *BMC Public Health* 2015; 15: 48
- (C49) Gavriel E, Merkouris A, **Middleton N**, Papastavrou E. Organizational culture of nursing staff in the hospital setting [in Greek: Οργανωσιακή κουλτούρα του νοσηλευτικού προσωπικού στο χώρο του

νοσοκομείου: συστηματική βιβλιογραφική ανασκόπηση]. *Hellenic Journal of Nursing* 2015; 54(1): 25-37.

- (C48) Lambrinou E, Kalogirou F, Lamnisis D, Papathanassoglou E, Protopapas A, Sourtzi P, Barberis VI, Lemonidou C, Antoniadou LC, Middleton N. The Greek version of the 9-item European heart failure self-care behaviour scale: A multidimensional or a uni-dimensional scale?. *Heart & Lung: The Journal of Acute and Critical Care*. 2014 Dec 31;43(6):494-9.
- (C47) Yiallourous PK, Savvas S, Kolokotroni O, Dima K, Zerva A, Kouis P, Bousquet J, **Middleton N**. Asthma: the role of low high-density lipoprotein cholesterol in childhood and adolescence. *International Archives of Allergy & Immunology* 2014; 165(2): 91-99.
- (C46) Lambrou P, Merkouris A, **Middleton N**, Papastavrou E. Nurses perceptions of their professional practice environment in relation to job satisfaction: a review of quantitative studies. *Health Science Journal* 2014; 8(3): 298-317.
- (C45) Rousou E, Kouta C, **Middleton N**, Karanikola M. Single mothers' self-assessment of health: a systematic exploration of the literature. *International nursing review*. 2013; 60(4): 425-34.
- (C44) Sokratous S, Merkouris A*, **Middleton N***, Karanikola M*. The prevalence and socio-demographic correlates of clinically significant depressive symptoms among Cypriot university students: a cross-sectional descriptive correlational study. *BMC Psychiatry* 2014; 14: 235.*equal contribution
- (C43) Pylli M, **Middleton N**, Charalambous A, Raftopoulos V. HIV prevalence, sexual and HIV testing behaviors among men who have sex with men (MSM) in the Republic of Cyprus, 2011-2012: data from a cross-sectional study. *BMC Infectious Diseases* 2014; 14: 432.
- (C42) Papastavrou E, Andreou P, **Middleton N**. Social capital and care in the community: a methodological study. *European Journal for Person Centered Healthcare* 2014; 2(3): 320-7.
- (C41) **Middleton N**, Kolokotroni O, Lamnisis D, Koutrakis P, Yiallourous PK. Prevalence of asthma and respiratory symptoms in 15–17 year-old Greek-Cypriots by proximity of their community of residence to power plants: Cyprus 2006–07. *Public Health* 2014; 128(3): 288-96.
- (C39) Papastavrou E, Andreou P, **Middleton N**, Papacostas S, Georgiou IK. Factors associated with quality of life among family members of patients with dementia in Cyprus. *International Psychogeriatrics*. 2014; 26(03):443-52.
- (C38) Sokratous S, Merkouris A*, **Middleton N***, Karanikola M*. The association between stressful life events and depressive symptoms among Cypriot university students: a cross-sectional descriptive correlational study. *BMC Public Health* 2013; 13(1):1. *equal contribution
- (C36) Yiallourous PK, Lamnisis D, Kolokotroni O, Moustaki M, **Middleton N**. Associations of body fat percent and body mass index with childhood asthma by age and gender. *Obesity* 2013; 21(9): E474-82.
- (C34) Lambrinou E, Kalogirou F, Lamnisis D, **Middleton N**, Sourtzi P, Lemonidou C, Barberis VI, Avraamides P, Christodoulou A, Ioannides M, Papathanassoglou EDE. Evaluation of the psychometric properties of the Greek version of the Minnesota Living with Heart Failure Questionnaire. *Journal of Cardiopulmonary Rehabilitation and Prevention* 2013; 33(4): 229-233.
- (C33) Lamnisis D, Moustaki M, Kolokotroni O, Koksoy H, Faiz M, Arifoglu K, Milton DK, **Middleton N**, Yiallourous PK. Prevalence of asthma and allergies in the Greek-Cypriot and Turkish-Cypriot communities in Cyprus: a bi-communal cross-sectional study. *BMC Public Health* 2013; 13(1): 585

- (C32) Mpouzika M, Papathanassoglou EDE, Giannakopoulou M, Bozas E, **Middleton N**, Boti S, Patiraki EI, Karabinis A. Altered serum stress neuropeptide levels in critically ill individuals and associations with lymphocyte populations. *Neuropeptides* 2013; **47**(1): 25-36
- (C31) Kalogirou F, Lambrinou E, **Middleton N**, Sourtzi P. Cypriot nurses' knowledge of heart failure self-management principles. *European Journal of Cardiovascular Nursing* 2013; **12**(2): 159-166.
- (C30) Gabriel E, Theodorou M, **Middleton N**. Patient's satisfaction from the services provided by the outpatient departments in the public hospitals of Cyprus. [In Greek: Ικανοποίηση Ασθενών από τις Υπηρεσίες Εξωτερικών Ιατρείων στα Δημόσια Νοσοκομεία της Κύπρου]. *Archives of Hellenic Medicine* 2012; **29**(6): 720-730
- (C29) Kolokotroni O, **Middleton N**, Gavatha M, Lamnisis D, Priftis KN, Yiallourous PK. Asthma and atopy in children born by caesarean section: effect modification by family history of allergies. *BMC Pediatrics* 2012; **12**: 179.
- (C28) Pericleous S, **Middleton N**, McKay S, Bowers K, Hutchins R. Systematic review and meta analysis of case-matched studies comparing open and laparoscopic distal pancreatectomy: is it a safe procedure? *Pancreas* 2012; **41**(7): 993-1000.
- (C27) Demetriou CA, Hadjisavvas A, Loizidou MA, Loucaides G, Neophytou I, Sieri S, Kakouri E, **Middleton N**, Vineis P, Kyriacou K. The Mediterranean dietary pattern and breast cancer in Greek-Cypriot women: a case-control study. *BMC Cancer* 2012; **12**: 113.
- (C26) Yiallourous PK, Savva SC, Kolokotroni O, Behbod B, Zeniou M, Economou M, Chadjigeorgiou C, Kourides YA, Tornarides MJ, Lamnisis D, **Middleton N**, Milton DK. Low serum high-density lipoprotein cholesterol in childhood is associated with adolescent asthma. *Clinical & Experimental Allergy* 2012; **42**(3): 423-432.
- (C25) Kolokotroni O, **Middleton N**, Nicolaou N, Pipis S, Priftis KN, Milton DK, Yiallourous PK. Temporal changes in the prevalence of asthma and allergies in urban and rural areas of Cyprus: Results from two cross-sectional studies. *BMC Public Health* 2011; **11**: 858.
- (C24) Kaitelidou D, Theodorou M, Galanis P, **Middleton N**, Theodorou P, Stafyllas P, Siskou O, Maniadakis N. Quality of life measurement in patients with hypertension in Cyprus. *Hellenic Journal of Cardiology* 2011; **52**: 407-415.
- (C23) Pylli M, Raftopoulos V, **Middleton N**, Charalambous A. HIV prevalence and behavior data in high risk groups: a critical literature review. [In Greek: Επιπολασμός της HIV λοίμωξης και δεδομένα συμπεριφοράς σε ομάδες υψηλού κινδύνου: κριτική ανασκόπηση της βιβλιογραφίας]. *Cyprus Nursing Chronicles* 2011; **12**(1): 7-19.
- (C22) Makris M, Theodorou M, **Middleton N**. Job satisfaction in the public general hospitals in Cyprus. [In Greek: Η επαγγελματική ικανοποίηση στα δημόσια γενικά νοσοκομεία της Κύπρου]. *Archives of Hellenic Medicine* 2011; **28**(3): 234-244.
- (C21) Theodorou M, Kaitelidou D, Galanis P, **Middleton N**, Theodorou P, et al. Quality of life measurement in patients with hypertension in Cyprus. [In Greek: Μέτρηση της ποιότητας ζωής σε ασθενείς με υπέρταση στην Κύπρο]. *HJC – Ελληνική Καρδιολογική Επιθεώρηση* 2011; **52**: 196-205.
- (C20) **Middleton N**, Yiallourous P, Nicolaou N, Kleanthous S, Pipis S, Zeniou M, Demokritou P, Koutrakis P. Residential exposure to motor vehicle emissions and the risk of wheezing among 7-8 years-old schoolchildren in Nicosia, Cyprus: A city-wide cross-sectional study in Nicosia, Cyprus. *Environmental Health* 2010; **9**(1): 28.

- (C19) Hadjisavvas A*, Loizidou MA*, **Middleton N**, Michael T, Papachristoforou R, Kakouri E, Daniel M, Papadopoulos P, Malas S, Marcou Y, Kyriakos Kyriakou. An investigation of breast cancer risk factors in Cyprus: a case control study. *BMC Cancer* 2010; **10**(1): 447. *equal contribution
- (C18) Theodorou M, Samara K, Pavlakis A, **Middleton N**, Polyzos N, Maniadakis N. The public's and doctors' perceived role in participation in setting health care priorities in Greece. *Hellenic Journal of Cardiology* 2010; **51**(3): 200-208.
- (C17) **Middleton N**, Yiallourous P, Kleanthous S, Kolokotroni O, Schwartz J, Dockery D, Demokritou P, Koutrakis P. A 10-year time-series analysis of respiratory and cardiovascular morbidity in Nicosia, Cyprus: The effect of short-term changes in air pollution and dust storms, 1994-2004. *Environmental Health* 2008; **7**: 39.
- (C16) **Middleton N**, Sterne J, Gunnell D. An atlas of suicide mortality: England & Wales. *Health & Place* 2008; **14**: 492-506.
- (C15) Martin RM, Holly JMP, **Middleton N**, Davey Smith G, Gunnell D. Childhood diet and insulin-like growth factors in adulthood: 65 year follow-up of the Boyd Orr Cohort. *European Journal of Clinical Nutrition* 2007; **61**(11): 1281-1292.
- (C14) **Middleton N**, Sterne J, Gunnell D. The geography of despair among 15-44 year-old men in England & Wales. Putting suicide on the map. *Journal of Epidemiology & Community Health* 2006; **60**: 1040-1047.
- (C13) Bray I, Gunnell D, Holly JMP, **Middleton N**, Davey Smith G, Martin RM. Associations of childhood and adulthood height and the components of height with insulin-like growth factor (IGF) levels in adulthood: 65 year follow-up of the Boyd Orr cohort. *Journal of Clinical Endocrinology & Metabolism* 2006; **91**(4): 1382-1389.
- (C12) Martin RM, **Middleton N**, Gunnell D, Owen C, Davey Smith G. Breastfeeding and cancer: the Boyd Orr cohort and a systematic review with meta-analysis. *Journal of the National Cancer Institute* 2005; **97**(19): 1446-57.
- (C11) **Middleton N**, Whitley E, Frankel S, Dorling D, Sterne J, Gunnell D. Suicide risk in small-areas in England and Wales, 1991-1993. *Social Psychiatry & Psychiatric Epidemiology* 2004; **39**(1): 45-52.
- (C10) Evans J, **Middleton N**, Gunnell D. Social fragmentation, severe mental illness and suicide. *Social Psychiatry & Psychiatric Epidemiology* 2004; **39**(3): 165-170.
- (C9) Gunnell D and **Middleton N**. National suicide rates as an indicator of the effect of suicide on premature mortality. *Lancet* 2003; **362**(9388): 961-962.
- (C8) **Middleton N**, Gunnell D, Frankel S, Whitley E, Dorling D. Urban-rural differences in suicide trends in young adults: England and Wales, 1981-1998. *Social Science & Medicine* 2003; **57**(7): 1183-1194.
- (C7) Gunnell D, **Middleton N**, Whitley E, Dorling D, Frankel S. Why are suicide rates rising in young men but falling in the elderly? - a time-series analysis of trends in England and Wales, 1950-1998. *Social Science & Medicine* 2003; **57**(4): 595-611.
- (C6) Gunnell D, **Middleton N**, Sterne J. Misleading assessment of the relation between trends in antidepressant prescribing and suicide. *BMJ* [rapid response published online 6 June 2003]
- (C5) Gunnell D, **Middleton N**, Whitley E, Dorling D, Frankel S. Influence of cohort effects on patterns of suicide in England and Wales, 1950-1999. *British Journal of Psychiatry* 2003; **182**: 164-170.

- (C4) Stuart J, **Middleton N**, Gunnell D. Socio-economic inequality and meningococcal disease. *Communicable Disease and Public Health* 2002; **5**(4): 327-328.
- (C3) **Middleton N**, Gunnell D, Whitley E, Dorling D, Frankel S. Secular trends in antidepressant prescribing and the mental health of the UK population, 1975-1997. *Journal of Public Health Medicine* 2001; **23**(4): 262-267.
- (C2) Gunnell D, **Middleton N**, Frankel S. Method availability and the prevention of suicide: a re-analysis of secular trends in Britain, 1950-1975. *Social Psychiatry & Psychiatric Epidemiology* 2000; **35**(10): 437-443.
- (C1) **Middleton N**, Gunnell D. Trends in suicide in England & Wales. *British Journal of Psychiatry [Letter]* 2000; **176**: 595.

D. Manuscripts in progress

Manuscripts in process of submission or in progress. Preliminary results have been disseminated in international peer-review conferences.

- (D10) Economou M, Paphiti-Demetriou I, Kolokotroni O, Kouta C, Lambrinou E, Hadjigeorgiou E, Hadjiona V, Tryfonos F, Filippou E, **Middleton N**. Breastfeeding self-efficacy at 48 hours and breastfeeding up to the 6th month: the Cyprus BrEaST start in life project. *Planned to be submitted to Public Health*
- (D9) Nicolaou C, Papathanassoglou, Karanikola M, **Middleton N**. Health-related quality of life in mothers of children with cancer: the role of social support and social capital. *Planned to be submitted to Journal of Family Nursing*
- (D8) Zannoupas G, Kouta C, Charalambous A, **Middleton N**. Spatial patterning of breast cancer mortality and incidence across small-areas in Cyprus. *Planned to be submitted to BMC Cancer*
- (D7) Nicolaou C, Papathanassoglou, Karanikola M, **Middleton N**. Health-related quality of life in mothers of children with cancer and mothers of “healthy” children: a descriptive comparative study. *Planned to be submitted to Public Health Nursing*
- (D6) Ellina P, Kouta C, Lamnisis D, Zannoupas G, **Middleton N**. Development of area-level census-based socio-economic deprivation indices: a review of recent studies across European countries. *Planned to be submitted to Public Health*
- (D5) Kolokotroni O, **Middleton N**, Kouta C, Raftopoulos V, Papadopoulou A, Nicolaidou P, Yiallourous P. Association of vitamin D with asthma symptoms severity, allergic sensitization, lung function and airway inflammation among current wheezers. *Planned to be submitted to Pediatric Allergy and Immunology*
- (D4) Savva S, **Middleton N**, Krska J. Rudit analysis of Cypriot kidney transplant recipients' self-reported experience of their most commonly encountered symptoms using the Revised 59-item Modified Transplant Symptom Occurrence and Symptom Distress scale. *Planned to be submitted to Clinical Transplantation*
- (D3) Ellina P, Lamnisis D, Zannoupas G, **Middleton N**. Development of a composite small-area census-based socio-economic disadvantage index and social gradient in premature mortality across communities in Cyprus. *Planned to be submitted to Social Science & Medicine*

- (D2) Zannoupas G, Lamnisis D, Yiallourous P, **Middleton N**. Small-area mapping of premature mortality and its association with socio-economic area characteristics across communities on the small island of Cyprus. *Planned to be submitted to Health & Place*
- (D1) Rousou E, Kouta C, Karanikola M, **Middleton N**. Psychological distress among single mothers with dependent children. *Planned to be submitted to Journal of Community Health Nursing or similar*

E. Peer-reviewed conference papers & abstracts

appearing in journal supplements, international or national conference proceedings

- (E105) Kleopa D, Panayiotou AG, Kouta C, Nicolaou C, **Middleton N**. Observer rating of neighborhood environment: the Cyprus Neighbourhood Observation Tool (Cy-NOTes). European Public Health Conference, Stockholm, Nov, 2017. *European Journal of Public Health*. 2017; 27(suppl_3).
- (E104) Economou M, Kolokotroni O, Paphiti-Demetriou I, Kouta C, Lambrinou E, Hadjigeorgiou E, **Middleton N**. Perceived social and workplace support among breastfeeding mothers in Cyprus. European Public Health Conference, Stockholm, Nov, 2017. *European Journal of Public Health*. 2017;27(suppl_3).
- (E103) Economou M, Kolokotroni O, Paphiti-Demetriou II, Lambrinou E, Kouta C, Hadjigeorgiou E, Hadjiona V, Tryfonos F, Filippou E, **Middleton N**. Maternity clinic practices and exclusive breastfeeding in Cyprus: BrEaST start in life study. European Public Health Conference, Stockholm, Nov, 2017. *European Journal of Public Health*. 2017;27(suppl_3).
- (E102) Lamnisis D, Lambrianidou G, Lavranos G, **Middleton N**. A small-area validation of deprivation using 2011 census data from CyprusDemetris Lamnisis. European Public Health Conference, Stockholm, Nov, 2017. *European Journal of Public Health*. 2017;27(suppl_3).
- (E101) Kyprianou N, Lavranos G, **Middleton N**, Lamnisis D. A small-area analysis of health inequalities across the geodemographic area classification in Cyprus. European Public Health Conference, Stockholm, Nov, 2017. *European Journal of Public Health*. 2017; 27(suppl_3).
- (E100) Kleopa D, Panayiotou A, Ellina P, Kouta C, Nicolaou C, **Middleton N**. Development of a Neighbourhood Observation Tool for auditing health-related features of community environments (Cy-NOTes): systematic social observation (SSO) study across Limassol neighbourhoods, Cyprus. Submitted to World Congress of Epidemiology, Japan, August 2017.
- (E99) Lamnisis D, Kasioulis D, Lavranos G, **Middleton N**. Investigation of the validity of the Townsend index as a measure of material deprivation in Cyprus. European Public Health Conference, Vienna, Nov, 2016. *European Journal of Public Health* 2016; 26(suppl 1): ckw165. 065.
- (E98) Ellina P, Kouta C, **Middleton N**. Development of area-level census-based indices of socioeconomic deprivation: a review. European Public Health Conference, Vienna, Nov, 2016. *European Journal of Public Health* 2016; 26(suppl 1): ckw174. 171
- (E97) Economou M, Paphiti-Demetriou I, Kolokotroni O, Kouta C, Lambrinou E, Hadjigeorgiou E, Hadjiona V, Tryfonos F, Filippou E, **Middleton N**. Breastfeeding self-efficacy at 48 hours and breastfeeding up to the 6th month: the Cyprus BrEaST start in life project. European Public Health Conference, Vienna, Nov, 2016. *European Journal of Public Health* 2016; 26(suppl 1): ckw170. 067
- (E96) Nicolaou C, Papathanassoglou EDE, Kouta C, **Middleton N**. Health-related quality of life in mothers with children with cancer: a systematic review. European Public Health Conference, Vienna, Nov, 2016. *European Journal of Public Health* 2016; 26(suppl 1): ckw165. 059.
- (E95) Nicolaou C, Kouta C, Papathanassoglou E, **Middleton N**. Health Related Quality of Life, Social Support and Social Capital of Mothers of Children with Cancer. 48th Congress of the International

Society of Paediatric Oncology, Dublin, Ireland, October, 19–22, 2016. *Pediatric Blood & Cancer* 2016; 63: S72

- (E94) Lakatamitou I, Lambrinou E, Paikousis L, **Middleton N**. The Greek version of teamsteps teamwork perceptions questionnaire and minnesota satisfaction questionnaire “short form”. Abstracts of the Heart Failure 2016 Conference, Florence, Italy, 21–24 May 2016. *European Journal of Heart Failure* 2016; 18: 251.
- (E93) Philippou K, Lambrinou E, Ktisti S, Kyriakou M, **Middleton N**. Social support and adherence to the therapy in patients with heart failure: a systematic review. Abstracts of the Heart Failure 2016 Conference, Florence, Italy, 21–24 May 2016. *European Journal of Heart Failure* 2016; 18: 401
- (E92) Evangelou X, Lambrinou E, Michaelides C, **Middleton N**. The validation of the greek version of delirium observation scale (DOS) in cardiac patients. EuroHeartCare Congress, European Society of Cardiology, Athens, 2016. *European Journal of Cardiovascular Nursing* 2016; 15 (Suppl 1): S104-S104
- (E91) Frantzeskou E, Lambrinou E, Fassia M, Panagiotou G, Paikousis L, **Middleton N**. Knowledge, attitudes and beliefs of patients with ACS on early seeking for treatment in Cyprus. EuroHeartCare Congress, European Society of Cardiology, Athens, 2016. *European Journal of Cardiovascular Nursing* 2016; 15(suppl 1): S41-S41
- (E90) Charalambous D, Lambrinou E, Paikousis L, Barberis V, **Middleton N**. The Greek version of the Montreal cognitive assessment in coronary artery disease in Cyprus. EuroHeartCare Congress, European Society of Cardiology, Athens, 2016. *European Journal of Cardiovascular Nursing* 2016; 15(suppl 1): S102-S103.
- (E89) Panayi A, Lambrinou E, Evangelou X, Papathanassoglou E, **Middleton N**. The needs of information of cardiac surgery patients and their family before discharge. EuroHeartCare Congress, European Society of Cardiology, Athens, 2016. *European Journal of Cardiovascular Nursing* 2016; 15(suppl 1): S61-S61.
- (E88) Chamboulidou I, Lambrinou E, Christoforou N, Kalogirou F, Protopapas D, Christofi P, **Middleton N**. The validity of Gr-MSPSS in patients with heart failure EuroHeartCare Congress, European Society of Cardiology, Athens, 2016. *European Journal of Cardiovascular Nursing* 2016; 15(suppl 1): S74-S74
- (E87) Pericleous S, **Middleton N**, McKay S, Hutchins R. Laparoscopic vs open distal pancreatectomy: systematic review and meta-analysis of case matched series. Abstract of the 11th International Congress of the European-African Hepato-Pancreato-Biliary Association, 21-24 April 2015, Manchester, UK. *HPB* 2016; 18(S2): e741-e742
- (E86) Zannoupas G, Charalambous A, Kouta C, Pavlou P, Kolokotroni K, Lamnisis D, Yiallourous P, **Middleton N**. Small-area mapping of premature mortality and its association with area socio-economic characteristics on the small island of Cyprus. IEA World Congress of Epidemiology, Anchorage, Alaska, August 2014. *International Journal of Epidemiology* 2015; 44 (suppl. 1): i41.
- (E85) Zannoupas G, Charalambous A, Kouta C, Pavlou P, Papathanassoglou E, Nicolaou C, Kolokotroni K, Lamnisis D, Yiallourous P, **Middleton N**. First-time exploration into breast cancer incidence and mortality across small-areas in Cyprus: spatial patterning and associations with rurality indicators. IEA World Congress of Epidemiology, Anchorage, Alaska, August 2014. *International Journal of Epidemiology* 2015; 44 (suppl. 1): i237.
- (E84) **Middleton N**, Kolokotroni O, Lamnisis D, Papathanassoglou E, Nicolaou C, Koutrakis P, Yiallourous P. Higher prevalence of active asthma among 15-17 year-old Greek-Cypriots in socio-economically deprived communities in the vicinity of power plants: results of a nationwide survey

in Cyprus. IEA World Congress of Epidemiology, Anchorage, Alaska, August 2014. *International Journal of Epidemiology* 2015; 44 (suppl. 1): i187.

- (E83) Economou M, **Middleton N**, Kolokotroni O, Savva S, Gavatha M, Ioannou P, Karpathios T, Yiallourous P. Gender differences in objectively assessed physical activity between asthmatic and non-asthmatic children: a descriptive comparative study among Cypriot schoolchildren. IEA World Congress of Epidemiology, Anchorage, Alaska, August 2014. *International Journal of Epidemiology* 2015; 44 (suppl. 1): i240.
- (E82) Nicolaou C, Kouta C, Papathanassoglou E, **Middleton N**. Cross-cultural applicability of the Medical Outcomes Study–Social Support Survey as a measure of perceived social support among Greek-Cypriot mothers. IEA World Congress of Epidemiology, Alaska, August 2014. *International Journal of Epidemiology* 2015; 44 (suppl. 1): i211.
- (E81) Nicolaou C, Andreou P, Papastavrou E, Kouta C, Karanikola M, Kolokotroni O, Yiallourous P, Papathanassoglou, **Middleton N**. Is measuring social capital culturally-and group-specific? Psychometric validation of the New South Wales Social Capital Questionnaire across distinct population groups in Cyprus. IEA World Congress of Epidemiology, Anchorage, August 2014. *International Journal of Epidemiology* 2015; 44 (suppl. 1): i203.
- (E80) Economou M, Paphiti-Demetriou I, Kolokotroni O, Kouta C, Lambrinou E, Hadjigeorgiou E, Hadjiona V, Tryfonos F, Filippou E, **Middleton N**. Prevalence and continuation of breastfeeding in Cyprus: the BrEaST start in life project. European Public Health Conference, Milan, Oct, 2015. *European Journal of Public Health* 2015; 25(suppl 3): 92.
- (E79) **Middleton N**, Economou M, Hadjiona V, Kouta C, Lambrinou E, Paphiti-Demetriou I, Hadjigeorgiou E, Tryfonos F, Filippou E, Kolokotroni O. Implementation of the '10 steps for successful breastfeeding' across maternity clinics in Cyprus. European Public Health Conference, Milan, Oct, 2015. *European Journal of Public Health* 2015; 25(suppl 3): 53.
- (E78) Kolokotroni O, Yiallourous P, Papadopoulou A, Kouta C, Raftopoulos V, Nicolaidou P, **Middleton N**. The association of vitamin D with allergy and lung function in asthmatic and healthy adolescents. European Public Health Conference, Milan, Oct, 2015. *European Journal of Public Health* 2015; 25(suppl 3): 67.
- (E77) Nicolaou C, Papathanassoglou E, Kouta C, **Middleton N**. Health-related quality of life, social support and social capital of mothers of children with cancer. European Public Health Conference, Milan, Oct, 2015. *European Journal of Public Health* 2015; 25(suppl 3): 71.
- (E76) Nicolaou N, Kouta C, Papathanassoglou E, **Middleton N**. Health-related quality of life of mothers of children with cancer: the role of social support and social capital. European Cancer Congress, 2015. *European Journal of Cancer* 2015; 51: S149.
- (E75) Christofi P, Lambrinou E, Palazis L, **Middleton N**, Avraamides P, Papathanssoglou E. SCAMP for non-invasive ventilation implementation by nurses in acute cardiogenic pulmonary edema. *European Journal of Cardiovascular Nursing* 2015; 14: S91-S91.
- (E74) Lambrinou E, Christoforou N, Kalogirou F, Papathanssoglou E, Avraamides P, **Middleton N**. Preliminary results of the study MEETinCY. *European Journal of Cardiovascular Nursing* 2015; 14: S22-S23.
- (E73) Lambrinou E, Malekidou P, **Middleton N**, Kalogirou F. The relationship between social support and quality of life in patients with heart failure. *European Journal of Heart Failure* 2015; 17: 104-104.

- (E72) Lambrinou EE, Christoforou N, Kalogirou F, Protopapas A, Christofi P, Barberis V, Avraamides P, **Middleton N**. Preliminary results of the study MEETinCY. *European Journal of Heart Failure* 2015; 17: 398-398.
- (E71) Kolokotroni O, Papadopoulou A, Yiallourous P, Raftopoulos V, Kouta C, Lamnisis D, Nicolaidou P, **Middleton N**. Association of vitamin D with adiposity measures in a cross-sectional study of Cypriot adolescents. European Public Health Conference, Glasgow, Nov, 2014. *European Journal of Public Health* 2014; 24(suppl 2): 51.
- (E70) Philippou E, **Middleton N**, Pistos C, Andreou E, Petrou M. LB021-MON: The Impact of a Nutrition Workshop on Improving Adherence to Mediterranean Diet and Nutrition Knowledge Among Adolescent Swimmers. Abstracts of the 36th ESPEN Congress, Geneva, Switzerland, 2014. *Clinical Nutrition* 2014; 33: S259.
- (E69) **Middleton N**, Andreou A, Kouta C, Karanikola M, Papastavrou E, Lamnisis D, Kolokotroni O, Yiallourous P. Association of “social capital at work” with self-rated health and psychological distress. Proceedings of the 6th Annual European Public Health Conference, Brussels, Nov 2013. *European Journal of Public Health* 2013; 23(Suppl 1): 217.
- (E68) Zannoupas G, Lamnisis L, Kolokotroni O, Yiallourous P, **Middleton N**. Small-area mapping of premature mortality, rurality and deprivation indices on the small island of Cyprus. Proceedings of the 6th Annual European Public Health Conference, Brussels, Nov 2013. *European Journal of Public Health* 2013; 23(Suppl 1): 208.
- (E67) Lamnisis D, Anastasiou C, Grafias P, Panayi A, Larkou A, Georgiou E, **Middleton N**. Awareness, attitudes towards wastewater reuse and perceptions of public health risks among the general public in Cyprus. Proceedings of the 6th Annual European Public Health Conference, Brussels, Nov 2013. *European Journal of Public Health* 2013; 23(Suppl 1): 151-152.
- (E66) Nicolaou C, Kouta C, Papathanassoglou EDE, **Middleton N**. Perceived social support and sources of support among Greek-Cypriot mothers caregivers of children with cancer. To appear in the proceedings of the International Conference of Community and Public Health Nursing: Research, Education, Practice. Athens, Greece, Nov 2013.
- (E65) Rousou E, Kouta C, **Middleton N**. Self-reported health status and depressive symptomatology among single mothers with dependent children. To appear in the proceedings of the International Conference of Community and Public Health Nursing: Research, Education, Practice. Athens, Greece, Nov 2013.
- (E64) Anastasiou C, **Middleton N**, Grafias P, Panayi A, Larkou A, Georgiou E. Use of a public perceptions study to assist policy making for reclaimed water reuse. Proceedings of the 13th International Conference on Environmental Science & Technology, Athens, Greece, Sept 2013.
- (E63) Anastasiou C, **Middleton N**, Grafias P. Using stakeholder perceptions study results for developing an action plan for reclaimed water reuse. Proceedings of the 8th Conference of Sustainable Development of Energy, Water and Environment Systems, Dubrovnik, Sept 2013
- (E62) Papathanassoglou E, Mpouzika M, Giannakopoulou M, Bozas E, Boti S, **Middleton N**, Karambinis A. Serum stress neuropeptide levels associate with lymphocyte expression of apoptotic markers in critical illness. Proceedings of the 11th Congress of the World Federation of Societies of Intensive & Critical Care Medicine. Durban, South Africa, Sept 2013.
- (E61) Papathanassoglou E, Mpouzika M, Giannakopoulou M, Bozas E, Boti S, **Middleton N**, Karambinis A. Lymphocyte expression of apoptotic markers associates with pain ratings in critical ill.

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- (E60) Pylli M, Raftopoulos V, **Middleton N**, Charalambous A, Paraskeva D. Assessment of HIV prevalence and sexual behaviours among men who have sex with men in Cyprus, 2011-2012. STI & AIDS World Congress, Vienna, July 2013. *Sexually Transmitted Infections* 2013; **89** (Suppl 1):A246.
- (E59) Pericleous S, **Middleton N**, McKay S, Hutchins R. Laparoscopic vs. open distal pancreatectomy: systematic review and meta-analysis of case matched series. Proceedings of the 10th European-African Hepato Pancreato Biliary Association (E-AHPBA), Belgrade, May 2013.
- (E58) Lambrinou E, Kalogirou F, Protopapas A, Papathanassoglou E, Barberis V, Sourtzi P, Lemonidou P, **Middleton N**. Management of patients with heart failure using education or education and telephone in Cyprus (MEETTInCY trial) – Preliminary results. Heart Failure Congress of the ESC, Lisbon, May, 2013. *European Journal Heart Failure* 2013; S220
- (E57) Lambrinou E, Kalogirou F, Protopapas A, Middleton N, Papathassoglou E, Lamnisis D. Comparing multiple models of educational interventions in patients with heart failure: preliminary results of the study MEETTInCy. *European Journal of Cardiovascular Nursing* 2013; 12: S30.
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- (E55) Papathanassoglou E, Bozas E, Viglis D, Mpoti S, **Middleton N**, Karabinis A, Mpouzika M, Giannakopoulou M. Serum stress neuropeptide levels associate with lymphocyte expression of apoptotic markers in critical illness. Proceedings of the 5th Congress of the European Federations of Critical Care Nursing Associations (EfCCNa), Belgrade, May 2013.
- (E54) Papastavrou E, Andreou P, **Middleton N**. The family perspective of dementia care. Proceedings of the International Council of Nurses 25th Quadrennial Congress – Equity and access to health care. Melbourne, Australia, May, 2013.
- (E53) Lamnisis D, **Middleton N**. A spatial factor model for summarizing an area-level Townsend-like index of material deprivation. Proceedings of the 7th Meeting of the Eastern Mediterranean Region – International Biometrics Association (EMR-IBS). Tel Aviv, April, 2013.
- (E52) Rousou E, Kouta C, Karanikola N, **Middleton N**. Single motherhood and health. Proceedings of the 10th European Conference of the Commonwealth Nurses' Federation. Larnaca, March 2013.
- (E51) Sokratous S, **Middleton N**, Karanikola M, Merkouris A. Depression among University Students: the effect of socio-demographic variables and stressful life events. Proceedings of the 10th European Conference of the Commonwealth Nurses' Federation. Larnaca, Mar 2013.
- (E50) Rousou E, Kouta C, **Middleton N**, Karanikola M. Lone-parenthood and health: Systematic review of the literature. [*In Greek: Μονογονεϊκότητα και υγεία – Συστηματική ανασκόπηση της βιβλιογραφίας*]. Proceedings of the 19th PanCyprian Conference of the Nurses & Midwives Association, Paphos, Dec 2012
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- (E47) Kyriakou M, Lakatamitou I, Kalogirou F, Lamnisis D, Papathanassoglou E, **Middleton N**, Lambrinou E. Presentation of the research programme MEETTInCy. [*In Greek*: Παρουσίαση ερευνητικού έργου MEETTIn CY]. Proceedings of the 19th PanCyprian Conference of the Nurses & Midwives Association, Paphos, Dec 2012.
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- (E44) Kalogirou F, Lambrinou E, Lamnisis D, **Middleton N**, Papathanassoglou E. Overview of research programme MEETTIn CY: pilot data. [*In Greek*: Παρουσίαση ερευνητικού έργου MEETTIn CY]. Proceedings of 18th Pan-Hellenic Cardiology Nursing Conference. Athens, Nov 2012.
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- (E42) Kolokotroni O, **Middleton N**, Kouta C, Raftopoulos V, Lamnisis D, Yiallourous P. Vitamin D concentrations amongst active asthmatics and healthy adolescents in Cyprus. 5th Annual European Public Health Conference, Malta, Nov 2012. *European Journal of Public Health* 2012; **22**(Suppl.2): 175
- (E41) Lamnisis D and **Middleton N**. Area deprivation In Cyprus is not Townsend's: a spatial factor model. 5th Annual European Public Health Conference, Malta, Nov 2012. *European Journal of Public Health* 2012; **22**(Suppl.2): 242.
- (E40) **Middleton N**, Stafylas P, Kaitelidou D, Galanis P, Siskou O, Maniadakis N, Theodorou M. Physicians' perceptions and adherence to hypertension guidelines in a multi-centre study in Cyprus. 5th Annual European Public Health Conference, Malta, Nov 2012. *European Journal of Public Health* 2012; **22**(Suppl.2): 210.
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- (E38) Yiallourous P, Lamnisis D, Kolokotroni O, Moustaki M, **Middleton N**. Different patterns of association of body fat percent and body mass index with pre- and post-adolescence asthma: a cross-sectional study amongst Cypriot schoolchildren. European Congress of Epidemiology, Porto, Sept 2012. *European Journal of Epidemiology* 2012; **27**: S128.
- (E37) Pylli M, Raftopoulos V, **Middleton N**, Charalambous A, Paraskeva D. Prevalence of HIV infection and sexual risk behaviours among adult and young men who have sex with other men (MSM) in Cyprus. [*In Greek*: Εκτίμηση του επιπολασμού της HIV λοίμωξης και διερεύνηση των σεξουαλικών

συμπεριφορών σε ενήλικους και νέους άνδρες που έχουν σεξουαλικές επαφές με άνδρες στην Κύπρο]. Proceedings of the 8th Scientific Symposium of General Medicine, Athens, Sept 2012

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- (E35) Papastavrou E, Andreou P, **Middleton N**, Papacostas S. Family burden, Quality of life, Depression and perceptions of Social Capital in dementia care. Proceedings of the 27th International Conference of Alzheimer's Disease International, London, Mar 2012.
- (E34) Kolokotroni O, **Middleton N**, Gavatha M, Lamnisis D, Priftis K, Yiallourous P. Asthma and allergies in children born by cesarean section [*In Greek*: Ασθμα και αλλεργίες σε παιδιά που γεννήθηκαν με καισαρική τομή]. Proceedings of the 18th PanCyprian Conference of Nurses & Midwives Association, Nicosia, Nov 2011.
- (E33) Pylli M, **Middleton N**, Charalambous A, Raftopoulos V. HIV biological and behavioural surveillance survey amongst men who have sex with other men (MSM) in Cyprus. [*In Greek*: Βιολογική και συμπεριφορική επιτήρηση της HIV λοίμωξης σε άνδρες που έχουν επαφές με άλλους άνδρες στην Κύπρο]. Proceedings of the 18th PanCyprian Conference of Nurses & Midwives Association, Nicosia, Nov 2011.
- (E32) Lambrinou E, Kalogirou F, Lamnisis D, **Middleton N**. Reliability and validity of the Greek version of the Minnesota "Living with Heart Failure" questionnaire. [*In Greek*: Αξιοπιστία και εγκυρότητα της ελληνικής έκδοσης του ερωτηματολογίου της Μινεσότας «Ζώντας με καρδιακή ανεπάρκεια»]. Proceedings of the 17th Pan-Hellenic Cardiology Nursing Conference, Thessaloniki, Oct 2011.
- (E31) Kolokotroni O, **Middleton N**, Gavatha M, Lamnisis D, Priftis K, Yiallourous P. The association of caesarean section delivery with asthma and atopy in children: Effect modification by family history of allergies. Proceedings of the European Respiratory Society (ERS) Congress, Amsterdam, Sept 2011.
- (E30) Lamnisis D, Kolokotroni O, Koksoy H, **Middleton N**, Arifoglou K, Faiz M, Yiallourous P. Prevalence of asthma and allergies in the Greek (G/C) and Turkish (T/C) communities in Cyprus. Proceedings of the European Respiratory Society Congress, Amsterdam, Sept 2011.
- (E29) Papastavrou E, Andreou P, Papacostas S, **Middleton N**. Dementia caring in the context of social capital in Cyprus. Proceedings of the Aging & Health in the Eastern Mediterranean Region. Cyprus Sociological Association, Nicosia, Sept 2011.
- (E28) Raftopoulos V, Pylli M, Charalambous A, **Middleton N**. Biological and behavioural study of HIV infection among men who have sex with other men (MSM). Proceedings of the 6th International Workshop on HIV transmission, Rome, July 2011.
- (E27) Kolokotroni O et al. Low HDL in Childhood is Associated with Adolescent Asthma. [Recipient of *Young Investigator Award*]. 10th International Congress on Pediatric Pulmonology, Versailles, June, 2011. Paediatric Respiratory Reviews 2011; 12(Suppl 1): S64.
- (E26) Pericleous S, Mathieson W, **Middleton N**, et al. PK11195, a peripheral benzodiazepine receptor ligand, potentiates cytotoxic action on cholangiocarcinoma cell lines. HPB 2011; 13(Suppl. 2): 1–138. Special Issue: Abstracts of the 9th Congress of the European-African Hepato Pancreato Biliary Association (E-AHPBA), Cape Town, April 2011.

- (E25) Papastavrou E, Andreou P, **Middleton N**, et al. Dementia patients, burden and community – results of a pilot study. [In Greek: Ασθενείς με άνοια, επιβάρυνση και κοινότητα – Αποτελέσματα πιλοτικής μελέτης]. Proceedings of the 7th Pan-Hellenic Medical Conference on Alzheimer and related dementias. Thessaloniki, Feb 2011.
- (E24) Kolokotroni O, **Middleton N**, Nicolaou N, Pipis S, Yiallourous P. Temporal changes in the prevalence of childhood asthma and allergies in urban and rural areas in Cyprus. 5th Conference of Epidemiological Longitudinal Studies in Europe (CELSE2010). *Longitudinal and Life course studies: International Journal* 2010; **1**(3): 137.
- (E23) **Middleton N**, Yiallourous P, Kolokotroni O, Koutrakis P. Prevalence of asthma and respiratory symptoms among 15-17 year-old Cypriots in communities near power stations. Proceedings of the European Respiratory Society Congress (ERS), Barcelona, Spain, 2010.
- (E22) Kolokotroni O, Savva SC, Zeniou M, Tornaritis M, Economou M, Chadjigeorgiou C, Kourides P, **Middleton N**, Yiallourous P. Low HDL in childhood is associated with asthma in late adolescence. Proceedings of the European Respiratory Society (ERS) Congress, Barcelona, Spain 2010.
- (E21) Kolokotroni O, Nicolaou N, **Middleton N**, Pipis S, Yiallourous P. Trends in the prevalence of asthma and allergies in children residing in urban and rural areas in Cyprus. Proceedings of the European Respiratory Society (ERS) Congress, Barcelona, Spain, 2010.
- (E20) **Middleton N**, Yiallourous P, Kolokotroni O, Koutrakis P. Child and adolescent asthmatic symptoms in relation to sources of atmospheric pollution – traffic vehicle emissions and power plants. [In Greek: Άσθμα σε παιδιά και έφηβους σε σχέση με πηγές ατμοσφαιρικής ρύπανσης – μηχανοκίνητα οχήματα και ηλεκτροπαραγωγοί σταθμοί]. Proceedings of the 8th Pan-Hellenic Congress on Public Health and Health Services, Athens, Greece, 2010.
- (E19) Gabriel E, Pavlakis A, Theodorou M, **Middleton N**. Outpatient satisfaction in public hospitals in Cyprus. Proceedings of the 8th Commonwealth Nurses' Federation – European Region Conference. Paphos, Cyprus, 2010.
- (E18) Flouros M, Papanicolaou E, Theodorou M, Pavlakis A, Christodolou K, **Middleton N**. Effectiveness of proposed screening programme for the prevention of Friedreich's Ataxia in Cyprus. [In Greek: Αποτελεσματικότητα προτεινόμενου προγράμματος πρόληψης της αταξίας του Φριτράϊχ]. Proceedings of the 5th Pan-Hellenic Congress on Management, Economics & policy on health. Athens, 2009.
- (E17) **Middleton N**, Nicolaou, N, Pipis S, Zeniou M, Kleanthous S, Demokritou P, Koutrakis P, Yiallourous P. Residential exposure to motor vehicle emissions and the risk of wheezing among 7-8 year-old schoolchildren in Nicosia, Cyprus. IEA-EEF European Congress of Epidemiology, Warsaw, 2009. *European Journal of Epidemiology* 2009; **24**(Suppl.1):37
- (E16) **Middleton N**, Yiallourous P, Zeniou M, Economou M, Kolokotroni O, Pipis S. The risk of respiratory symptoms near power stations among 15-17 year-old students in Cyprus, 2006-07. *Short-paper*. Proceedings of the DISTRES Conference (Distributed Renewable Energy Sources in the Mediterranean region), Nicosia, Cyprus, 2009.
- (E15) **Middleton N**, Yiallourous P, Kleanthous S, Kolokotroni O, Schwartz J, Dockery D, Demokritou P, Koutrakis P. Time-series analysis of respiratory and cardiovascular morbidity in Nicosia, Cyprus 1995-2004: The effect of air pollution and dust storms. Proceedings of the European Respiratory Society (ERS) Congress, Berlin, Sept 2008.
- (E14) **Middleton N**, Samara K, Pavlakis A, Theodorou M. The public's and doctors' perceived role in participation in health care priority setting in Greece. Proceedings of the 4th Pan-Hellenic Congress on management, economics and policy on health. Athens, Greece, 2008.

- (E13) **Middleton N**, Yiallourous P, Kleanthous S, Kolokotroni O, Schwartz J, Dockery D, Demokritou P, Koutrakis P. The effect of short-term changes in air pollution on respiratory and cardiovascular morbidity in Nicosia, Cyprus. *Extended abstract*. Proceedings of the 6th International Conference on Urban Air Quality, Limassol, March, 2007.
- (E12) **Middleton N**, Sterne J, Gunnell D. The geography of despair in England & Wales: Putting suicide on the map. *Short-paper*. Proceedings of the 2nd Spatial Epidemiology Conference, London, May 2006.
- (E11) **Middleton N**, Sterne J, Gunnell D. Putting suicide on the map: the geography of despair in England & Wales. Society for Social Medicine, Sept 2005. *Journal of Epidemiology & Community Health* 2005; **59**(Suppl.I): A29.
- (E10) Bray I, Martin RM, Holy J, **Middleton N**, Davey Smith, Gunnell D. Childhood adiposity is associated with insulin-like growth factor in adulthood. Society for Social Medicine, Sept 2005. *Journal of Epidemiology & Community Health* 2005; **59**(Suppl.I): A4-5.
- (E9) Martin RM, Holy J, **Middleton N**, Davey Smith G, Gunnell D. Milk intake in childhood programmed IGF-1 levels in adulthood: 65 year follow-up of the Boyd Orr cohort. Society for Social Medicine, Sept 2005. *Journal of Epidemiology & Community Health* 2005; **59**(Suppl.I): A4.
- (E8) Evans J, **Middleton N**, Gunnell D. Social fragmentation, severe mental illness and suicide. Proceedings of the 9th European Symposium on Suicide and Suicidal Behaviour: From science to practice. Oxford, Sept 2002.
- (E7) **Middleton N**, Whitley E, Frankel S, Dorling D, Gunnell D. Spatial investigation into suicide mortality. Proceedings of the 9th European Symposium on Suicide and Suicidal Behaviour: From science to practice. Oxford, Sept 2002.
- (E6) **Middleton N**, Gunnell D, Frankel S, Whitley E, Dorling D. Small-area variation in suicide rates in England & Wales, 1991-1993. Society for Social Medicine (SSM) and International Epidemiological Association (IEA) Joint Conference, Sept 2001. *Journal of Epidemiology & Community Health* 2001; **55**(Suppl. 1): A1-A56.
- (E5) **Middleton N**, Sterne J, Gunnell D. Small-area variation in suicide rates in the South West of England. Proceedings of the 5th South West Public Health Conference, Torquay, May 2001.
- (E4) **Middleton N**, Gunnell D, Frankel S, Whitley E, Dorling D. Urban-rural differences in the rise in youth suicide in E&W. Society for Social Medicine, Sept 2000. *Journal of Epidemiology & Community Health* 2000; **54**: 774.
- (E3) Gunnell D, **Middleton N**, Frankel S, Whitley E, Dorling D. Explanations for the rise in youth suicides: a European perspective. Society for Social Medicine, Oxford, Sept 2000. *Journal of Epidemiology & Community Health* 2000; **54**: 774.
- (E2) Gunnell D, **Middleton N**, Frankel S, Whitley E, Dorling D. Why are suicide rates in young men increasing? Proceedings of the 4th South West Public Health Conference, Taunton, 2000.
- (E1) Middleton N, Gunnell D, Whitley E, Dorling D, Frankel S. The 'trouble with boys': an analysis of secular trends in antidepressant prescribing in the UK, 1975-1997. Proceedings of the 4th South West Public Health Conference, Taunton, 2000.

5. Research grants

On-going or Completed projects

Project title:	The prevalence of rheumatic and musculoskeletal disorders and their impact on quality of life, physical function and mental health: a national survey in Cyprus.
Funding body:	MSD, MoH, and other sponsors
Amount:	€ 30,000
Period:	2017-2020
Role:	Principal investigator Other members of core team: Dr V Hadjiroussos (Leading MD and Co-PI), Dr J Joseph (University of Nicosia Medical School, Co-PI), Evie Vassiliou (PhD candidate), C Nicolaou (CUT), A Panagioutou (CUT), Cyprus Rheumatology Society, Cyprus League Against Rheumatism.

Project title:	Psychometric properties of the Greek version of the HLS-EU-Q: levels of health literacy among Cypriot hospital service users and social gradient
Funding body:	Cyprus University of Technology (internal Departmental research activity grants)
Amount:	€ 4,000
Period:	2017-2018
Role:	Scientific coordinator. Other members of the core team: N Andreou (MSc candidate), C Nicolaou (CUT) and departmental-wide health literacy research group.

Project title:	Mitigating the Health Effects of Desert Dust Storms Using Exposure-Reduction Approaches (MEDEA)
Funding body:	Life+
Amount:	€ 3,338,000 total budget. CUT: € 558,519
Period:	2017-2021
Role:	Principal Investigator: Dr P Yiallourous, Host: Medical School, University of Cyprus. Co-investigator with S Papatheodorou, A Panayioutou (CUT). Other partners: Air Quality Unit, Meteorological Services, Cyprus Broadcasting Corporation, Univeristy of Crete (GR), E.n.A Consultants (GR), Soroka Clinical Research Center (IL).

Project title:	Building health literacy around pregnancy, birth and early life of the infant by developing a unified, research-informed and socially-inclusive prenatal and postnatal web-based education programme for parents-to-be and new parents (Baby Buddy Forward)
Funding body:	Erasmus + KA2: Strategic Partnerships for Adult Education
Amount:	€ 346,912
Period:	2017-2020
Role:	Scientific coordinator. Other members of the CUT team: E Hadjigeorgiou, C Nicolaou, C Kouta, M Karanikola. Other participating organizations: Best Beginnings (UK), Birth Forward (CY), TEI Athens (GR), Cosmoanelixis (GR), Evangelical University Berlin (GE)

Project title:	BrEaST start in life – addressing social inequalities and supporting breastfeeding through inclusion activities
Funding body:	EEA Grants – NGO Funds
Amount:	€ 113,000
Period:	2013-2016

Role: Scientific coordinator. Other members of the core team: Paphiti Demetriou I (Breastfeeding Association – NGO – Coordinator), Lambrinou E (CUT), Kouta C (CUT), Hadjigeorgiou E (CUT/Ministry of Health), Kolokotroni O (CUT/St. George's Medical School Univ Nicosia)

Project title: **Appraisal of the implementation of the baby-friendly hospital initiative's «10 steps to successful breastfeeding» in Cypriot maternity wards.**

Funding body: Cyprus Ministry of Health and National Committee for the Promotion of Breastfeeding

Amount: In-kind

Period: 2013-2016

Role: Principal investigator and project coordinator/MSc supervisor.

Other members of the core team: Lambrinou E (CUT), Kouta C (CUT), Hadjigeorgiou E (CUT/Ministry of Health), Kolokotroni O (CUT/St. George's Medical School Univ Nicosia)

Project title: **Better experimental screening and treatment for primary ciliary dyskinesia (BESTCILIA)".**

Funding body: FP7 HEALTH.2012.2.4.4-2 Observational trials in rare diseases

Amount: CUT: € 261,000, Total budget: € 2,993,000

Period: 2012-2015

Role: Co-investigator. CUT has lead in one WP with Yiallourous P (PI). Members of research team: Middleton N (CUT), Papatheodorou S (CUT), Kouis P (CUT) & Kyriakou K, Institute of Neurology & Genetics (co-investigator). *Project partners:* Westfälische Wilhelms-Universität Münster, Univ Bern, Univ North Carolina, Copenhagen University Hospital, Rigshospitalet, VU University Medical Center Amsterdam, Univ Southampton, Univ Miami, International Institute of Molecular and Cell Biology Warsaw, Univ Athens, European Research Services GmbH. *Project coordinator:* Heymut Omran, Dept Pediatrics, University Hospital Muenster, Germany.

Project title: **Development, implementation and investigation into the effects on biochemical, haematological and antioxidant parameters of a healthy diet educational programme for young swimming athletes**

Funding body: University of Nicosia

Amount: € 5,000

Period: 2012-2014

Role: Co-investigator and researcher (lead statistician). Host organization: Department of Life and Health Sciences, University of Nicosia (PI: Filippou E). Other partners: Medical School, University of Athens (K. Pistos).

Project title: **Appraisal of the Factors Influencing Public Perceptions of Water Reuse in Cyprus**

Funding body: Cyprus Research Promotion Foundation (RPF)

Amount: CUT: € 30,000, Total budget: € 120,000

Period: 2011-2013

Role: Co-PI, CUT, partner organization. Host organization: Frederick University (PI: Anastasiou C). Other partners: Nicosia Water Board

Project title: **Development of capacity and infrastructure for the investigation of geographical health and socio-economic disparities across Cypriot communities**

Funding body: Cyprus University of Technology (start-up grant)

Amount: € 80,000

Period: 2010-2013

Role: Principal Investigator.
Other members of core team: Lamniso D (post-doctoral fellow), Zannoupas G (PhD candidate), Ellina P (MSc candidate).

Project title: The relation of vitamin D status with asthma and atopy in adolescents in Cyprus

Funding body: Cyprus Research Promotion Foundation (RPF)
Amount: € 160,000
Period: 2010-2012
Role: Co-Investigator & PhD supervisor of young researcher (Kolokotroni O).
Host Organization: Cyprus International Institute (PI: Yiallourous P). Other partners: Univ Athens, HSPH, Research & Educational Institute of Child Health, Cyprus MoH

Project title: Workplace and neighbourhood social capital: a validation and correlational study with self-rated health and psychological distress among Cypriot nurses

Funding body: Cyprus University of Technology (internal Departmental research activity grants)
Amount: € 2,000
Period: 2009-2011
Role: Principal investigator and main researcher

Project title: In-patient, out-patient and job satisfaction in public general hospitals in Cyprus

Funding body: Cyprus Ministry of Health
Amount: € 10,000
Period: 2009-2010
Role: Co-investigator, researcher (lead statistician) & MSc dissertation advisor. Host organization: Open University Cyprus (PI: Theodorou M). MSc candidates: E. Gavriel & M.Makris

Project title: Childhood asthma and atopy in Cyprus

Funding body: Cyprus Research Promotion Foundation (RPF)
Amount: 153,000 CYP
Period: 2007-2009
Role: Researcher
Host organization: Cyprus International Institute for Environmental & Public Health in association with Harvard School Public Health (PI: Yiallourous P)

Project title: Time trends of respiratory & cardiovascular morbidity in Cyprus

Funding body: Cyprus Ministry of Health
Amount: 20,000 CYP
Period: 2006-2007
Role: Post-doctoral researcher.
Host organization: Cyprus International Institute for Environmental & Public Health in association with Harvard School Public Health (PI: Yiallourous P)

Project title: Investigation into the spatial epidemiology of suicide mortality in England & Wales

Funding body: Overseas Research Scheme (ORS) & Faculty of Medicine, Bristol
Amount: PhD tuition waiver & annual stipend 12,000 GBP
Period: 2000-2003
Role: Principal Investigator and PhD candidate.

Co-applicants and PhD advisors: Gunnell D & Sterne J, Social Medicine, Univ Bristol.

Project title: **An investigation into recent temporal trends and geographic patterns of suicide**

Funding body: South and West Research and Development Directorate, UK

Amount: 50,000 GBP

Period: 1999-2000

Role: Research Assistant.

Host Organisation: Dept Social Medicine, Univ Bristol, PI: Gunnell D.

6. Teaching

A. Cyprus University of Technology (2009 – present)

BSc Nursing 4-year programme at Dept. Nursing, CUT

- **Biostatistics, with SPSS computer lab (ΣΤΑ343)**
Course organiser and instructor
4 ECTS, 2+ 2 (lab) hrs/week, 13 weeks
Over 180 (early years) to ~100 (later years) 3rd-year students
Every Fall, since 2009-10 until now
- **Epidemiology (ΕΠΙ344)**
Course organiser and instructor
3 ECTS, 3 hrs/week, 13 weeks
Over 180 (early years) to ~100 (later years) 3rd-year students
Every Fall, from 2009-10 until now
- **Nursing Research Methodology (ΕΡΥ342)**
Co-teaching 25% with Dr Merkouris
5 ECTS, 3 hrs/week, 13 weeks
Over 180 (early years) to ~100 (later years) 3rd-year students
Every Fall, from 2009-10 to 2013-14
- **Evidence-based Nursing, with computer lab (ΝΟΣ368)**
Co-teaching 25% with Dr Papathanassoglou
3 ECTS, 1+1 (lab) hrs/week, 13 weeks
40 3rd-year students (elective)
Spring 2010-11
Currently not offered due to limited availability of computer labs
- **BSc Dissertation (ΠΡΟ400)**
Advisor for Epidemiology/Public Health track
10 ECTS, office hours, 5th & 6th semester
About 10-18 (early years) to ~ 2-4 (later years) 4th-year students
Every Fall/Spring from 2010-11 until now
- **'Systematic Reviews & Writing Skills' seminar (ΠΡΟ400)**
3-hour preparatory seminar for BSc dissertation
Over 180 (early years) to ~100 (later years) 3rd-year students
Every Fall from 2010-11 until now
- **'Epidemiology of Mental Health Disorders' seminar**
Guest 2-hour seminar as part of ΝΟΣ354 – Mental Health Nursing
6 ECTS, Course organiser: Dr M. Karanikola
160-180 3rd-year students
Every Spring from 2009-10 until 2012-13

BSc Nursing upgrade programme at Dept. Nursing, CUT

- **Epidemiology and Biostatistics**
Shared teaching with colleagues from Dept. Nurs, Univ. Athens
Six 4-hour meetings, ~ 3500 Registered Nurses & Mental Health Nurses
Responsible for 11 (out of 26) groups, average group size 140
Spring 2008-09
Fall/Spring 2009-10
Fall/Spring 2010-11
Fall/Spring 2011-12
- **BSc upgrade programme Dissertation**
Advisor for Epidemiology/Public Health track
Office hours/ Tutorials
58 group projects, 3-4 students each
Spring 2009-10
Fall/Spring 2010-11
Fall/Spring 2011-12
Fall 2012-13
- **'Writing Skills' seminar**
Shared teaching with Dr. Raftopoulos ~ 50% of 26 groups
Spring 2009-10
Spring 2010-11

Postgraduate 18-month training programmes in Midwifery & Mental Health Nursing

- | | |
|--|--|
| <ul style="list-style-type: none"> ○ Perinatal Epidemiology & Biostatistics (MAI215)
 <i>Course organiser and instructor</i>
 2 ECTS, 2hrs/week, 13 weeks
 20-25 students | Spring 2008-09
Spring 2010-11
Spring 2013-14
Fall 2016-17 |
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| <ul style="list-style-type: none"> ○ Mental Health Epidemiology & Biostatistics (EΨB)
 <i>Course organiser and instructor</i>
 2 ECTS, 2hrs/week, 13 weeks
 20-25 students | Spring 2009-10
Fall 2011-12
Spring 2015-16
Fall 2017-18 |

MSc/MSN 2-year programme in Advanced Nursing and Health Care Practice
 (Tracks – Acute and Intensive, Cardiology, Mental Health & Community Nursing)

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|---|--|
| <ul style="list-style-type: none"> ○ Health research methodology (NOΣ502)
 <i>Co-teaching 40% with Dr Merkouris & Dr Papathanassoglou</i>
 7 ECTS, 4 hrs/week, 13 weeks
 48 1st (of 4) semester students, core subject (all tracks) | Fall 2012-13
Spring 2014-15
Fall 2017-18 |
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| <ul style="list-style-type: none"> ○ Evidence-based practice (NOΣ508)

 <i>Team¹ teaching with Dr Papathanassoglou</i>
 3 ECTS, 18hrs/semester incl. 9hrs lab on literature search/meta-analysis
 48 1st (of 4) semester students, core subject (all tracks) | Fall 2012-13
Spring 2014-15
Fall 2017-18 |
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| <ul style="list-style-type: none"> ○ Recent developments in health sciences research I (NOΣ507)
 <i>Collaborative² & Parallel (in groups)³ teaching with Dr Papathanassoglou</i>
 3 ECTS, 24hrs per semester
 48 1st (of 4) semester students, elective (all tracks)
 Responsible for Mental Health & Community Health tracks | Fall 2012-13
Spring 2014-15
Fall 2017-18 |
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| <ul style="list-style-type: none"> ○ Advanced biostatistics (NOΣ513)
 <i>Course organiser and instructor</i>
 7 ECTS, 52hrs per semester, 50% SPSS computer lab
 48 2nd (of 4) semester students, core subject (all tracks) | Spring 2012-13
Fall 2015-16 |
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| <ul style="list-style-type: none"> ○ Recent developments in health sciences research II (NOΣ516)
 <i>Collaborative² & Parallel (in groups)³ teaching with Dr Papathanassoglou</i>
 3 ECTS, 24hrs per semester
 48 2nd (of 4) semester students, elective (all tracks)
 Responsible for Mental Health & Community Health tracks | Spring 2012-13
Fall 2015-16 |
| <hr/> | |
| <ul style="list-style-type: none"> ○ Scientific writing and presentation skills (NOΣ528) | Spring 2012-13 |

¹ *Team teaching* – Both instructors are actively involved in the classroom, delivering the material and providing individualised support to the students.

² *Collaborative teaching* – Instructors discuss the material presented, exchange ideas and interact with the learners, each bringing their own expertise to the class.

³ *Parallel teaching* – The audience is split into smaller groups, with each instructor responsible for addressing the same material to his/her group.

<p><i>Parallel^β teaching with Dr Papathanassoglou (and other faculty members)</i></p> <p>3 ECTS, 18hrs per semester, incl. students' presentations</p> <p>16 2nd (of 4) semester students (mainly Mental Health & Community)</p>	Fall 2014-15
<p>○ Applied Infectious & non-infectious disease epidemiology (NOΣ542)</p> <p><i>Co-teaching 50% with Dr. Raftopoulos. Responsible for non-infectious disease epidemiology module</i></p> <p>3 ECTS, 24hrs per semester</p> <p>12 3rd (of 4) semester students, elective (Community Health track)</p>	Fall 2013-14 Spring 2015-16
<p>○ Applied mental health epidemiology (NOΣ538)</p> <p><i>Course organiser and instructor</i></p> <p>3 ECTS, 24hrs per semester</p> <p>Elective for Mental Health Nursing track</p>	Planned
<p>○ MSc Dissertation (NOΣ580)</p> <p>25 ECTS, office hours, 3rd & 4th semester</p> <p><i>Advisor to 7 and co-advisor to another 7 graduate students</i></p> <p><i>Advisor to 7 and co-advisor to another 7 graduate students</i></p>	Fall 2013 to Fall 2014 Spring 2016 to Spring 2017

PhD programme (30 taught ECTS)

<p>○ Research in Health Sciences I (NOΣ801)</p> <p><i>Collaborative² teaching with Dr Papathanassoglou</i></p> <p>5 ECTS, 24hrs per semester</p> <p>Mandatory course for all PhD students between 1st-2nd semester</p>	Fall 2011-12 Fall 2012-13 Fall 2013-14 Fall 2014-15 Fall 2015-16 Fall 2017-18
<p>○ Research in Health Sciences II (NOΣ802)</p> <p><i>Collaborative² teaching with Dr Papathanassoglou</i></p> <p>5 ECTS, 24hrs per semester</p> <p>Mandatory course for all PhD students between 1st-2nd semester</p>	Spring 2011-12 Spring 2012-13 Spring 2013-14 Spring 2014-15 Spring 2015-16
<p>○ Special topics in Biostatistics (NOΣ803)</p> <p><i>Course organiser & instructor</i></p> <p>10 ECTS, 52hrs total incl. computer lab</p> <p>Mandatory course for all PhD students between 1st-4th semester</p>	Spring 2012-13 Spring 2015-16
<p>○ Special topics in Research Methodology (NOΣ804)</p> <p><i>Co-teaching 40% with Dr Merkouris & Dr Papathanassoglou</i></p> <p>10 ECTS, 52 hrs total, incl. students' presentations on critical appraisal of quantitative study & meta-synthesis of qualitative studies</p> <p>Mandatory course for all PhD students between 1st-3th semester</p>	Fall 2012-13 Fall 2014-15 Fall 2017-18

B. Before appointment to CUT (2000 – 2009)

- **Health Services Management (ΔMY50)** Fall/Spring 2008-09
MSc *Healthcare Management*, Open University of Cyprus
15 ECTS, distance-learning module, ~ 20 students

- **MSc dissertation (ΔMY70)** Fall/Spring 2008-09
Fall/Spring 2009-10
MSc *Healthcare Management*, Open University of Cyprus
30 ECTS, *Advisor* to 4 graduate students

- **Epidemiology (NUR202)** Fall 2008-09
BSc *Nursing*, Dept Nursing, Frederick University, Cyprus
Course organiser and instructor ~ 20 students

- **Introduction to Epidemiology (EPI210)** Fall 2006-07
Fall 2007-08
MSc *Environmental Health*, Cyprus International Institute (CII) for
Environmental & Public Health in association with Harvard School Public
Health
Course organiser and instructor
2.5 credits, 2 hrs/week, 15 weeks, 1 paper-critique practical

- **Community Orientated Medical Practice (COMP)** Spring 2004-05
Fall 2005-06
Dept Social Medicine, University of Bristol
Coordinator “Public Health & Evidence-based Medicine” element
4th year medical programme students

- **Introduction to STATA** Fall/Spring 2003-04
Dept Social Medicine, University of Bristol
2-day short-course, Graduate/PhD students and Health professionals
Teaching Assistant. Course leader: Dr Sara Brooks

- **Introduction to statistics** Fall/Spring 2003-04
Dept Social Medicine, University of Bristol
Teaching Assistant. Course leader: Prof Jonathan Sterne
5-day short-course, Graduate/PhD students and Health professionals

- **Introduction to linear and logistic regression models** Fall/Spring 2003-04
Dept Social Medicine, University of Bristol
Teaching Assistant. Course leader: Prof Tim Peters
5-day short-course, Graduate/PhD students and Health professionals

- **Epidemiology & Biostatistics** Spring 1998-99
Fall/Spring 1999-00
Dept Social Medicine, University of Bristol
Teaching Assistant, Computer-assisted Learning (CALnet) tutorials
1st year medical programme students

7. Supervision

A. Post-doctoral researchers

1. **Lamnisos, Demetris.** Dept Nursing, Faculty Health Sciences, CUT
Co-funded by RPF, CUT start-up grant (Middleton “*Development of capacity and infrastructure for the investigation of geographical disparities across Cypriot communities*”), & Cyprus International Institute for Environmental and Public Health in association with HSPH (Yiallourous “*Childhood asthma and atopy in Cyprus*”).
03/2010
11/2013

B. PhD student supervisor

1. **Kleopa, Daphne.** Dept Nursing, Faculty Health Sciences, CUT
Title (tentative): “*Development and validation of a neighborhood audit tool for the assessment of health-related physical, built and social environment using systematic social observation methods*”. Field of study: Epidemiology/Health Research Methodology.
Other members of advisory committee: Dr C Kouta (Assoc Prof, Nursing, CUT), Dr A Panayiotou (Assist Prof, Nursing, CUT)
In progress
Registered 01/2017
Expected 09/2020
2. **Economou, Mary.** Dept Nursing, Faculty Health Sciences, CUT
Funded by EEA NGO Grants
Title (tentative): “*Prevalence and determinants of initiation, exclusivity and duration of breastfeeding among Cypriot mothers: a prospective study*”. Field of study: Epidemiology.
Other members of advisory committee: Dr C Kouta (Assist Prof, Nursing, CUT), Dr E Lambrinou (Assist Prof, Nursing, CUT)
In progress
Registered 09/2013
Expected 09/2017
3. **Nicolaou, Christiana.** Dept Nursing, Faculty Health Sciences, CUT
Title: “*Health-related quality of life of mothers of children with cancer: the role of social support and social capital*”. Field of study: Epidemiology.
Other members of advisory committee: Dr E Papatthanassoglou (Assoc Prof/Head, Nursing, CUT), Dr C Kouta (Assist Prof, Nursing, CUT)
Completed – PhD awarded Sept 2015
Registered 06/2011
4. **Zannoupas, George.** Dept Nursing, Faculty Health Sciences, CUT
Title (tentative): “*Investigation into the geographical inequalities in mortality and incidence of breast cancer amongst the female population of Cyprus*”. Field of study: Epidemiology & Biostatistics
Other members of advisory committee: Dr C Kouta (Assist Prof, Nursing, CUT), Dr A Charalambous (Assist Prof, Nursing, CUT)
In progress
Registered 03/2011
Expected 07/2017
5. **Kolokotroni, Ourania.** Dept Nursing, Faculty Health Sciences, CUT
Funded by the Cyprus Research Promotion Foundation
Title: “*Association between vitamin D status and asthma in adolescents*”. Field of study: Epidemiology.
Other members of advisory committee: Dr V Raftopoulos (Assoc Prof, Nursing, CUT), Dr C Kouta (Assist Prof, Nursing, CUT). External advisor: Dr P Yiallourous (Visiting Lecturer), Cyprus International Institute for Environment & Public Health in association with HSPH.
Completed – PhD awarded May 2015
Registered 11/2009

C. Member of PhD advisory committee

1. **Stavrides, Nicos.** Dept Nursing, Faculty Health Sciences, CUT
Title (tentative): "*Knowledge, attitudes, beliefs and high-risk behaviours related to sexually transmitted diseases (STDs) among Cypriot University students*". Field of study: Health Promotion/ Community Nursing.
Other members of advisory committee: Dr C Kouta – main advisor (Assist Prof, Nursing, CUT), Dr V Raftopoulos (Assoc Prof, Nursing, CUT)

In progress
Registered 05/2013
Expected 05/2017

2. **Kleanthous, Elena.** Dept Nursing, Faculty Health Sciences, CUT
Title (tentative): "*Attitudes and knowledge of intensive care patients, their relatives and health professionals in relation to patient rights*". Field of study: Intensive Care Nursing.
Other members of advisory committee: Dr E Papathanassoglou – main advisor (Assoc Prof/Head, Nursing, CUT), Dr V Raftopoulos (Assoc Prof, Nursing, CUT)

Completed – PhD awarded Sept 2015
Registered 11/2011

3. **Tseroni, Marigo.** Dept Nursing, Faculty Health Sciences, CUT
Title (tentative): "*Development and evaluation of a malaria surveillance system in Greece*". Field of study: Infectious Disease Epidemiology/ Public Health.
Other members of advisory committee: Dr V Raftopoulos – main advisor (Assoc Prof, Nursing, CUT), Dr A Charalambous (Lecturer, Nursing, CUT)

In progress
Registered 11/2011
Expected 11/2015

4. **Gabriel, Elena.** Dept Nursing, Faculty Health Sciences, CUT
Title (tentative): "*Organisational culture and effectiveness in Cypriot public health hospital*". Field of study: Nursing and Health Services Management.
Other members of advisory committee: Dr A Merkouris - main advisor (Assoc Prof/ Dean, Health Science, CUT), Dr E Papastavrou (Assist Prof, Nursing, CUT)

Completed – PhD awarded Nov 2016
Registered 05/2011

5. **Rousou, Elena.** Dept Nursing, Faculty Health Sciences, CUT
Title (tentative): "*Self-rated general and psychological health of sole mothers: the role of social provision*". Field of study: Family Nursing/ Community Nursing.
Other members of advisory committee: Dr C Kouta – main advisor (Assist Prof, Nursing, CUT), Dr M Karanikola (Assist Prof, Nursing, CUT)

Completed – PhD awarded Sept 2014
Registered 05/2011

6. **Lambrou, Persefoni.** Dept Nursing, Faculty Health Sciences, CUT
Title (tentative): "*Work environment in Accident & Emergency departments and the satisfaction of health professionals and patients*". Field of study: Principles of Nursing Care/ Health Services Management
Other members of advisory committee: Dr E Papastavrou – main advisor (Assist Prof, Nursing, CUT), Dr A Merkouris (Assoc Prof/Dean, Health Science, CUT)

Completed – PhD awarded Sept 2015
Registered 12/2010

7. **Sokratous, Sokratis.** Dept Nursing, Faculty Health Sciences, CUT
Title (tentative): "*The mental health of the Cyprus University of Technology students and University mental health policies*". Field of study: Nursing Management/ Epidemiology
Other members of advisory committee: Dr A Merkouris – main advisor (Assoc Prof/ Dean, Health Sciences, CUT), Dr M Karanikola (Assist Prof, Nursing, CUT)

Completed – PhD awarded May 2014
Registered 03/2010

8. **Pylli, Madgadele.** Dept Nursing, Faculty Health Sciences, CUT
Title: "*HIV biological and behavioural surveillance survey among men who have sex with other men (MSM) in Cyprus*". Field of study: Infectious Disease Epidemiology/ Public Health
Other members of advisory committee: Dr V Raftopoulos – main advisor (Assoc Prof, Nursing, CUT), Dr A Charalambous (Assist Prof, Nursing, CUT)

Completed – PhD awarded May 2013
Registered 10/2009

D. External advisor

- Kouis, Panayiotis.** Cyprus International Institute for Environmental & Public Health (CII), CUT and Cyprus Institute of Neurology & Genetics (CING)
Young Researcher and PhD candidate in FP7 project: "*Better experimental screening and treatment for primary ciliary dyskinesia (BESTCILIA)*".
Investigators at CUT/CING: Dr P Yiallourous (PI, Visiting Lecturer, CUT), Prof K Kyriakou (CING)
In progress
Appointed 09/2013
Expected 09/2017
- Kalogirou, Fotini.** Dept Nursing, Faculty Health Sciences, CUT
Title: "*Effectiveness of a nurse-led educational intervention to cardiac failure patients: an RCT study*". Field of study: Cardiology Nursing.
PhD advisory committee: Dr E Lambrinou – main advisor (Assist Prof, Nursing, CUT), Dr E Papatthanassoglou (Assoc Prof/Head, Nursing, CUT), Prof P Sourtzi (Univ Athens)
Completed – PhD awarded May 2014
Registered 09/2009

E. PhD examination committees

- Demetriou, Maria.** Dept Nursing, Faculty Health Sciences, CUT
Title: "*Health-related quality of life of elderly coronary heart disease patients in Cyprus*".
Advisory committee: Dr A Merkouris – main advisor (Assoc Prof/Dean, Health Sciences, CUT), Dr E Papatthanassoglou (Assoc Prof/Head, Nursing, CUT), Dr E Lambrinou (Assist Prof, Nursing, CUT)
Examination committee: Dr N Middleton (chair), Prof C Lemonidou (Univ Athens), Dr M Theodorou (Assoc Prof, Open University)
Completed – PhD awarded Sept 2012
Registered 09/2008

F. MSc research dissertation supervisor

- Ellina, Panayiota.** Dept Nursing, Faculty Health Sciences, CUT
MSc Advanced Nursing Practice. Track – Community Health
Title (tentative): "*Association between premature mortality and area-level indices of socio-economic deprivation across communities in Cyprus*"
Other member of advisory committee: Dr C Kouta (Assist Prof, Nursing, CUT)
Completed – MSc awarded June 2015
Registered 09/2012
- Hadjionna, Vasiliki.** Dept Nursing, Faculty Health Sciences, CUT
MSc Advanced Nursing Practice. Track – Community Health
Title (tentative): "*Mothers' perceptions on Nicosia maternity clinics' adherence to the "10 steps for successful breastfeeding" on the WHO/Unicef Baby-friendly Hospital Initiative*"
Other member of advisory committee: Dr C Kouta (Assist Prof, Nursing, CUT)
Completed – MSc awarded June 2015
Registered 09/2012
- Anastasiadou, Ermioni.** Dept Nursing, Faculty Health Sciences, CUT
MSc Advanced Nursing Practice. Track – Community Health
Title (tentative): "*Differential changes in the prevalence of asthma and allergies in children in urban and rural areas of Cyprus: the role of rurality index used*"
Other member of advisory committee: Dr C Kouta (Assist Prof, Nursing, CUT)
Completed – MSc awarded June 2015
Registered 09/2012
- Papavasiliou, George.** Dept Nursing, Faculty Health Sciences, CUT
MSc Advanced Nursing Practice. Track – Emergency & Intensive Care
Title (tentative): "*Association between the use of analgesics and sedatives with clinical outcomes in critically ill ICU patients*"
Completed – MSc awarded June 2015
Registered 09/2012

- Other member of advisory committee: Dr E Papathanassoglou (Assoc Prof/ Head, Nursing, CUT)
-
5. **Modestou, Athanasia.** Dept Nursing, Faculty Health Sciences, CUT
MSc Advanced Nursing Practice. Track – Emergency & Intensive Care
Title (tentative): *“The ‘golden hour’ of trauma care – association between time patient outcomes”*
Other member of advisory committee: Dr V Raftopoulos (Assoc Prof, Nursing, CUT)
- Completed – MSc
awarded June 2015**
Registered 09/2012
-
6. **Mikalli, Chrysostomi.** Dept Nursing, Faculty Health Sciences, CUT
MSc Advanced Nursing Practice. Track – Emergency & Intensive Care
Title (tentative): *“Retention of knowledge and skills after pediatric advanced life support course”*
Other member of advisory committee: Dr E Papathanassoglou (Assoc Prof/ Head, Nursing, CUT)
- Completed – MSc
awarded June 2015**
Registered 09/2012
-
7. **Kyriakou, Kyriakos.** Dept Nursing, Faculty Health Sciences, CUT
MSc Advanced Nursing Practice. Track – Emergency & Intensive Care
Title (tentative): *“Evaluation of the psychometric properties of the Greek translated version of NDES (Near-Death Experience) scale”*
Other member of advisory committee: Dr E Papathanassoglou (Assoc Prof/ Head, Nursing, CUT)
- Completed – MSc
awarded June 2015**
Registered 09/2012
-
8. **Savva, Savva.** Liverpool John Moores, UK
MSc Clinical Pharmacy, School of Pharmacy & Biomolecular Sciences
Title: *“Cypriot kidney transplant recipients’ self-reported experience of their most commonly encountered symptoms and the level of their quality of life”*
Advisory committee: Prof J Krska (main supervisor), N Middleton (local supervisor).
External examiner: Prof I Bates (UCL)
- Completed – MSc
awarded June 2013**
-
9. **Makris, Michael.** Open University Cyprus
MSc Health Services Management
Funded by the Cyprus Ministry of Health
Title: *“Job satisfaction in the public general hospitals in Cyprus”*
Other member of advisory committee: Dr M Theodorou (Assoc Prof, Open University)
- Completed – MSc
awarded Sept 2010**
-
10. **Patsalou, Maria.** Open University Cyprus
MSc Health Services Management
Title: *“Coronary heart patients’ and their doctors’ adherence to the European Society of Cardiology Guidelines”*
Other member of advisory committee: Dr M Theodorou (Assoc Prof, Open University)
- Completed – MSc
awarded Sept 2010**
-
11. **Flouros, Marios.** Open University Cyprus
MSc Health Services Management
Title: *“Effectiveness of proposed screening programme for the prevention of Friedreich’s Ataxia in Cyprus”*
Other member of advisory committee: Dr M Theodorou (Assoc Prof, Open University)
- Completed – MSc
awarded Sept 2009**
-
12. **Gabriel, Elena.** Open University Cyprus
MSc Health Services Management
Funded by the Cyprus Ministry of Health
Title: *“Patient’s satisfaction from the services provided by the outpatient departments in the public hospitals of Cyprus”*
Other member of advisory committee: Dr M Theodorou (Assoc Prof, Open University)
- Completed – MSc
awarded Sept 2009**

G. Member of MSc research dissertation advisory committee

1. **Tryfonos, Froso.** Dept Nursing, Faculty Health Sciences, CUT
MSc Advanced Nursing Practice. Track – Community Health
Title (tentative): *“Midwives’ perceptions on Nicosia maternity clinics’ adherence to the 10 steps for successful breastfeeding on the WHO/Unicef Baby-friendly Hospital Initiative”*
Main advisor: Dr C Kouta (Assist Prof, Nursing, CUT) Completed – MSc
awarded Sept 2009

2. **Georgiou, Nikoletta.** Dept Nursing, Faculty Health Sciences, CUT
MSc Advanced Nursing Practice. Track – Mental Health
Title (tentative): *“Association between the intensity of psychotic symptoms according to Positive and Negative Symptom Scale (PANSS) and the use of cannabis”*
Main advisor: Prof G Alevizopoulos (Univ Athens) Completed – MSc
awarded Sept 2009

3. **Charalambous Sergidou, P.** Dept Nursing, Faculty Health Sciences, CUT
MSc Advanced Nursing Practice. Track – Mental Health
Title (tentative): *“Prevalence of DSM-IV axis I psychiatric disorders in a prison population”*
Main advisor: Prof G Alevizopoulos (Univ Athens) Completed – MSc
awarded Sept 2009

4. **Hadjoannou, Anna.** Dept Nursing, Faculty Health Sciences, CUT
MSc Advanced Nursing Practice. Track – Mental Health
Title (tentative): *“Association between the intensity of depressive symptomatology according to Hamilton Rating Scale for Depression (HAM-D) and antidepressant prescriptions among Cypriot and immigrant mentally ill patients”*
Main advisor: Dr M Karanikola (Assoc Prof, Nursing, CUT) Completed – MSc
awarded Sept 2009

5. **Evagelou, Xenia.** Dept Nursing, Faculty Health Sciences, CUT
MSc Advanced Nursing Practice. Track – Emergency & Intensive Care
Title (tentative): *“Assessment of the metric properties of the Greek translated version of the Delirium Observation Screening (DOS) scale and prevalence of delirium in cardiac surgery patients”*
Main advisor: Dr E Lambrinou (Assist Prof, Nursing, CUT) Completed – MSc
awarded Sept 2009

6. **Chamboulidou, Irene.** Dept Nursing, Faculty Health Sciences, CUT
MSc Advanced Nursing Practice. Track – Cardiology Nursing
Title (tentative): *“Perceived levels of social support among heart failure patients”*
Main advisor: Dr E Lambrinou (Assist Prof, Nursing, CUT) Completed – MSc
awarded Sept 2009

7. **Panayiotou, Georgia.** Dept Nursing, Faculty Health Sciences, CUT
MSc Advanced Nursing Practice. Track – Cardiology Nursing
Title (tentative): *“The role of gender on attitudes, knowledge, beliefs on acute coronary syndrome (ACS) in patients with ACS”*
Main advisor: Dr E Lambrinou (Assist Prof, Nursing, CUT) Completed – MSc
awarded Sept 2009

H. Undergraduate dissertation student supervisor

Since Fall 2010, I have supervised 10-18 students per year towards their final BSc review dissertation mainly, but not exclusively, in the thematic area of Public Health/ Epidemiology. The table below lists the names of students I have supervised by academic year. Due to the large number of students per year, other than a few examples chosen amongst those whose work received the highest grades, a full list of titles is otherwise not provided.

Academic year 2013-14

Expected to supervise 10-12 students

Academic year 2012-13

Supervised 10 students

1. Chadjithoma, Panayiotis. *"The effectiveness of aerobic exercise in rheumatoid arthritis"*
2. Tsvetoplama, Barbanova. *"The relationship of childhood asthma and allergic diseases with exposure to pets in the first year of life"*

Also (in alphabetical order):

- | | | |
|-------------------------|-----------------------|-------------------------|
| 3. Adamou, Irene | 6. Kalapoda, Markella | 9. Pavlou, Ioannis |
| 4. Americanou, Kyriakos | 7. Leonidou, Georgia | 10. Poulakou, Panayiota |
| 5. Araouzou, Stelios | 8. Panagi, Andri | |
-

Academic year 2011-12

Supervised 13 students

1. Achilleos, Stella. *"The effect of prenatal exposure to cocaine on neurobehavioral performance of infants and children"*
2. Filippou, Andri. *"Maternal smoking during pregnancy and childhood asthma"*
3. Hanna, Maria. *"Knowledge and attitudes of nurses towards brain death and organ donation"*

Also (in alphabetical order):

- | | | |
|----------------------------|--------------------------|---------------------|
| 4. Christodoulou, Nicholas | 8. Kalapoda, Markella | 12. Savva, Michaela |
| 5. Christou, Ioanna | 9. Kleanthous, Marinos | 13. Stavrou, Elina |
| 6. Eythimiou, Christos | 10. Makri, Nikoletta | |
| 7. Josef, Josefina | 11. Panayiotou, Neophyta | |
-

Academic year 2010-11

Supervised 18 students

1. Demetriou, Elena. *"Type of stem cell transplantation and mortality, survival, relapse and incidence of GVHD in children with leukemia"*
2. Hapesie, Annita. *"Body image and quality of life after bilateral prophylactic mastectomy"*
3. Venizelou, Sokratis. *"The relation between duration and exclusivity of breastfeeding with childhood asthma"*

Also (in alphabetical order):

- | | | |
|--------------------------------|------------------------|--------------------------|
| 4. Anastasiou, Sophia | 9. Georgiou, Theodosia | 14. Papatheocharou, Anna |
| 5. Andreou, Andrea | 10. Giorka, Soteroulla | 15. Savvidou, Charis |
| 6. Christodoulou, Constantinos | 11. Kringou, Christina | 16. Soteriadou, Anna |
| 7. Constantinou, Constantinos | 12. Kypri, Christos | 17. Stavrou, Maria |
| 8. Georgiou, Maximos | 13. Louka, Chrystalla | 18. Zavros, Antonis |
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I. Undergraduate (upgrade programme) dissertation student advisor

During Spring 2010-Fall 2012, I have also supervised a total of 58 groups (each of an average size of 3-4 registered nurses) for their final projects towards the BSc upgrade programme. I was responsible mainly, but not exclusively, for the thematic area Public Health/ Epidemiology. Due to the large number of students/projects, a detailed list of names and titles is not provided.

8. Reviewer duties (indicative list)

Allergologia
BMC Health Services Research
BMC Nursing
BMJ
BMJ Open
Environmental Pollution
Journal of Epidemiology & Community Health
Journal of Psychopharmacology
Health & Place
Int J of Environmental Health Research
Health & Social Care in the Community
Social Psychiatry and Psychiatric Epidemiology

9. Professional memberships

Society for Social Medicine, UK
International Epidemiological Association
International Biometrics Society – Eastern Mediterranean Region

10. Administrative duties

A. University Committees

- Member (*elected*) of the first Cyprus University of Technology Senate (2012-to date)
- Postgraduate Studies Committee (2010-2012, before autonomy)
- Postgraduate Studies Senate Committee (2012-to date, since autonomy)
- Ad-hoc committee for recommendations with regards to CUT offering term-courses and/or short-courses to external students
- Upgrade Programme for Registered Nurses Management Committee (2011-to date)

B. Departmental Committees

- Member of Department Council (2009-to date)
- Postgraduate Studies Departmental Committee (2010-to date)
- Undergraduate Dissertation Coordination Committee (2009-to date)
- Ad-hoc committee: preparation of BSc dissertation *Rules & Regulations*
- Ad-hoc committee: preparation of student guide for BSc dissertation
- Ad-hoc committee: preparation of MSc *Rules & Regulations*
- Ad-hoc committee: preparation of PhD *Rules and Regulations*
- Ad-hoc committee: evaluation for promotion of teaching staff transferred to CUT from MoH (*old*) Nursing School
- Ad-hoc committee: evaluation of student applications for transfer to CUT from other Universities
- Examination committee: preparation of exam paper on “*Research Methodology*” for the entrance exams to the first two-year MSc Advanced Nursing and Health Care Practice (May 2012)
- Interview committee for short-listed candidates for the MSc Advanced Nursing and Health Care Practice (June 2012)
- Ad-hoc committee: planning and preparation of the first “*Research Open-Day*”, a so forth annual event where on-going PhD and other research in the Department would be presented to the academic community and the general public
- Numerous ad-hoc interview committees for selecting special scientists/teaching staff (2009-to date)
- Numerous ad-hoc interview committees for selecting research associates (2009-to date)
- Numerous ad-hoc interview committees for selecting PhD applicants (2009-to date)
- Advisor on academic issues to 50-70 undergraduate students annually from all years of study (2009- to date)

C. National & Other Committees

- Board Member (appointed) of the Health Insurance Organization (2016-to date)
- Consultant (*appointed*) of the Cyprus Council for the Recognition of Higher Education Qualifications – KYSATS (2010-to date)
- National Representative, COST Action ES0603 (EUPOL) – Assessment of production, release, distribution and health impact of allergenic pollen in Europe (2007-2009).